

12 BIBLE SESSIONS / GRADES 1ST-6TH

kids' CHOICE CAMP

Go to camp without leaving town!

Eat Chinese Food with Chopsticks

Sandy Candy

Fear Factor

Make Your Own Mr. Potato Head

Toilet Paper a Counselor's Car

Karate

Kittens & Puppies

Make Your Own Pizza

Glow in the Dark Night

Silly String Wars

Miniature Golf

Split a Coconut and Drink the Milk



KIDS' CHOICE CAMP

: Theme Chart :

Week	Theme	Focus	Scripture
1	Eat Chinese Food with Chopsticks	Obey God's rules for living.	Exodus 20:3-17
2	Sandy Candy	You shall have no other gods before me.	Exodus 20:3
3	Fear Factor	You shall not	Exodus 20:4 make idols.
4	Make Your Own Mr. Potato Head	Don't misuse God's name.	Exodus 20:7
5	Toilet Paper a Counselor's Car	Remember the Sabbath and keep it holy.	Exodus 20:8
6	Karate	Honor your father and mother.	Exodus 20:12
7	Kittens & Puppies	You shall not murder.	Exodus 20:13
8	Make Your Own Pizza	You shall not commit adultery.	Exodus 20:14
9	Glow in the Dark Night	You shall not steal.	Exodus 20:15
10	Silly String Wars	You shall not give false testimony.	Exodus 20:16
11	Miniature Golf	You shall not covet.	Exodus 20:17
12	Split a Coconut and Drink the Milk	Obey God's rules for living.	Exodus 20:3-17

kids' CHOICE CAMP

EAT CHINESE FOOD WITH CHOPSTICKS

Session 1 Overview

Focus: God gave us good rules!

Scripture: Exodus 20:3-17
Exodus 20:3-17 is where the Ten Commandments are found.

Scripture Background

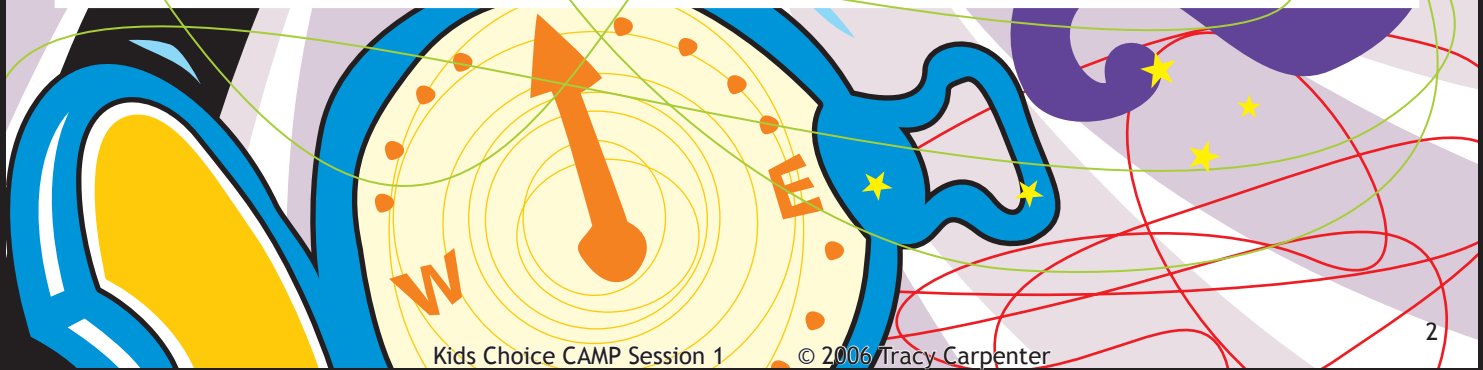
The Ten Commandments were based on the structure of contemporary royal treaties in Moses' time. In Exodus 20:2, the King identifies Himself and reminds His subjects of what He has done for them. "I am the Lord your God, who brought you out of Egypt, out of the land of slavery." Because of God's intervention, the Israelites were no longer slaves, but subjects of God the King. Following this introduction, God sets forth the ten treaty stipulations to be obeyed.

These ten rules for godly living have stood over thousands of years as definitive guidelines for all of human behavior. To know what pleases God, one has only to look at these laws.



CAMP AT A GLANCE

CAMP Activity	Time	From Planning Sheet
Before CAMP	45-60 min	CAMP Briefing Set Up CAMP
Lining Up for CAMP	15-30 min	Here They Come (begins during Set Up)
CAMP Large Group Time	25-35 min	CAMP Introduction CAMP Songs CAMP Bible Memory: Exodus 20:3-17 CAMP Challenge: Egg Foo Young
CAMP Rotations	30-40 min	#1 Recreation: None #2 Mess Hall: Eat Chinese Food with Chopsticks
Winding Down CAMP	10-15 min	Back at the Lodge (small groups) CAMP Closing
After CAMP	30-40 min	Break Down CAMP CAMP Store





CAMP PLANNING SHEET

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

CAMP Briefing	All counselors must be present one hour prior to Check-In for assignments and general information.
Set Up CAMP	Counselors set up camp in their assigned teams.
Here They Come	Line activities: Counselors will give kids fortune cookies. Prize: Each kid who wears a CAMP T-shirt receives a small piece of candy, stickers or tickets to use at the store.
CAMP Introduction	Counselors welcome audience and throw out a few prizes. Prizes: 3 T-shirts, 5 big candies (candy juice bottle pops)
CAMP Songs	Worship and pray in large-group time. Choose 2 songs from the Tech Chart.
CAMP Bible Memory	Memory verse: Exodus 20:3-17 Exodus 20:3-17 is where the Ten Commandments are found. Prize: Chinese yo yo's
CAMP Challenge	Egg Foo Young Prize: Egg rolls
Recreation (Rotation #1)	None
Mess Hall (Rotation #2)	Eat Chinese Food with Chopsticks
Back at the Lodge	Small Groups
CAMP Closing	Wrap up, make announcements and pray.
Break Down CAMP	Clean up.
CAMP Store	Candy chow mein Optional: CAMP T-shirts for kids, fun candy



SUPPLY LIST

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

Here They Come	orange stickers fortune cookies
Stage, Security, Worship	<ul style="list-style-type: none">*rope for line*signs*inkpad*numbered stamp*yellow T-shirts for visitors*caution tape or cones*large trash can*megaphone*worship T-shirts*candy or tickets for kids wearing T-shirts*balloons*colorful buckets*30-gallon trash can for Candy Can*popular video*3 bags throw candy
CAMP Introduction	<ul style="list-style-type: none">*confetti cannon (bright-colored confetti)3 CAMP T-shirts5 candy juice bottle pops
CAMP Songs	<ul style="list-style-type: none">*music/tech supplies
CAMP Bible Memory	40" x 60" foam core or wooden board with sentence written on it large marker 4-5 different colored permanent markers Chinese yo yo's cooler
CAMP Challenge	2 blankets 2 bags of carrots 2 heads of cabbage egg rolls
Recreation (Rotation #1)	None

Mess Hall (Rotation #2)	Eat Chinese Food With Chopsticks: *tables chairs tablecloths plates napkins forks chopsticks Chinese food (rice, chow mein, chicken) prizes (Chinese take-out containers with crayons inside for decorating, fortune cookies, rice noodles, candy, small toys)
Back at the Lodge	Bible discussion questions
CAMP Closing	handouts to distribute to parents and kids before exiting
Break Down CAMP	
CAMP Store	Candy chow mein (m&m's, Cheerios, Honeycomb, Chex cereal, pretzels) take-out Chinese containers (for chow mein) CAMP T-Shirts fun candy *tables with checkered tablecloths

*Items that will be used repeatedly throughout
Kids' Choice CAMP—purchase them once and store to use again.



CAMP BRIEFING

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

Brief counselors one hour prior to opening the doors. Distribute counselor assignments and give counselors time to ask questions, review any changes, walk the campus, review the lesson and receive information detailing operations and security for the session. Pray with the team and present a quick devotion on the focus and Scripture for the session.

Director Checklist

- *Take attendance.
- *Open with prayer.
- *Review Planning Sheet, including theme and challenge.
- *Give devotion.
- *Pass out counselor assignment sheet (planning chart with names assigned); make adjustments if necessary.
- *Walk the campus.
- *Review topics to discuss.
- *Confirm supplies, prizes, and changes.
- *Pray.

Devotion

Read the Scripture background from page 1; then use the following thoughts to focus counselors on the goal for this session.

“In this session we will be learning how important the Ten Commandments are. We will be discussing how God wants His family (That’s us!) to obey Him. We will talk about the various commandments and introduce the kids to the area of the Bible where the Ten Commandments are found. They will have an opportunity to find the Ten Commandments in their own Bibles at home this week to prepare for the upcoming weeks as we study all the Commandments in depth.”

Encourage counselors to take every opportunity possible to reinforce the focus and Scripture for the session.



CAMP BRIEFING

~continued~

Assignments

This session has only a Mess Hall rotation. Copy the multiple-choice questions (pp. 14-16) or make large question cards using index cards or poster board.

Walk the Campus

Educate counselors on the paths the children will take. Review security, review assignments and practice the session's operations.

Topics to Discuss

Remember to worship with the kids.
Assign Team Leaders' positions.

Reminders:

- *During Here They Come, make sure every child receives a fortune cookie.
- *Candy chow mein will be for sale, and counselors are welcome to enjoy food after CAMP is cleaned up.

Supplies

Confirm that hoses, water source, and all supplies and prizes are in position.

Questions?

Pray

Pray with the team—for them, the lesson, the kids, the safety, the message and the worship.



SET UP CAMP

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Team Captains

See the Director's Notes for general information on the CAMP Store, Stage, and prizes.

Counselors are divided into their teams; they quickly touch base with their Team Captains and proceed to set up their designated areas. Teams and tasks are identified on their assignment sheets (given during the CAMP briefing). Leave all supplies in a central area for counselors to access.

Store

Food for this session: Candy chow mein. This needs to be set up facing the path of exiting families. Set up tables and chairs for families to eat on campus. Use checkered tablecloths on tables.

Stage

The stage team sets up this area.

- balloons
- colorful buckets

Security

Security sets up everything to do with the line, Check-In/Check-Out, and seating.

Security will set up

- chairs in the large group worship area. The chairs need to be facing forward divided into two teams with an aisle down the middle and an aisle in the center running horizontally.
- all the stamping supplies and Check-In tables

Security is responsible for roping off the line to the entrance. Security will hang any signs needed. Sample signs you may need:

- line signs
 - Line Starts Here
- warning signs like those at theme parks
 - Prepare to Eat Chinese Food with Chopsticks!
- one sign stating the session activities

Security will also place the handouts for the session at the exit door.

Security will place yellow T-shirts in a stack at the start of the line for visitors.



SET UP CAMP

~continued~

Prizes

Team leaders are responsible for prize placement.

CAMP Introduction: A few T-shirts and five big candies will be thrown out during the welcome. These need to be placed in a tub on stage.

CAMP Bible Memory: The first throw prize is placed in the cooler on the stage. This throw is for the team that wins the verse challenge. The first throw will be Chinese yo yo's.

CAMP Challenge: Egg rolls will be thrown on the winning team after the Egg Foo Young segment.

Wearing CAMP T-shirts: Small prizes will be given for those kids wearing CAMP T-shirts. Sample prizes are stickers, tickets to spend at the store, first-in-line privileges, or small candy such as suckers and airheads. (These prizes are placed in a bucket inside near the entrance door.)

Here They Come

Team Leaders are responsible for setting up the line activities. Team Leaders will place the fortune cookies in buckets outside near the line.

CAMP Challenge

Team Leaders will set up the challenge. One large bucket per side needs to be placed behind the team chairs. These buckets are used to hold supplies in the back of the room. Team Leaders will fill the buckets with all the supplies necessary to complete the challenge.

Each bucket contains

- 1 blanket
- 1 head of cabbage
- 1 bag of carrots

Recreation (Rotation #1)

There is no recreation due to the Mess Hall activity.

Mess Hall (Rotation #2)

The Mess Hall team sets up this area. Provide megaphones for leaders.

Set up tables and chairs with tablecloths central to the serving area for the Chinese food. The serving area will be buffet style.

Lodge

Place discussion questions in the area where the small groups will meet. Provide enough copies so that the children can be divided into groups of 6-8 (or as close to that size as possible).



HERE THEY COME

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Team Leader and Worship Leader

See the Director's Notes for general information about lining up for CAMP.

Counselors will greet the kids as they travel through the line. Each kid who wears a CAMP T-shirt receives a small piece of candy, stickers, or tickets to use at the store.

During Here They Come, the worship leader will choose the kids for worship.

Team Leaders are the only counselors implementing the line activity for this session. Counselors will give each child one fortune cookie. This takes place until all the worship team is chosen.

Team Leaders high-five all the kids, joke with them, and smile at them. Team Leaders yell, "Are you ready?" and begin getting the kids excited to get in. The music team places the kids' worship team in position to greet and high-five all the incoming kids. When the music team is ready and it is time to start, the Team Leaders run in first and take their positions.

During line activities Team Leaders, along with Security, are continuing to ask the question, "Are you OK to get a little messy?" Everyone carries the bright orange stickers for those children who do not wish to get messy.

Send the kids in!



CAMP INTRODUCTION

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Team Captain or Director

See the Director's Notes for general information about the large-group time.

Play a popular video as kids are coming in. (See the Tech Chart for suggestions.) Then have one of the Team Leaders welcome the kids.

The following sequence is a typical introduction:

"Hi, kids!"

"Welcome to Kid's Choice CAMP!" (or Camp Your Name)

Shoot the cannon full of bright-colored confetti.

"Who is ready to Eat Chinese Food with Chopsticks?"

The leader explains and/or practices "hands up."

"Who needs a T-shirt?"

As the kids are screaming and yelling, the leader throws out a few CAMP T-shirts, candy juice bottle pops, and prizes from the store. These items will be in a tub on the stage.

Transition to worship:

"Are you ready to worship?"

"Stand up! Let me see you on your feet!"

Worship music starts here, and the kids' worship team runs up.

Everyone transitions into worship.



CAMP SONGS

LEADER: Worship Leader

Choose a variety of songs from session to session, using any songs that specifically connect to the theme or session focus.



CAMP BIBLE MEMORY

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Team Captains and Director

Prize: Chinese yo yo's

Introduce the Bible verse for this session: Exodus 20:3-17.

Say: These verses tell us ten very important laws that God gave His people. Does anyone know what these 10 laws are called? They are known as the Ten Commandments. These Commandments help us know how to live to please God. They teach us to honor and worship only God, to go to church, to obey our parents, not to steal or lie, and many other things. If we learn and obey these rules, we will be living in a way that honors God.

See the Director's Notes for how teams compete to learn the Bible verse at Kids' Choice CAMP.



CAMP CHALLENGE

LEADERS: Challenge Leaders

Prize: Egg rolls

Challenge: Egg Foo Young

Volunteers needed: 4 per team (1 in back, 1 in front, 2 on stage) This is a timed race.

1. The **back volunteer** passes the sleeping bag from the bucket in the back forward. Starting at the back row, he or she hands off the items. Every child on the team must touch each item.
2. The **front volunteer** then passes the items to the **stage volunteer** (Egg Foo Young maker).
3. The **stage volunteer** in sequential order (the blanket, then cabbage, then carrots) begins rolling the other stage volunteer (Egg Foo Young - human egg roll).
4. When the **stage volunteer** (Egg Foo Young maker) has successfully rolled up the other **stage volunteer** (human egg roll), they must raise their hands.
5. The first team finished wins egg rolls thrown over their heads.

Transition to Rotations.



MESS HALL

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Mess Hall Captain

See the Director's Notes for general information about Rotations.

Eat Chinese Food with Chopsticks

Materials: tables, chairs, tablecloths, plates, napkins, forks, chopsticks, Chinese food (rice, chow mein, chicken), prizes (Chinese take-out containers with crayons inside for decorating, fortune cookies, rice noodles, candy, small toys), multiple-choice questions (pp. 14-16)

The Mess Hall team sets up this area. Set up tables with tablecloths and chairs central to the serving area for the Chinese food. The serving area will be buffet style.

Kids will try various Chinese food. They will serve themselves buffet style with counselors behind the tables to greet and assist them.

When all the kids have received their Chinese food, the Mess Hall Captain will begin the multiple-choice questions. Kids answer questions by raising their hands. All good answers will receive a prize.



BACK AT THE LODGE

Theme: Eat Chinese Food with Chopsticks

Scripture: Exodus 20:3-17

Focus: God gave us good rules!

LEADERS: Counselors

See Director's Notes for general information about small groups.

Discussion Questions

- Can you name 10 rules your parents have set to protect you?
- How many Commandments can you name from memory?
- Which Commandment is hard for you to obey? Why?

Emphasize to the kids that God loves it when we obey Him. Remind them that God created the Ten Commandments as rules for us to obey. Tell them He always wants to protect them and He always loves them.

Prayer: Pray for them to live a life in obedience to Him. Pray that they will read their Bibles this week to get prepared to study and learn about the Ten Commandments.



CAMP CLOSING

LEADERS: Team Leaders

See Director's Notes for general information about CAMP closing and clean up.

Break Down CAMP.



CAMP STORE

LEADERS: Store Captain

The store is selling Candy chow mein in Chinese take-out boxes along with candy.
Counselors eat for free when they have finished cleaning up.
Option: Feed the whole family of the counselor.