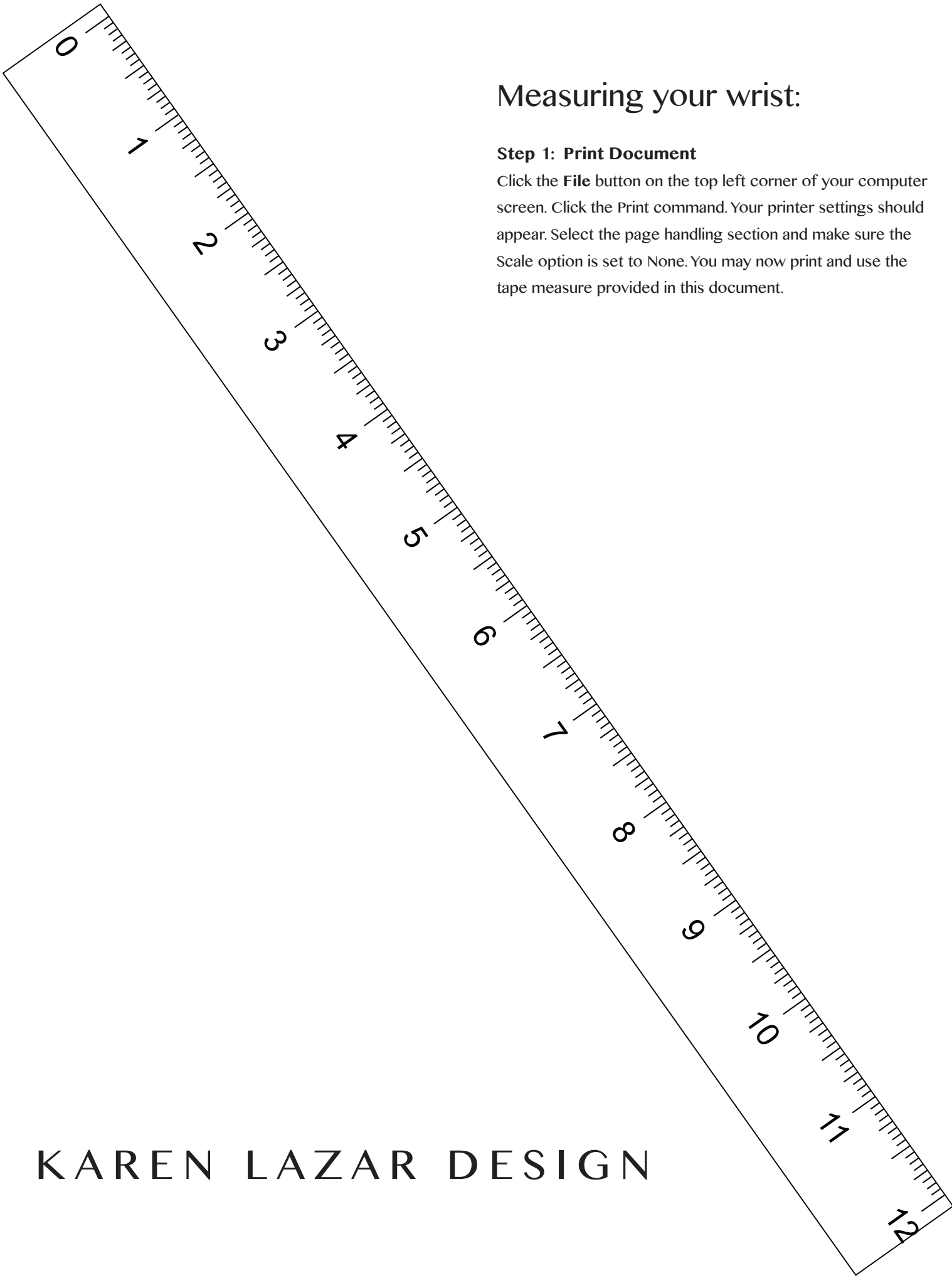


## Measuring your wrist:

### Step 1: Print Document

Click the **File** button on the top left corner of your computer screen. Click the Print command. Your printer settings should appear. Select the page handling section and make sure the Scale option is set to None. You may now print and use the tape measure provided in this document.



KAREN LAZAR DESIGN