



Fresh Groceries to your Doorstep. Fruit, Vegetable and Dairy



Free Home Delivery*

(Monday to Friday)

- **No Physical Contact** required.
- All **essential Fruit and Dairy** products.



We aim to prioritise the **Elderly, Key workers, Parents with young children**, people in **Isolation** but welcome everyone regardless of circumstance.

Min order £25. Please note that delivery charges may apply depending the size of your order and distance. Due to market changes, there may be fluctuation in prices and some items may become temporarily unavailable.

- Place your order (**Tel.** 0203 105 1312 (option 1) | **WhatsApp:** 07842 773 069 | **Email:** orders@fabfoodcart.com (**Place orders before 5pm for next day delivery**))

- Make a payment by Phone or Online at www.fabfoodcart.com (Arrangements can be made for cash payments)

PRODUCT CODE	PRODUCT DESCRIPTION	SPECIAL PRICE
JOHNSON FRESH JUICES		
12 X 250ML		
APPLEJUICEx250ml	APPLE JUICE x 250ml	£0.60
ORANGEJUICEx250ml	ORANGE JUICE x 250ml	£0.65
"SQUEEZING HOUSE" FRESHLY SQUEEZED JUICES		
1 X 1 LITRE		
APPLEJUICEx1ltr	APPLE JUICE x 1ltr	£2.30
CRANBERRYJUICEx1ltr	CRANBERRY JUICE x 1ltr	£2.90
LEMONJUICEx1ltr	LEMON JUICE x 1ltr	£4.95
LIMEJUICEx1ltr	LIME JUICE x 1ltr	£6.75
ORANGEJUICEx1ltr	ORANGE JUICE x 1ltr	£2.75
PINEAPPLEJUICEx1ltr	PINEAPPLE JUICE x 1ltr	£3.45
POMEGRANATEJUICEx1ltr	POMEGRANATE JUICE x 1ltr	£7.70
1 X 2.27LT		
JOHNSONAPPLE2.27LT	JOHNSONS APPLE 2.27LT	£4.25
JOHNSONORANGE2.27ltr	JOHNSONS ORANGE 2.27ltr	£5.50
JOHNSONPINKGRAPEFRUIT2.27lt	JOHNSONS PINK GRAPEFRUIT 2.27lt	£6.15
COLDPRESS JUICE		
1 X 1 LITRE		
COLDPRESSCARROTJUICEx1ltr	COLDPRESS CARROT JUICE x 1ltr	£4.60
COLDPRESSORANGECOMBOx1ltr	COLDPRESS ORANGE COMBO x 1ltr	£4.45
COLDPRESSREDCOMBOx1ltr	COLDPRESS RED COMBO x 1ltr	£4.45
COLDPRESSGREENCOMBOx1ltr	COLDPRESS GREEN COMBO x 1ltr	£4.60
OTHER DRINKS		
CANS 24 x 330ml		
COCACOLACANS(24x330ml)	COCA COLA CANS (24x330ml)	£10.99
DIETCOCACOLACANS(24x330ml)	DIET COCA COLA CANS (24x330ml)	£8.99
COCACOLAZEROCANS(24x330ml)	COCA COLA ZERO CANS (24x330ml)	£8.99
FRUIT & VEG		
SINGLES		
LEMON(SINGLES)	LEMON (SINGLES)	£0.35
PINEAPPLE(LARGESINGLE)	PINEAPPLE (LARGE SINGLE)	£2.25
BANANA(perkg)	BANANA (per kg)	£1.97
CLEMENTINE	CLEMENTINE	£0.71
PEAR	PEAR	£0.50
ORANGES(SINGLES)	ORANGES (SINGLES)	£0.35
RASPBERRIES	RASPBERRIES	£2.65
BLUEBERRIES	BLUEBERRIES	£2.65
STRAWBERRIES	STRAWBERRIES (PUNNET)	£3.00
CUCUMBER(SINGLES)	CUCUMBER (SINGLES)	£0.80
LETTUCEICEBERG(SINGLES)	LETTUCE ICEBERG (SINGLES)	£1.00
PEELEDGARLIC(BOX)	PEELED GARLIC (BOX)	£9.15
AUBERGINES(SINGLES)	AUBERGINES (SINGLES)	£1.50
ROCKETLEAF(PKT)	ROCKET LEAF (PKT)	£5.95
MIXEDHERBSALAD(PKT)	MIXED HERB SALAD (PKT)	£8.00
COURGETTE(SINGLES)	COURGETTE (SINGLES)	£0.60
BROCCOLI(SINGLES)	BROCCOLI (SINGLES)	£1.30
CELERY(SINGLES)	CELERY (SINGLES)	£1.30
GINGER(SINGLE)	GINGER (SINGLE)	£1.25
ROUNDTOMATO(SINGLES)	ROUND TOMATO (SINGLES)	£0.35
GREENPEPPER(SINGLES)	GREEN PEPPER (SINGLES)	£0.85
JACKETPOTATO(SINGLES)	JACKET POTATO (SINGLES)	£0.45
ORANGEPEPPER(SINGLES)	ORANGE PEPPER (SINGLES)	£0.80
RADICCHIO(SINGLES)	RADICCHIO (SINGLES)	£1.20
WHITEONION(SINGLES)	WHITE ONION (SINGLES)	£0.60
SWEETPOTATO(SINGLES)	SWEET POTATO (SINGLES)	£1.25
YELLOWPEPPER(SINGLES)	YELLOW PEPPER (SINGLES)	£0.75
REDPEPPER(SINGLES)	RED PEPPER (SINGLES)	£0.80
RIPEAVOCADO(SINGLES)	RIPE AVOCADO (SINGLES)	£1.20
KIWI(SINGLE)	KIWI (SINGLE)	£0.40
BUTTONMUSHROOMx250g	BUTTON MUSHROOM x 250g	£1.35
DONKEYCARROTS(SINGLES)	DONKEY CARROTS (SINGLES)	£0.15
LEEK(SINGLE)	LEEK (SINGLE)	£0.90
CHERRYTOMATOES(PUNNET)	CHERRY TOMATOES (PUNNET)	£1.50
REDONION(SINGLES)	RED ONION (SINGLES)	£0.20
BEEFTOMATO(SINGLES)	BEEF TOMATO (SINGLES)	£1.15
KG		
BABYPOTATOx1kg	BABY POTATO x 1kg	£1.20
FRESH HERBS		
FRESHMINTx50g	FRESH MINT x 50g	£1.25
FRESHDILLx50g	FRESH DILL x 50g	£1.25
FRESHPARSLEYx50g	FRESH PARSLEY x 50g	£1.25
BASILx50g	BASIL x 50g	£1.25
FRESHTHYMEx50g	FRESH THYME x 50g	£1.25
FROZEN FRUIT AND VEG		
FROZENSTRAWBERRIESx1kg	FROZEN STRAWBERRIES x1kg	£5.00
FROZENMIXEDBERRIESx1kg	FROZEN MIXED BERRIES x1kg	£5.00
FROZENBLUEBERRIESx1kg	FROZEN BLUEBERRIES x 1kg	£7.50
FROZENSPINACHx1kg	FROZEN SPINACH x 1kg	£3.35
FROZENMIXEDVEGx1kg	FROZEN MIXED VEG x 1kg	£1.95
FROZENPEASx1kg	FROZEN PEAS x 1kg	£1.95
FROZENSWEETCORNx1kg	FROZEN SWEETCORN x 1kg	£3.75
DAIRY PRODUCTS		
BUTTER		
ENGLISHBUTTERUNSALTEDx250gm	ENGLISH BUTTER UNSALTED x 250gm	£1.55
EGG PRODUCTS		
FREERANGEEGGSMED(SINGLES)	FREE RANGE EGGS MED (SINGLES)	£0.18
FRESHEGGSMED(SINGLES)	FRESH EGGS MED (SINGLES)	£0.13
OTHER		
SOYAMILKPROFESSIONAL(ALPRO)x1ltr	SOYA MILK PROFESSIONAL(ALPRO) x 1ltr	£1.55
OATLYMILKx1ltr	OATLY MILK x 1ltr	£1.55
WHOLEMILKx2.27ltr	WHOLE MILK x 2ltr	£1.25
SEMI-SKIMMEDMILKx2ltr	SEMI-SKIMMED MILK x 2ltr	£1.50
SKIMMEDMILKx2ltr	SKIMMED MILK x 2ltr	£1.25
BONSOYSOYAMILK(6x1ltr)	BONSOY SOYA MILK (6x1ltr)	£17.95
REDEMPTION SOUPS & STEWS		
SPECIAL RANGE (1)		
TOMATOWITHCHICKENANDKALEx2kg	TOMATO WITH CHICKEN AND KALE x 2kg	£6.42
MINISTRONESOUPx2kg	MINISTRONE SOUP x 2kg	£5.17
CHICKENNOODLE(MUM'S)SOUPx2kg	CHICKEN NOODLE (MUM'S) SOUP x 2 kg	£6.42
BOSTONCHICKENCHOWDERSOUPx2kg	BOSTON CHICKEN CHOWDER SOUP x 2kg	£7.08
ROBUST RANGE (3)		
CHICKENSAMBARDAHLSOUPx2kg	CHICKEN SAMBAR DAHL SOUP x 2kg	£9.42
GREENTHAICHICKENSOU Px2kg	GREEN THAI CHICKEN SOUP x 2kg	£8.92
CHEESE		
SPECIALTY CHEESE		
BRIEx1kg	BRIE x 1kg	£5.75
FETABLOCKx1kg	FETA BLOCK x 1kg	£7.05
HALLOUMIx250g	HALLOUMI x 250g	£2.45
GRATED		
GRATEDMILDCHEDDARx2kg	GRATED MILD CHEDDAR x 2kg	£11.75
MEATS (RAW, COOKED & CURED)		
RAW		
A1BACKBACONx2.27KG	A1 BACK BACON x 2.27KG	£8.95
CUMBERLANDSAUSAGES(RAW)1.5kg	CUMBERLAND SAUSAGES (RAW) 1.5kg	£6.95
COOKED		
ROASTEDCHICKENWHOLEBREASTx2.5k	ROASTED CHICKEN WHOLE BREAST x 2.5kg	£16.90
STEAMEDCHICKENWHOLEBREASTx2.5k	STEAMED CHICKEN WHOLE BREAST x 2.5kg	£15.00
HAMS		
SLICEDPREMIUMHONEYROASTHAMx1kg	SLICED PREMIUM HONEY ROAST HAM x 1kg	£6.45
FISH & SEAFOOD		
SMOKEDSALMONx400g	SMOKED SALMON x 400g	£10.10
SNACKS & CONFECTIONARY		
BROWN BAG CRISPS		
CHEDDARANDONIONBROWNBAGCRISPS2	CHEDDAR AND ONION BROWN BAG CRISPS 20x40g	£9.15
LIGHTLYSALTEDBROWNBAGCRISPS20x	LIGHTLY SALTED BROWN BAG CRISPS 20x40g	£9.15
SALTANDVINEGARBROWNBAGCRISPS20	SALT AND VINEGAR BROWN BAG CRISPS 20x40g	£9.15
OAKSMOKEDCHILLIBROWNBAGCRISPS2	OAK SMOKED CHILLI BROWN BAG CRISPS 20x40g	£9.15
SMOKEDBACONBROWNBAGCRISPS20x40	SMOKED BACON BROWN BAG CRISPS 20x40g	£9.15