

HEATHCOTE COMMUNITY NEWSLETTER - SPRING 2019



SHOUT OUT - SALLY STEWART

Sally is one of those people who is able to relate to anyone and everyone. She easily strikes up a conversation and her warmth and friendliness puts people at ease.

Sally is a member of the Heathcote Valley Community Sports Club and is a great recruiter for the club. She coordinates the newsletter delivery team and has been working away behind the scenes ensuring that all the runs are up-to-date and that everyone receives a copy.

Sally is also a volunteer at the community library, regular attendee at our HVCA meetings, and Monday craft sessions at the HVCC. Thanks for being awesome Sally!



Do you have a neighbour who you'd like to nominate for our next shout out?

Send an email to heathcotevillageproject@gmail.com and let us know what they've been doing that you appreciate. We would love to celebrate those wonderful people who make this place so special.



HVCA AGM

Wednesday 25th September from 7.30pm at the HVCC. Guest speaker and local Grant Windsor will be sharing the amazing work Radio Lollipop has been doing for children in hospitals.

We will also be looking for nominations for committee positions. We warmly invite you to come along.



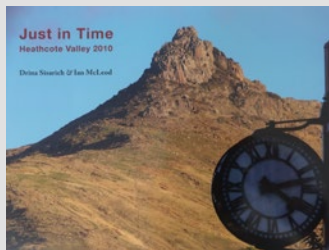
The NZ Police have introduced a new non-emergency number Phone# 105

You can now call 105 or go online to 105.police.govt.nz to contact the Police for all non-emergencies.

Just remember, in an emergency, always call 111.



BEST SELLERS LIST ... IN HEATHCOTE

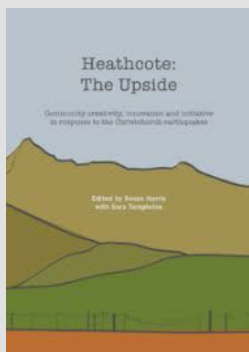


Just in Time Heathcote Valley 2010

Heathcote Valley School has a few of these amazing books left.

They cost \$5 each. Be in quick as limited stock remains.

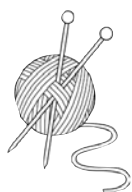
Please bring cash only and collect from the school office or email: admin@hvs.school.nz



Heathcote: The Upside

In 2016 a book was made that showed the Heathcote communities' creativity, innovation and initiative in response to the Christchurch earthquakes. A great collection of photos and stories of amazing, inspiring, uplifting and often wacky ideas that individuals in Heathcote championed. Edited by Sooze Harris with Sara Templeton. Only \$10.

To get a copy email: heathcotevillageproject@gmail.com or come along to the HVCC on Wednesday morning.



CRAFT GROUP AT THE HVCC

Craft morning every Monday 10am to 12pm

If you are new to the valley or living in the Maltworks Villas come and make new friends, come and join us with your craft knitting, crocheting, sewing and share your knowledge.

\$3 each day, morning tea supplied.

You don't have to commit to every Monday, just come when you feel like a chat and do something you love doing.

Everybody welcome.

- Wendy Chambers



Seven tips to help reduce your carbon footprint ...

1. Stop or reduce meat consumption
2. Unplug devices when not in use
3. Drive less – walk, cycle, take the bus
4. Don't buy 'fast fashion' clothes i.e. those mass produced cheaply
5. Plant a garden
6. Eat local in-season produce including organic
7. Line dry your clothes



Great news! The much loved flying fox will be back in action by October.



MORNING TEA AT THE HVCC

Every Wednesday during school term time 10am - 12pm.

We would love you to come and join us on Wednesdays for a good cuppa, some home baking and great company. No charge.



HEATHCOTE CRICKET CLUB NEWS - NEW SEASON



The new cricket season is almost upon us. The valley will once again reverberate to the sound of leather on willow, and heavy in the air will be the aroma of newly mown grass. As always, we are looking forward with eager anticipation to the new season, particularly as our first team is going to be playing in the Premier grade of Christchurch cricket for the very first time.

If you wish to sign up we have our Opening Day on Saturday September 21st:-

Junior registration – 9.00am to 12.00pm

Adult registration – 1.00pm to 4.00pm

Our Patron, Dave Collier, will officially open the season at 4.00pm.

For the adults, the season proper always begins on the first Saturday in October, which this year is October 5th, and the Juniors will start shortly afterwards. The Friday night 'have a go' sessions for the younger juniors will also commence on a date to be confirmed in October.



For adult enquiries, please contact our Club Captain, David Stack david@stackelectrical.co.nz 027 414 7659

For junior enquiries, please contact our Junior Club Captain, Matt House mhouse@mgmarketing.co.nz 022 043 1142

- Ken Lomax
President



Affordable Fruit & Vege Group

Supporting Healthy Eating

The fruit and vege co-op is a volunteer-run group which is dedicated to providing affordable, fresh and good quality produce. There are two packs available: a \$6 pack which is suitable for two people, and a \$12 pack which is suitable for a bigger household.

The fruit and veges in the pack differ every week, depending on what is in season and affordable. Orders are taken and paid for a week in advance - this system means the buyer knows how much money they have to work with and also avoids any wastage. Payments can be made via online banking or in cash.

Contact AFVG on 022 311 2438 or contact one of the local distribution centres below to sign up.

PICK-UPS FROM:

- **Bromley Community Centre**
Wednesday between 12pm - 3pm
- **Lyttelton Recreation Centre**
Wednesday 12pm - 4pm
Thursday 10-4pm
Jill Larking 027 237 4960

More info about all the Distribution Centre locations and opening times: <https://affordablefruitvegegroup.wordpress.com>
or check out the Facebook page: <http://facebook.com/AFVGCHCH>

HEATHCOTE VALLEY CALENDAR PROJECT

For a number of years, until 2014, a then local couple Ian McLeod and Drina Sisarich produced a popular Heathcote Valley calendar and sold up to 900 copies. More than just a calendar, this provided a photographic record of life in the valley. They retired and moved away.

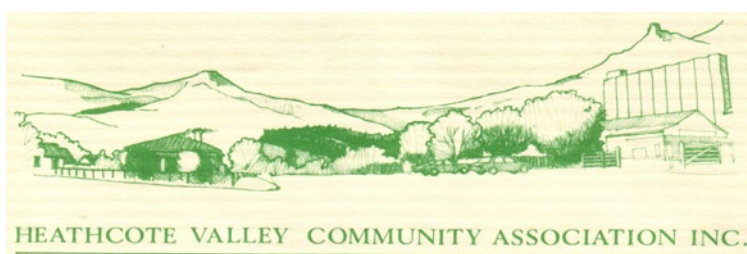
I am proposing that we reinstate the calendar if there is sufficient support. I would produce the calendar if photos were available and there were people to help with distribution. Ian and Drina will help with knowhow backup.

This project could support a local charity by over \$4000 a year so we will be looking for an organisation that can help with and benefit from the project.

This is very late in the year to be proposing a calendar so we need expressions of interest as soon as possible.

Please contact neilandhelene2@gmail.com or by text message to 021 1162711

- Neil and Helene Campbell



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.



HEATHCOTE COMMUNITY SPORTS CLUB INC.

Indoor Bowls, Outdoor Bowls, Petanque and Table Tennis.

Spring is coming and your local Sports Club is encouraging you to try something new. Being grey and wrinkly is not a prerequisite – this is fun for all ages!

No charge (Yes that means FREE) **to have a go with all the necessary gear supplied.**

Just one “rule” – only flat soled shoes can set foot on the bowling green.

On offer -

- **Indoor bowls**

Inside for the colder months. Tuesday evenings from 7pm to 9pm.

Heat pump on and an incredible social night for all ages. Learn to play and make new friends.

- **Petanque**

Sunday afternoons, from 1.30pm to 3.30pm. All year round but dependent on the weather in the winter months.

The terrain (that's the surface you play on) has been upgraded and boules (the spherical chunks of metal you throw) are available to use.

- **Lawn Bowls**

The opening day will be a Sunday, as early in October as possible but dependent on the surface condition.

Watch the valley noticeboards for the date, check with the Google Group or look down onto the green from the edge of the sports grounds to see if anyone is there!

Then we play on Sunday afternoons from 2pm to 4pm.

And Tuesday has a very popular Twilight Bowling session from 7pm to 9pm.

If there is enough interest we will also play on Friday afternoons from 2pm to 4pm.

- **Table Tennis**

The table tennis table replaces the indoor bowling mats over summer but there is a shortage of players so it doesn't see a lot of use. An excuse to get out of the sun on a nor-west day perhaps?

ALL OF THESE ACTIVITIES FOR \$60 A YEAR.

That is a tad over 16 cents a day folks!

OR A YEAR OF JUST PETANQUE FOR \$40.

CASUAL PLAY \$5 and \$2 RESPECTIVELY.

But wait there's more ; -

Members can borrow the keys to have a game whenever they wish.

The hall can be hired for \$25 an hour. Booking enquiries to heathcotecommunitysportclub@gmail.com or Don Amyes 022 363 7046.

General enquiries to heathcotecommunitysportclub@gmail.com or Dave Saunders 027 228 8778

Entry to HCSC is off Bridle Path Road (between the school and the Community Centre.) Plenty of parking.

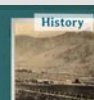
A wise man once said “The bowling green lures participants back again and again to the haven of old friends, sunshine and fresh air.

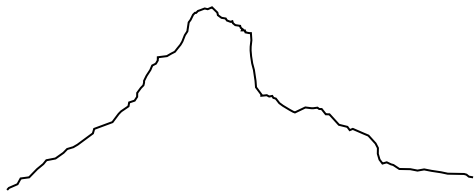
Bowls is a happy mind, a body kept fit and a spirit rejuvenated”



WHAT WE LOVE AND VALUE ABOUT

HEATHCOTE:





Petanque (pet-tonk) is New Zealand's fastest growing recreational sport. It is a ball game with few and simple rules that has been played in rural France for over 200 years in more or less the same form that we play it today; it is

not physically strenuous and very little walking is involved. It is playable by a wide range of ages.

Our Heathcote Community Sports Club believe that the Heathcote area should have a petanque court of its own and that our residents and our neighbouring communities should not have to go beyond the valley to find one. So, over the past few weeks a group has been busy establishing a full-sized ground (terrain), purchasing equipment and working towards a big, friendly French-flavoured celebratory petanque launching on the club's new-season opening day early in October.

We do not participate in competitions and tournaments, so players are not subject to any pressures. Our goals are enjoyment; we play purely for fun, companionship and good healthy outdoor exercise.

We are now playing 'casually' on the new terrain on (fine) Sunday afternoons between 1.30-3.30 pm until the end of September and all are invited to come along and try their hand at the game; you are assured of a warm and friendly welcome, friendly coaching assistance is available to all new-to-the-game visitors. Experienced players of course receive the same warm welcome. No fees will be charged for those playing casually on these interim Sundays.

Remember please – petanque for us is all about having fun, enjoyment, good company and healthy exercise in a friendly atmosphere and a stunning location.

We hope you will feel free and welcome to come along and share your company with us soon.

For any queries please contact Allan Simpson: 3844 905, simmo@snap.net.nz



THE GREAT HEATHCOTE POTATO DIG

Grow a potato so Heathcote valley can have fruit trees



How it works:

- Buy a seed potato from Lindsay and Jill \$10 each or \$20 for 3... you are welcome to buy lots.
- \$5 per child or low income
- ALL the money raised goes to buying fruit trees for the community.
- Plant your potato (after 22nd November).
- Add any nutrients you wish to help your potato grow
- Bring your plants in their container to the HVCC for the big dig - **Sunday 22nd March 2020, 2pm.**

Prize Categories:

Heaviest total weight of edible size potatoes (grand prize)

Second heaviest total weight of edible size potatoes

Heaviest single potato

The most pathetic total weight of potatoes (booby prize)



Note 'edible size' to be determined scientifically by the judges
JUDGES' DECISION WILL BE FINAL

Day of the dig 22 March 2pm ... Please bring:

- **Finger food to share**
- **Your own liquid refreshments**
- **Undisturbed potato plants in their containers**

Contact:

Jill Gordon 027 259 1420 or Lindsay Gordon 027 664 4598

ljl@exta.co.nz

Maltworks village unit 50/60 Port Hills Road Christchurch.

**Don't go overboard with your container size
(would hate anyone to get a back injury)**

Prizes to be won



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.

We're imagining a...
**Predator-free
 Port Hills**



PREDATOR FREE PORT HILLS - HEATHCOTE VALLEY

Predator Free Port Hills - Heathcote Valley
 On Sunday the 30th of June a trap building workshop was held on a beautiful sunny morning in the Heathcote Domain. A good crowd of keen locals gathered to

build wooden rat trap boxes and get started trapping predators in their backyards. A big thanks to Placemakers Cranford Street for donating materials, and to the Summit Road Society for providing traps. It was great to meet other locals with a passion for protecting our unique wildlife, and fantastic to share stories, tips and advice with each other.

If you missed the trap build, and would like to get involved in the Predator Free Port Hills project, contact Myles Mackintosh on 0211280113 or email heathcote@predatorfreeporthills.org.nz



trap building workshop

MALTWORKS UPDATE



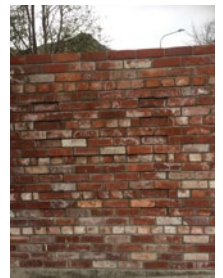
Thank you to the patience of the community as we have constructed this village in the Heathcote Valley. Living in a construction zone is not easy, and we are glad to say

we are nearing the very end of the village. The majority of the residents have moved in, with a few more taking up residence over the next couple of months. We have eight villas left for sale, and continue to have a stream of interest in this freehold unit title product. If you still know of anyone who is wishing to purchase at the Maltworks, or if you are interested yourself, please make contact with Michelle Tait on 027 668 6268. Villas remaining for sale are: 10, 11, 12, 13, 18, 25, 29, 30 and 36, all being single garage, two bedroom villas.

Maltworks Terraces:

At the northern end of the old Maltworks land parcel, there is further development that will commence construction in 2020 for the freehold unit title townhouses and villas. This build will not be governed by an age restriction, and is not connected to the village. If you have any sales enquiries about these units, please call Michelle on 3524-900 or Gemma Roberts on 027 223 6471.

Bridget and Bill are recent arrivals to Heathcote but already they are putting their unique Heathcote stamp on the place. Look closely at the new brick wall on Station Road to spot the letter H inset amongst the bricks.



WANT TO HELP?

CITIZEN ADVICE BUREAU
 HAS VOLUNTEER
 POSITIONS AVAILABLE

Citizens
 Advice
 Bureau



Join our knowledgeable and caring team and make a difference to people needing information.

We offer information on anything from consumer rights, to family issues, to tenancy and flatting problems, so there's never a dull moment. We have a course starting this September.

Use your skills and experience to help others in the community...Course starting this September.

Call 0800 367 222 or email manager.cabchch@gmail.com

WHAT WE LOVE AND VALUE ABOUT

HEATHCOTE:



HEATHCOTE VALLEY COMMUNITY LIBRARY INC.

New reads at the library:

Author	Title
Sysom, Lydia	Mr Peacock's Possessions
Smith, Dominic	The Last Painting of Sara De Vos
Connelly, Michael	The Late Show
Idle, Eric	Always Look on the Bright Side of Life
Patterson, James & Clinton, Bill	The President is Missing
Roper, Richard	Something to Live For
Hollis, Renee	Keepers of History
Epstein, Jennifer Cody	Wunderland
Hislop, Victoria	Those Who are Loved
Khoury, Raymond	The Ottoman Secret
Faber, Toby	Close to the Edge
Benjamin, Melanie	Mistress of the Ritz
O'Flanagan, Sheila	Her Husband's Mistake
Steele, Danielle	Blessing in Disguise
Sidebottom, Harry	The Lost Ten
Nunn, Kayte	The Forgotten Letters of Esther Durrant
Smith, Dominic	The Electric Hotel
Burke, Alafair	The Better Sister



OPEN:

Monday to Thursday	2pm - 4pm
Friday	2pm - 6pm
Saturday	10.30am - 12 noon
Closed Public Holidays	

HEATHCOTE - MT PLEASANT - REDCLIFFS - SUMNER

MEET THE CANDIDATES

MAYORALTY
CHRISTCHURCH CITY COUNCIL
COMMUNITY BOARD
E-CAN

JOIN US FOR TWO EVENINGS

MONDAY SEPT 16 CHRISTCHURCH CITY COUNCIL & E-CAN
MONDAY SEPT 23 MAYORALTY & COMMUNITY BOARD

BOTH MEETINGS BEGIN AT 7.30PM SHARP

MT PLEASANT COMMUNITY CENTRE
3 MCCORMACKS BAY RD



HOSTED BY THE MT PLEASANT
RESIDENTS' ASSOCIATION
COMMUNITY@MPCC.ORG.NZ

Come and meet the candidates wanting your vote in the upcoming local elections!

All candidates for elected positions in our ward are invited to speak.

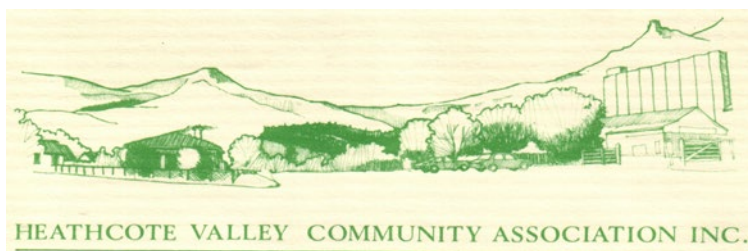
Monday Sept 16 - Candidates for Christchurch City Council and E-Can

Monday Sept 23 - Candidates for Mayoralty and Community Board

Both meetings begin at 7.30pm. Coffee and Tea available.

The election will be held by postal vote and voting papers will be delivered from 20 September 2019. Voting closes at noon on 12 October. Make sure you're enrolled.

Hosted by the Mt Pleasant Residents' Association - get in touch with any questions community@mpcc.org.nz



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.



HEATHCOTE VILLAGE COMMUNITY GARDEN SOUP & MOVIE SCREENING UPDATE



On a cold and wintery evening a soup and movie night was held in St Mary's Village Hall. The purpose of this was to celebrate the village garden and discuss its future over some wonderful homemade soup and bread and watch an inspiring movie together.

It was fantastic to see how many people came on the evening (we estimate around 50) and re-connect at a time of year when many of us want to hibernate at home.

A very warm thank-you to everyone who attended the Edible Paradise screening and conversation about the future of the community garden. Thank you for making it productive, and it was a good start for further conversations. Thanks also to all those who were so forthcoming in providing delicious homemade soup and bread including Hannah from the wonderful new Craft Café and Maka from the fabulous Bohemian Bakery. Michael Reynolds from the Food Resilience Network supported us to facilitate a conversation around this. Thanks Michael for your ideas, knowledge and support.

Edible Paradise is a movie about the 'birth of the food forest movement' in New Zealand and it was good food-for-thought about what we might like to see in Heathcote Valley. The basic design of a food forest includes seven layers: canopy trees, shrubs, perennial vegetables and herbs, root crops, ground covers and vines/climbers. There is a wealth of information about food forests on the internet if you'd like to find out more about them.

Points that arose from the evening and from following conversations:

The potential for a Heathcote Valley food forest and the existing community garden are two separate entities, and the future of the community garden and whether a food forest is wanted and needed in Heathcote Valley is yet to be established.

There was acknowledgement that the community garden served an important role in the community post-earthquake. The bricks used in the raised beds were from the now-rebuilt Valley Inn.

It was felt the energy in the meeting seemed to be more directed toward exploring a food forest than continuing with the existing community garden.

Backstory - support for the garden has dwindled in the last few years and it is not sustainable in its current form. There was/is no appointed coordinator, and there are no

plans at present to continue with the community garden unless a coordinator can be found, or a group of people that would like to work together to coordinate the garden.

A food forest may be considered a more sustainable option for 'community gardening' in terms of meeting the needs specific to the Heathcote community. These needs could include community connection and access to a local food source that has varieties of heritage crops that are not found in our own back yards. It is worth considering that while a food forest is intensive to begin with, the long-term maintenance could be lower.



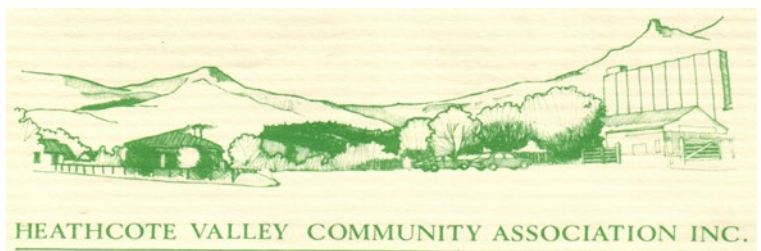
Could involvement with a food forest be more favourable for many time-poor community members who have their own gardens to contend with, yet want

that community connection that comes from meeting together to grow food? This may mean monthly working bees instead of the weekly gardening sessions that were organised for the community garden - and would be even less frequent at times.

Discussion points - we need your feedback!

- Given the struggles the community garden has had, is reviving the garden and/or starting a food forest sustainable?
- Could Heathcote Valley have both a community garden AND a food forest? Or do we focus on one of these options.
- Does the community garden and/or food forest need coordinators?
- How do we recruit a coordinator for the food forest?
- How do we recruit a coordinator for the community garden?
- Who wants to be part of a core team to continue working on this?
- What specific skills and time can you give to these projects?
- Are there a few kind souls available to tend to the community garden over the next few months while we figure a way forward?

Please contact Amelia at heathcotevillagegarden@gmail.com with your feedback. If this is to go ahead we need your support, ideas and time.



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.

This term the senior students at Heathcote Valley School have been busy creating Lonely Planet guides to Heathcote. Through interviews with familiar valley faces and plenty of research they have found out some great information. The students have selected some of their favourite local spots to write about and included some fun facts. We'd like to share some excerpts with you.

The valley is an amazing place with great scenery and amazing cuisine. Heathcote was founded by Sir William Heathcote in 1867 on December 9th. The valley includes the Maltworks dairy, cafe and barber shop. It also has an art gallery owned by Andrew Lyons and the Valley Inn tavern with amazing food.

The Art Gallery

The art gallery has all kinds of art, including paintings, carvings, sculptures, glass art, pottery and much more creative things. For almost 40 years Andrew has been making shapes in his workshop. Andrew has held many jobs over the years from postie to building sets for TVNZ. Andrew said that he really enjoys making sculptures and other art, he has been drawing, painting and making things from a young age. He makes all the pieces in his gallery and has always wanted to be a sculptor.



In 2011 his art gallery was destroyed by the earthquake, it took him 16 months to rebuild the gallery. For his art Andrew likes to use recycled materials. He buys a lot of timber from wrecked houses and he also uses driftwood and stone from old buildings.

If you have walked past the gallery you would have seen a gorilla. Its name is Dandelion and it took him two months to make working 8 to 10 hours a day. Andrew gets inspiration from everywhere, mainly nature, but sometimes from a magazine or a newspaper or even from a new word he might hear.

The valley has amazing views and something for everyone like the original Bridle Path walk where the settlers walked and made their way to Heathcote from Lyttelton, come to Heathcote, there's something for everyone.

- Ari

A guide to Heathcote Valley

In Christchurch, on the northern banks of the peninsula, lies a beautiful place, nestled in between the other valleys: Heathcote.

Set in the stunning Port Hills is a wonderful place to live, Heathcote Valley, with it's amazing community, architecture and landscapes, you must see what is lying in wait for you.

The Valley Inn Tavern

A key part of Heathcote Valley's history is the local pub, the Valley Inn. The rebuild in 2011 was a huge change for the building, being welcoming, reassuring and built to last, it took in lots of old locals.

Rising up from the rubble was a big challenge but they then got back into business, the locals taking on the ANZAC breakfasts once again and starting up meat raffles to fundraise for Heathcote Valley School. The significant 133 year old well in the pub stands in the building after the earthquake damage and is a very memorable piece to the building.



Some History around the Valley Inn

The original pub was built in 1862 on Bridle Path Road and then rebuilt on the present site in 1877, and much to everyone's despair half of the building came tumbling down in the 2011 earthquake but then was rebuilt again and still stands now.

The Valley Inn Tavern has won several awards for outstanding architecture and is a favourite location in the valley.

At the Valley Inn there are some deal nights like:

- Fish and chips on Monday
- Steak night on Tuesday
- Schnitzel night on Wednesday.

The valley Inn provides a safe, family friendly restaurant and bar and I would definitely recommend it to all.

The Valley Inn, serving the valley since 1877



- Poppy Jarman

LONELY PLANET GUIDES TO HEATHCOTE



When you think of Heathcote Valley what do you think of? Maybe you don't know too much about Heathcote apart from that it is close to Sumner? Or maybe you've lived here for 25 years and know all 1,983 people that live in the Valley. Whoever you are, no matter how long you've lived here there is always something new you can learn.

The Valley is a beautiful place where the sun nestles itself in the valleys and pours through the small suburb, the hills are crowded with breath-taking rock formations. Here everybody knows everybody and everybody looks out for everyone. News travels fast and people try and socialise as much as possible whether that be at the pub over a pint of beer or drinking a latte that the Heathcote Valley school barista team has brewed up. Every morning hundreds of people take a challenge and go for a morning jog or a cup of coffee. At night people meet up with old friends over a drink at the pub. My favourite place in Heathcote is the cricket club. I think it is a special place in the Valley. The Cricket Club sums up the valley on its own and here's why.

The Heathcote Cricket Club

I would say the Heathcote Cricket Club is definitely one of the main places in Heathcote because of the community spirit. If you have ever been to the cricket club on a Friday night you will know what I am talking about. The pavilion has a bar inside so parents buy a drink and go sit down on the grassy bank talking and laughing with friends while the younger kids play small practice games and older teams train for Saturdays.



The Heathcote Cricket Club manages to get everyone involved in a special sort of way. Nobody is left out and everybody new is welcomed warmly to the sort of family the Heathcote Cricket Club is. 25% of the Heathcote community is involved in the Cricket Club in some way or another but an astonishing 90% of kids in Heathcote play for the Cricket Club which really shows how the cricket club manages to include everybody in a way like no other. The Cricket Club is also successful with the senior team recently being promoted to the top division in Christchurch.

The Club also has a plethora of young talent with two under 19 New Zealand players coming from Heathcote Cricket Club. The Club is growing at a tremendous rate with 15-20 new junior members a year on average and 10-15 new senior members a year. The Cricket Club is important to the community as it acts as a hub for the local and wider community. It is a place for people to gather, participate in sports, and socialise. The Club also represents the Heathcote community when playing in other parts of Christchurch and Canterbury. It encourages inclusion and activities for all generations. It is good to get outside and participate in team sports. But it's not only for boys with the Cricket Club also boasting both senior and junior women's teams. The Heathcote Cricket Club prides itself on including everybody with any ability and managing to embrace everybody into

the game of cricket like no other. It also gives entertainment with the senior team playing at the beautiful Heathcote domain almost every week. Sitting on the bank and watching the cricket over a picnic with family on an amazing sunny Saturday is a pleasant experience to say the least.

Hopefully this guide provides you with a bit more knowledge around the Heathcote Cricket Club and what it is about.

- Aston Saunders.

The bottom right corner of the world hides a small valley with great attractions including Upshot a fantastic cafe.

Heathcote Valley is located on the western side of the Port Hills and on the north end of the legendary rail and road tunnels. With all its great attractions including The gondola, the cricket club, the bowls club, the community library, the dairy, and its brand new cafe it's hard not to realise why no one ever wants to leave.

Upshot

Upshot, located on 131 Bridle Path Road was the first fully fair-trade roastery in Christchurch. As Upshot is a cafe they do have a signature drink and signature dish which are a classic flat white and a delicious bacon toastie.

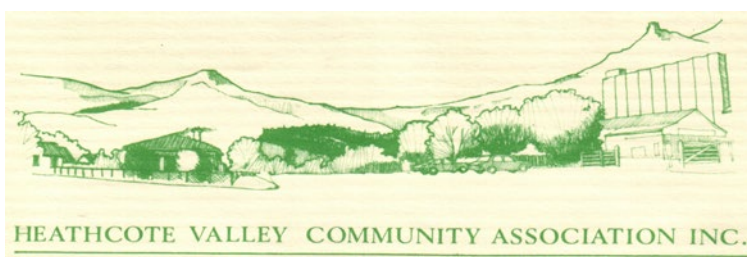
Before the tragic 2011 earthquakes, Upshot was originally located on 18 Station Road where Upshot first opened on the 5th of January 2005.

So how did Upshot become a thing? The roaster at Upshot, Justin, used to work at Hummingbird cafe but decided that he did not want to work there any longer because it was just getting too big for him. Soon they got offered an old shop that could be turned into a coffee shop. They then decided they wanted to create their very own logo and name. It just happened when Meagan was one day flicking through the dictionary backwards and landed on the name Upshot which she says was also a play on words. After this they decided on a rocket coffee bean design to be created by Red K.

It's so cool to imagine how many different countries all the ingredients that are in their food and drinks come from.



- Amber



LONELY PLANET GUIDES TO HEATHCOTE



Kia Ora

Looking for somewhere to hang out with family, to explore new places or meet new friends?



Don't worry, I have the perfect place for you!

Come down to Heathcote Valley, it's a place where you can be yourself and have lots of fun while doing the things you may or may not have tried before!

Heathcote Valley doesn't just have friendly people but it has great places to visit where you can eat, do activities and heaps more!

These are some of the awesome locations that Heathcote has:

- The Gondola
- Archery club
- Art Gallery
- A dairy
- The riding school (read on to find out more!)
- Cafe
- Barber shop
- School
- Playground
- Community library

Have a look around Heathcote and see what you like, try them out any time (apart from closing times of course!)

The Riding school - FUN FACTS YOU MIGHT WANT TO KNOW!

- The youngest horse they have at the moment is four month old foal, Frankie, he is absolutely ADORABLE! If you go to the riding school, you might be able to spot him zooming around and having the time of his life!

Speaking of age...

- Goldie is the oldest horse they have, aged at the great number of 26 years old! That's so cool to have a horse that's nearly 30 (if I say so myself!). The average lifespan of a horse is 25-30 years! That's crazy!
- The lovely owner of said, riding school says the average age to start riding is 6-7 years old because they will have to be used to the horse and at that age, the child should be able to stabilize well.

- Nia McDonald



OPERATION CHRISTMAS CHILD - SHOE BOX APPEAL

Operation Christmas Child, a project of Samaritan's Purse, has delivered 157 million gift-filled shoeboxes to boys and girls around the world. It partners with local churches and communities who wish to help bring cheer to children who would otherwise have very little. The boxes collected in New Zealand go to Pacific countries, and south east Asia. Last year several families enjoyed shopping for the items and giving something with love.

Find a Shoebox - Start with an average-size cardboard or plastic shoebox. If you want to wrap it, cover the box and lid separately. **Boxes will be available at the Heathcote Community Centre on Wednesday mornings.**

Girl or Boy? - Decide whether you will pack a box for a girl or a boy, and the age category: 2-4, 5-9, or 10-14.

Fill with Gifts - Select a medium to large "wow" item such as a soccer ball with pump or stuffed animal, then fill with other fun toys, hygiene items, and school supplies. You may like to include a personal note and photo.

Label Your Box - Donate \$10 to cover the freight and handling costs. You can also include a personal note and photo.

Drop-Off - Take your shoebox gift to a local drop-off location. **The Community Centre on Wednesday morning or at the Heathcote Library weekdays 2-4pm and Saturday 10.30am-12pm. Alternately phone 3764501 for pick up.**

Each box should contain something from the following categories: Something to wear, to play with, for school, to love, personal hygiene and SOMETHING SPECIAL. Craft items and toys are welcome.

Please Do Not Include: Candy; toothpaste; gum; used or damaged items; war-related items such as toy guns, knives, or military figures; chocolate, food or seeds like: snack bars, drink mixes (powdered or liquid), liquids, vitamins; breakable items such as snow globes or glass items; aerosol cans.

The boxes need to be ready by mid-October so they can reach their destination by Christmas.



A WORD FROM SHELBY @ HVS



This term we have had a lot of things on:

The Enviro Kids did a cupcake day where they make cupcakes and sold them to the rest of the school. The money they raised went to the SPCA and Dogwatch.

The kapa haka group held a wananga, family could come along for however long they want! There was food, costume making and importantly a rehearsal!

On the 17th - 18th of August school band went to band camp! They stayed the night at Cracroft Lodge which is a place for Girl Guiding. They practised most of the day and at the end of the day did a quiz and then watched a band related movie. The next day there was a concert for the parents when they came to pick up their children.

On the 10th of September the kapa haka group have a rehearsal at Horncastle arena for the Cultural Festival later that night. In the evening the kapa haka group will do their performance, and after that the wearable art models will show off their costumes that their group had designed and made.

- Shelby Sutton



HEATHCOTE VALLEY SCHOOL

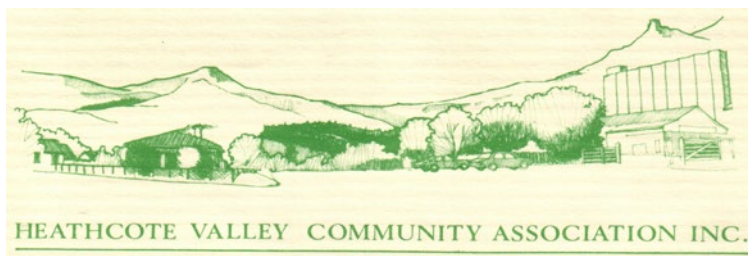
HVS GALA ... SAVE THE DATE

Make sure you come on down to enjoy some great entertainment, purchase a mystery box or bid on our auction items. Relax and enjoy some great food and non-alcoholic beverages. There will be lots of activities for the children and it should be a great evening for all!

WE NEED YOUR HELP:

Search the house high and low for toys, books and small good quality second hand goods!

Heathcote Valley Gala is having a white elephant stall this year and we need your help. Get in early with your spring cleaning!! Start clearing out your cupboards, garages and sheds and stockpile your donations of good quality second-hand items. Let us turn your unused and ignored items into someone else's treasure and raise money for our school in the process. Please hold onto your items for now and a couple of weeks before the fair we will be asking you to drop them off. No electronics or large furniture items will be accepted.



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.



We would like to extend our thanks to the Christchurch City Council for their financial support. This has helped us continue to support Heathcote, strengthen our relationships and remain a strong, connected and engaged community.

IN CASE OF EMERGENCY ... LOCAL DEFIBRILLATORS

Although we hope you never need one – it's good to know there are some about.

Locations:

- Lyttelton Road Tunnel Control Room. 10 Bridle Path Road, Access 24/7
- At the top of the Gondola
- The Valley Inn – Open every day 10am-11pm
- See <https://aedlocations.co.nz> for more locations around Christchurch



Emergency preparedness: The Civil Defence website:
<https://www.happens.nz/>

STILL WAITING TO RESOLVE YOUR EARTHQUAKE CLAIM?

If you have an outstanding insurance claim involving your insurer (including Southern Response) or the Earthquake Commission (EQC), Call 0800 777 757. This includes first-time settlement claims, as well as claims re-opened due to the discovery of additional earthquake damage or deficient repairs.

SNAP SEND SOLVE

Snap Send Solve is a smartphone app to help make reporting issues to council easy.

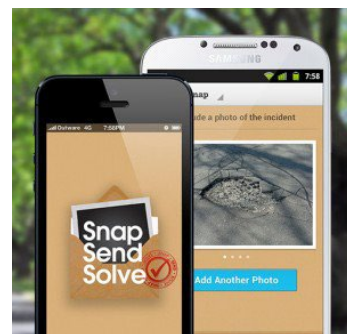
The Snap Send Solve app works by identifying the location the photo is taken using the phone's GPS data.

It sends an email to the Council from your email address, including the incident type, notes, address of incident, photo, and contact details.

The report is then allocated to the relevant Council department.

The more information provided, the better we can help isolate and investigate the issue.

You can continue to report issues online, by calling Council on 03 941 8999, or visiting one of the Service centres.



WHAT'S ON AT YOUR COMMUNITY CENTRE

Whenever I spend time up at the Heathcote Valley Community Centre I appreciate what a wonderful resource we have. A gorgeous modern and warm building with a view to the hills and which opens onto our own domain. I can't wait for the warmer days when we can have the doors open and the beanbags on the deck.



This is your community centre and we want to make sure it is used and enjoyed. We have a number of regular activities and classes which run as well as some great one-off events but remember it is also available to hire (at a great rate) for your personal use. Perfect for kids' and adults' birthdays, baby showers, weddings and even business meetings. Contact me any time at hvcc.bookings@gmail.com if you have any questions or enquiries.

cheers Jen

This term we have the following weekly activities running:

- **Tradie Yoga**

Down your tools and pick up your yoga mat. This great class has been tailored for tradespeople and is designed to keep body and mind healthy.

Mondays 6pm - 7pm (60 minutes)

Classes are on September 9th, 23rd and 30th

Contact Michelle Laing mlaingphysio@gmail.com

- **Hatha Yoga and Feldy Yoga**

This yoga class is designed to be practised at your own level and will increase your strength, flexibility and nurture the well-being of body, mind and spirit.

Tuesdays 9.15am - 10.30am (75 minutes)

Feldy Yoga classes will run on September 17th, 24th and October 1st, 8th, 15th, 22nd and 29th

Contact Atmavidya atmavidya@yogaforyou.com

- **Imagination Yoga**

This amazing class is aimed at 7-12 year olds and allows kids to feel free to be themselves, explore their imagination, physical connection, learn how to meditate, deeply relax and fill themselves with self-love and belonging.

Tuesdays 3.30pm - 4.30pm

Every week July 30th - September 15th

Contact Lou hello@imaginationyoga.nz

SUPPORT IN THE BAYS

**Lyttelton
Community
House Trust**



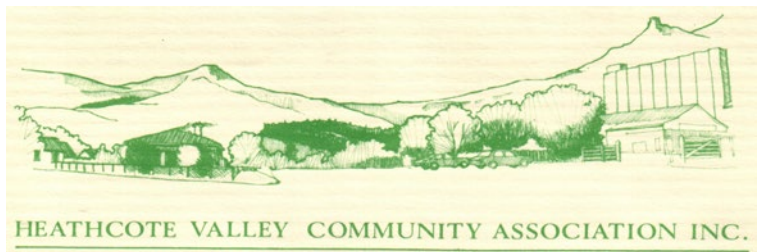
7 Dublin Street
PO Box 121, Lyttelton 8841
Phone: (03) 741 1427

- Drop-in centre – all welcome
- Free tea, coffee, Wi-Fi and newspapers
- Koha lunch, Tuesdays 12 – 2pm
- Emergency food bank
- Social work advocacy and support services for employment, health, housing, etc
- Subsidised, home cooked and home delivered community meals service
- Lyttelton Strollers walking group, Thursday morning
- Craft activities
- Monthly coffee morning

facilitator@lytteltoncommunityhouse.org.nz

www.lytteltoncommunityhouse.org.nz

Open Monday, Tuesday, Wednesday and Friday 10am – 2pm



HEATHCOTE VALLEY COMMUNITY ASSOCIATION INC.

AN UPDATE ON THE HEATHCOTE VALLEY PIPELINE/LYTTTELTON HARBOUR WASTEWATER PROJECT



Kia ora from the Lyttelton Harbour Wastewater project team.

We're well underway installing the Heathcote Valley pipeline that will connect Lyttelton Harbour's wastewater system with the main Christchurch treatment plant in Bromley.

So far we've laid 900 metres of the pipeline and on track to complete the project in early 2020. We would like to take the opportunity to thank the community for their patience while we complete the Heathcote Valley pipeline. Our contractors, Fulton Hogan, are working hard to minimise any disruption this work is causing you, so if you have any concerns please come and have a chat. You can ring Fulton Hogan on 0800 342 48457 or call Council on 03 941 8999.

Mauger Drive

We've now installed over 400 metres of pipeline along Mauger Drive and are opening up the road in 200 metre sections, laying the pipeline, then closing the road up behind us.

We finished digging the deepest section of Mauger Drive, on the intersection with Warner Place. The trench was 4.5 metres at its deepest point to allow us to get under the large stormwater pipe. Due to wet weather and ground conditions we have experienced some delays. Over the coming weeks, our contractors will gradually reduce the trench depth and then we'll be able to move faster and return your road to normal.

At our last community information session in June we spoke about why we made the decision to trench down Mauger Drive, instead of going straight down Scruttons Road. This route was chosen to avoid the state highway network.

NZTA have a decision process which doesn't allow services such as wastewater pipelines in motorways unless there are exceptional circumstances. As there was a viable alternative route for the utility directly adjacent, in CCC controlled land, this request was denied.

Port Hills Road

Works on Port Hills Road are expected to begin on 2 September 2019. We will continue to open the road up in 200m sections to lay the pipeline. We will start from the corner of Mauger Drive and work up Port Hills Road to Bridle Path Road.

During the hours of 7am – 6pm, a stop/go system will be in place on Port Hills Road from the corner of Mauger Drive to the roundabout, covering the length of the active site. At night the road will be returned to two lanes. As the works progress, the traffic management will move along Port Hills Road to minimise disruption. All residents affected will receive a works notice. **We encourage any residents with property access requirements to call Fulton Hogan on 0800 342 48457 (0800 FHCIVILS) or 027 604 9335.**

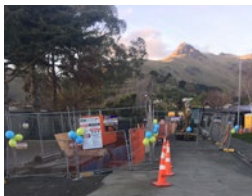
Access to the local shops will remain open at all times while we lay the pipeline along Port Hills Road. You won't be able to park on the road, but there's parking available onsite at the Maltworks shopping complex. All business owners will be kept up to date throughout construction.

From the roundabout to the playground one lane traffic will be in place at all times. This will be managed by traffic lights. Where the road narrows the road will be closed off and detours in place down Flinders Road. Traffic management will be in place so you'll know where to go and we'll work with residents to ensure they have access to their houses during this time.

Don't worry if the road looks rough – our teams will be constantly inspecting the surface and filling potholes.

The trench will be resealed as we progress up the road. We'll be resealing the full road carriageway in the areas north of the roundabout that are in poor condition. This will be done within weeks of the pipe being laid, weather permitting.

The road surface will be replaced with the same chip seal treatment that is currently in place.



Street decorations from local residents at the Fulton Hogan work site



HVCA MEETINGS

The Heathcote Valley Community Association meets on the last Wednesday of the month at the Heathcote Community Centre at 7.30pm, 45 Bridle Path Road. Everyone is welcome to come along and hear about what is happening in our community. Our next meeting is our AGM on the 25th September 2019.

HVCA COMMITTEE CONTACT DETAILS:

Lewis Low (Chairperson): 384 3356
Judy Stack (Treasurer): 027 491 6476
Luke Gardiner: 021 755 737
Margaret Jenkin: 376 4501
Ken Lomax: 960 5542
Maria Ayala: 022 090 2615
Felicity Backhouse: 384 1755
Jackie Foulkes: 021 799 744
Sooze Harris: 021 023 07299
Lindsay and Jill Gordon: ljg@xtra.co.nz

STAY CONNECTED



The Heathcote Village Community Google Group is an email mailing list that distributes messages about happenings in the wider Heathcote Valley area and other matters of local concern.

Google Groups is a free service provided by the famous Google search engine company and provides a very effective means of distributing information to a group of recipients.

We now have over 450 community members on the email group. We find it works exceptionally well! To join, send an email to: heathcotevillageproject@gmail.com

Heathcote Valley Online



You can find information on our website:
<https://hvcc.org.nz>



Keep an eye on our Facebook page for updates and local events: at [Heathcote Village Project.](#)

SUPPORT THE HEATHCOTE VALLEY COMMUNITY ASSOCIATION

If you would like to support the Heathcote Valley Community Association, you can do so by becoming a financial member. Simply fill out the details below and post with your donation (Suggested donation is \$10.00 per household) to:

The Treasurer
100 Port Hills Road (the letter box is in Stedley Place) or
Heathcote Valley
Christchurch 8022
027 491 6476

Internet banking account: **03-1369-0182187-00**
Please use the following codes:
Particulars: Subs
Code: Your family name
Reference: Your address



YOUR MEMBERSHIP IS IMPORTANT TO US

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

