

Weaving in the  
Sunshine State

Basket Weaving  
Retreat

Ft. Myers, Florida



## FOOD ALLERGY / DIET RESTRICTION

Please fill out **one form for EACH DAY** that you are attending. Special meals are not intended for those that would simply like an alternative meal to the one being provided. Please only submit this form if you have a **specific food allergy or diet restriction** that would prohibit you from dining from the lunch or social reception buffets. Much effort has been put forth to ensure that the food choices offered on the buffets can meet the needs of those who choose to dine vegan, vegetarian, KETO friendly, etc.

**Choose Meal** (print one form per meal):

- \_\_\_\_\_ Tuesday Lunch
- \_\_\_\_\_ Tuesday Evening Social Reception
- \_\_\_\_\_ Wednesday Lunch
- \_\_\_\_\_ Thursday Lunch

**Print Name:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Emergency Contact / Phone Number:** \_\_\_\_\_  
\_\_\_\_\_

**Diet Restriction / Food Allergy (be specific):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*While we are taking reasonable steps to accommodate requests on this form, neither the Weaving in the Sunshine State or Becky Bechtel can guarantee that the hotel's kitchen, prep or serving areas are completely free of trace amounts of allergens or other specific ingredients, or that there will not be the potential for allergens in the snacks provided by the attendees. We will work to create the safest environment for you but by attending the retreat and/or choosing to eat the foods provided there, you must assume all risk therein for your own safety.*

**Signed:** \_\_\_\_\_ **Dated:** \_\_\_\_\_