



Harney Desteanations: Dublin

Ingredients:	Directions:
For the cake:	1. Put the raisins, the sultanas and the currants in a large bowl, add 4 tablespoons of
225 grams all-purpose flour	whiskey and mix well, then cover and let the whiskey absorb for 12 hours.
175 grams butter, room temperature	2 Preheat the oven to 265°F and line an 8" round tin with a double layer of parchment
175 grams Muscovado sugar	paper.
4 eggs	3. Pour together the all-purpose flour, butter, sugar, eggs, lemon and orange peel, cinnamon,
½ tsp salt	cloves, ginger and nutmeg. Beat until you have a smooth and creamy mixture.
For the fruit mix:	4. Pour the raisins and candied fruits plus almonds and almond flour in the mix. Mix well
Peel of one lemon	using a wooden spoon until the ingredients are well combined. Your mixture will be
Peel of one orange	extremely sticky at this point.
_1 tsp cinnamon	5. Transfer the mixture into the pan, leveling the surface and then bake for about 5 hours,
1 tsp cloves	always at a low temperature. The cooking can be checked by inserting a toothpick into the
1 tsp ginger	center of the cake until the toothpick comes out clean without any wet batter on it.
1 tsp nutmeg	6. Let the cake cool completely, wet it slightly with whiskey and wrap it well in three sheets
100 grams almond flour	of parchment paper. Store the cake in an airtight container, letting it soak in the whiskey
6 tbsp Irish whiskey	and wetting it every 3-4 days with more whiskey so that it stays longer.
200 grams sultanas	7. If you want to decorate the cake, take some honey and spread it on the surface, then put
150 grams raisins	a marzipan layer first, followed by a layer of white royal icing. Add other
100 grams currants	Christmas-themed sugar decorations and consume within 24 hours after it was decorated.
100 grams candied orange and lemon	
100 grams chopped almonds	