BOBA REAL FRUIT TEA



In the Kitchen with Harney & Sons

Directions:

1. Throw the tea, fruit, milk and sweetener in a blender, process until smooth. Place the pearls in the bottom of a tall glass and top with ice. Pour the blended tea & fruit mixture into the glass and enjoy!

2. If you wish, you can turn this into a bubble tea smoothie by adding the ice to the blender for a bubble tea smoothie parTEA!

Ingredients:
8 oz. of cooled tea (for extra fruitiness,
consider a fruit-flavored tea like Goji Berry
Fruit Tea, Strawberry Kiwi Fruit Tea,
Peaches & Ginger or Blueberry Green)
Fruit (strawberries, blueberries, raspberries,
blackberries, banana, peaches, kiwi – if
you love it and can blend it, go for it!)
Milk or milk sub
Honey (or another sweetener, if you prefer,
or no sweetener at all)
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Tapioca pearls, cooked and cooled