

# Bedroom Bliss

BY KEL FLANDERS  
PHOTOGRAPHY KEN TAN

Considering we spend an average of 3,000 hours in our bed every year, it makes sense to get a good one. But where do you start to find a bed and a mattress that are just right for you? We spoke to readers about their recent dream-worthy purchases.

## Sue Day, British

“We love our huge four-poster master bed that I bought here in Singapore 20 years ago but our old mattress was falling apart so we decided to invest in something more comfortable.

When we started looking, I quickly realised that bedding has become much more sophisticated in recent years. There are now options for firmness for each side of the bed, new materials such as bamboo (allowing the mattress to “breathe”) and also washable covers.

I’d seen **European Bedding’s** adverts and a feature in *Expat Living* and I thought the mattresses looked interesting. The showroom is tucked away in a Tiong Bahru shophouse, which immediately makes it feel more comforting and homely than other vast bed showrooms. We were made to feel very welcome by Hanne, who clearly explained all the options and then left us to try at our leisure.

We eventually decided on the Heveya Natural Organic Latex Mattress III, and we also got two free pillows in the same material. Hanne provided care and cleaning instructions for the bed and covers, too.

But it didn’t stop there – the team who delivered our mattress also showed me how the parts of the mattress went together so I could remove the covers for



cleaning. They even took away our old mattress for disposal!

And the new mattress? Well, it’s wonderful – exactly the right firmness for each of us, while the topper is soft and just invites you to relax into sleep.

“We would definitely buy again from European Bedding.”

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