

## October 21, 2011



Acupuncture vs. Advil. Warrior's Pose or the P90X. Relaxing herbal tea vs. unwinding with an entire bottle of pinot.

Shop the intersection of East and West courtesy of the very-hip Courtney Barton, a former Lucky Girl who just returned home to Houston after two years soaking up the culture and scoping markets in Kuala Lumpur. The pro, who sharpened her fashion skills at Jill Stuart, Hollywould and Ralph Rucci, just launched Mela & Roam where she offers gorgeous handmade bedspreads, throws, textiles and baby blankets you won't find in the States. Each one-of-a-kind, reversible dohar is sourced in rich colors, some made with vintage saris.



Wrap up in an other-wordly quilt, then decide between Slumdog Millionaire and Millionaire Matchmaker tonight.

www.melaandroam.com