

# TAKE WHAT YOU NEED

@SHARELOVEEVERYWHERE

## COURAGE

Speak your mind, even if your voice shakes.  
—Maggie Kuhn

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## HOPE

You are full of unshaped dreams... You are laden with beginnings... There is hope in you..

—Lola Ridge

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## STRENGTH

The world breaks everyone, and afterward, some are strong at the broken places.

—Ernest Hemingway

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## LOVE

The only method of receiving love is to give love, because what we give out must come back.

—Lester Levenson

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## CONFIDENCE

If you hear a voice within you say 'You cannot paint,' then by all means paint, and that voice will be silenced.

—Van Gogh

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## JOY

The more you praise and celebrate your life, the more there is in life to celebrate.

—Oprah

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## BRAVERY

Courage is contagious. When a brave man takes a stand, the spines of others are often stiffened.

—Billy Graham

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## HAPPINESS

There is only one way to happiness and that is to cease worrying about things which are beyond the power of our will.

—Epictetus

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## FAITH

Faith is the art of holding on to things your reason has once accepted in spite of your changing moods

—C.S. Lewis

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## KINDNESS

We make a living by what we get. We make a life by what we give.

—Winston Churchill

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