

# LINNE

Clarifying Facial Treatment	60 / 90 MIN
For Clear, Calm, Luminous Skin	Approx. \$5/Treatment
<p>RISE &amp; REST Functional Fragrance</p> <p>REPLENISH Everywhere Oil</p> <p>CLEANSE Face Wash</p> <p>GLOW Face Mask</p> <p>PURIFY Face Wash &amp; Mask</p> <p>REFRESH Mineral Mist</p> <p>RENEW Face Serum</p> <p>BALANCE Face Oil</p> <p>REVIVE Eye Emulsion</p> <p>HARMONIZE Face Roller</p> <p>PROTECT Sunscreen</p> <p>SKIN TEA served hot or cold</p>	<p>This purifying, high-touch facial combines superlatively sourced, fresh-picked botanicals to balance sebum production, reduce inflammation, promote cellular turnover, promote hydration, a healthy microbiome and skin barrier.</p> <p>Our hyper-natural treatment includes a microbiome friendly cleanse, custom exfoliation, a pore-clearing mask, deep hydration, and a cocktail of vital nutrients including antioxidants and essential fatty acids.</p> <p>A sensual experience from start to finish, and combines various massage techniques to tone tissue, release tension, promote cellular oxygenation, circulation, lymphatic flow and luminosity.</p>

<p><b>Step 1</b></p> <p><i>Opening Ritual</i></p> <p>2 MIN</p>	<ul style="list-style-type: none"> <li>● Apply 1 drop of <b>REST Functional Fragrance</b> to your fingertips.</li> <li>● Gently apply the fragrance to the inner wrist of the guest.</li> <li>● Lightly wave your hands over the guest's face, inviting them to breathe deeply, allowing them to release any tension and to "let go".</li> <li>● Lightly feather over 3rd eye.</li> <li>● Repeat 2-3 times.</li> <li>● Place hands over guests head wrap, loosen scalp by using slow but firm circular movements. <i>(Helps to release tension in the face, relaxing the muscles for a better facial).</i></li> </ul>
<p><b>Step 2</b></p> <p><i>Pre-Cleanse</i></p> <p>3 MIN</p>	<ul style="list-style-type: none"> <li>● Apply <b>REPLENISH Everywhere Oil</b> using effleurage movements over face, neck and décolleté.</li> <li>● Thoroughly massage into the skin.</li> <li>● Remove the oil with a warm damp cloth.</li> <li>● Use a makeup remover to remove residual eye makeup.</li> <li>● Place cotton rounds over the eyes for comfort and perform a skin analysis.</li> </ul>
<p><b>Step 3</b></p> <p><i>Second Cleanse w/steam</i></p> <p>4 MIN</p>	<ul style="list-style-type: none"> <li>● Under steam, warm masque brush and cleanser.</li> <li>● Apply a generous amount of <b>CLEANSE face wash</b> to the face, neck, and décolleté using a masque brush.</li> <li>● Under steam, massage the cleanser into the skin. Perform cleaning massage using effleurage and friction movements.</li> <li>● Add water to your fingertips to create a gentle lather.</li> <li>● Gently remove the cleanser with a warm damp towel.</li> <li>● Use 4x4 cotton pads or a cotton swab to remove any residual makeup under the eyes.</li> </ul>

<p><b>Step 4</b></p> <p><b>Exfoliate</b></p> <p><b>8 MIN</b></p>	<ul style="list-style-type: none"> <li>● Pat skin dry.</li> <li>● Apply the <b>GLOW mask</b> to face and neck and décolleté and lip area (if no broken skin). <ul style="list-style-type: none"> <li>○ <b>GLOW</b> : gentle exfoliation, <b>GLOW + BAMBOO / GLOW + AHA</b> : medium exfoliation, <b>GLOW + BAMBOO + AHA BOOSTER</b> : advanced exfoliation.</li> </ul> </li> <li>● While the mask penetrates the skin, massage the neck and shoulders.</li> <li>● Remove the mask thoroughly with a cool to warm towel.</li> </ul>
<p><b>Step 5</b></p> <p><b>Optional Prep &amp; Extraction</b></p> <p><b>5 MIN</b></p>	<ul style="list-style-type: none"> <li>● (Optional: for stubborn congestion) massage a small amount of <b>NURTURE balm</b> into the skin to loosen impacted follicles and facilitate easier extraction. Remove excess oils with a warm towel.</li> <li>● Perform extractions if appropriate.</li> </ul>
<p><b>Step 6</b></p> <p><b>Clarifying Mask</b></p> <p><b>9 MIN</b></p>	<ul style="list-style-type: none"> <li>● Apply a thick layer of <b>PURIFY Mask</b> to congested areas using a masque brush.</li> <li>● While the mask is on, gently massage the scalp.</li> <li>● Removal: Add water to your fingers to loosen and froth the <b>PURIFY Mask</b>. Massage the skin with light strokes to dissolve the masks. Remove the mask completely with a damp towel.</li> </ul>
<p><b>Step 7</b></p> <p><b>Hydrate</b></p> <p><b>1 MIN</b></p>	<ul style="list-style-type: none"> <li>● Mist the skin generously with <b>REFRESH Mineral Mist</b> to hydrate and increase product penetration.</li> <li>● Spritz from high and let the fine droplets gently cascade down.</li> <li>● Press the essence into the skin.</li> </ul>
<p><b>Step 8</b></p> <p><b>Massage</b></p> <p><b>20 MIN</b></p>	<ul style="list-style-type: none"> <li>● Blend 2 parts <b>RENEW Face Serum</b> with 1 part <b>BALANCE Face Oil</b> (4-5 pumps serum to 2 pumps oil).</li> <li>● With hands, apply mixture to the face, neck, décolleté, shoulders, and upper arms.</li> <li>● Perform luxurious massage using effleurage, petrissage, and friction techniques.</li> <li>● Finish massage using a cool <b>HARMONIZE Face Roller</b>. Perform gentle long strokes from the forehead to the neck, promoting lymphatic drainage.</li> </ul>
<p><b>Step 9</b></p> <p><b>Eye Lift</b></p> <p><b>2 MIN</b></p>	<ul style="list-style-type: none"> <li>● Apply <b>REVIVE eye emulsion</b> using lifting effleurage and light tapotement to the entire area surrounding the eyes.</li> <li>● Use any excess product to smooth lines on the glabella and around the lips.</li> </ul>
<p><b>Step 10</b></p> <p><b>Protect</b></p> <p><b>2 MIN</b></p>	<ul style="list-style-type: none"> <li>● For a protected finish, perform a final soothing massage using <b>PROTECT Mineral Sunscreen</b> (during the day) or <b>NURTURE Balm</b> (in the evening).</li> <li>● Apply <b>NURTURE Balm</b> to seal and plump the lips.</li> </ul>
<p><b>Step 11</b></p> <p><b>Closing Ritual</b></p> <p><b>5 MIN</b></p>	<ul style="list-style-type: none"> <li>● With clean, dry hands, apply 1 drop of <b>RISE Functional Fragrance</b> over your hands.</li> <li>● Gently press the fragrance into inner wrists.</li> <li>● Lightly wave your hands over the guest's face and invite them to inhale deeply.</li> <li>● Conclude the service by saying, "With these invigorating aromatics, we conclude our service and wish you a marvelous (day/afternoon/evening)."</li> <li>● Serve <b>SKIN TEA</b> to the guest upon exit, accompanied by the following message: "<i>Enjoy this cup of herbal tisane, made with 13 organic and biodynamically grown fruits, flowers, leaves, and seeds to support skin health and overall well-being. Cheers to your health!</i>"</li> </ul>

<p><b>Optional Add-On</b></p>	<ul style="list-style-type: none"> <li>● Offer a scalp massage using the <b>REPLENISH oil</b> to provide additional relaxation and nourishment to the guest's scalp.</li> <li>● Perform reflexology techniques to release tension and promote overall well-being.</li> </ul>
<p><b>90 Min:</b></p>	<ul style="list-style-type: none"> <li>● Add time to massage and mask step. 15 MIN</li> <li>● Add foot &amp; lower leg treatment at end of treatment. 15 MIN <ul style="list-style-type: none"> <li>○ Wrap the feet with warm towels.</li> <li>○ Massage <b>NURTURE Balm</b> onto the feet and lower leg area.</li> <li>○ End by gently performing compressions down the legs ending at the feet to calm and settle.</li> </ul> </li> </ul>