

Body size: These are your own sizes which can be easily calculated using the data below. It is important to measure the circumference loosely (plus 1-2 cm). It is called allowance which ensures the comfortable fit.

Clothes measurements: The actual sizes of the clothes or accessories

SIZE GUIDE

WOMEN

International sizes					
XS	S	M	L	XL	XXL
Women's clothing sizes (EU)					
34	36	38	40	42	44
Women's clothing sizes (UK)					
6	8	10	12	14	16
Women's clothing sizes (US)					
2	4	6	8	10	12

MEN

International sizes					
XS	S	M	L	XL	XXL
Men clothing sizes (EU)					
40-42	44-46	48-50	52-54	56	58
Men clothing sizes (UK)					
34	36	38	40	42	44

WOMEN SHOE

European sizes											
34	35	36	37	38	39	40	41	42	43	44	45
English sizes											
1	2	3.5	4.5	5.5	6	7	7.5	8	9	10	11
US sizes											
3.5	4.5	5.5	6.5	7.5	8	8.5	9.5	10	11	12	13
Shoe size based on the inner length of feet											
21	21.5	22.5	23.5	24.5	25	25.5	26.5	27.5	28	29	29.5

MEN SHOE

European sizes											
40	41	42	43	44	45	46	47				
English sizes											
6.5	7.5	8	9	9.5	10.5	11.5	12				
US sizes											
7	8	8.5	9.5	10	11	12	12.5				
Shoe size based on the inner length of feet											
25	26	26.5	27.5	28	29	30	30.5				