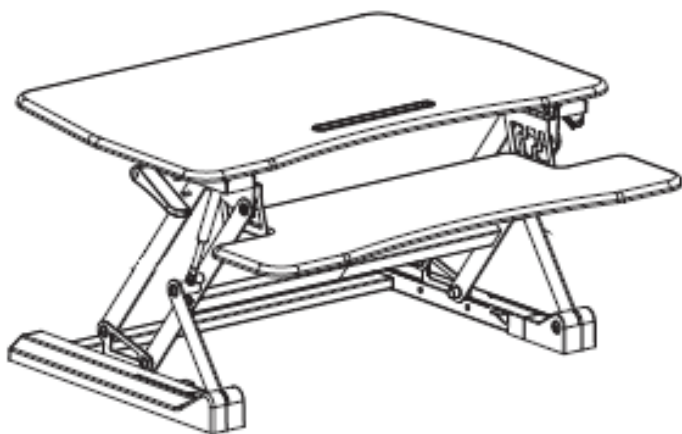


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## 36"x 22" Sit-Stand Desktop Workstation

### Instruction Manual



**SKU: DESK-V000DB**



Scan the QR code with your mobile device or follow the link for helpful videos and specifications related to this product.

<https://vivo-us.com/products/desk-v000db>



help@vivo-us.com



www.vivo-us.com



1-800-371-5654

## ⚠ WARNING!

If you do not understand these directions, or if you have any doubts about the safety of the installation, please call a qualified technician. Check carefully to make sure there are no missing or defective parts. Improper installation may cause damage or serious injury. Do not use this product for any purpose that is not explicitly specified in this manual and do not exceed weight capacity. We cannot be liable for damage or injury caused by improper mounting, incorrect assembly, or inappropriate use.

## PACKAGE CONTENTS



**A (x1)**  
Adjustable  
Desk Frame



**B (x2)**  
Keyboard  
Bracket



**C (x1)**  
Keyboard  
Tray



**D (x6)**  
Screw



**E (x1)**  
4mm Allen Key



**F (x1)**  
Cable Clip



**G (x2)**  
Cable Tie

## TOOLS NEEDED



Scissors



Phillips  
Screwdriver

## ⚠ WARNING

**PINCH POINT**  
DO NOT place hands on or near support bars. Moving parts can crush and cut. Pinch points are created during lifting and lowering the work surface. Failure to follow these instructions may result in serious personal injury.



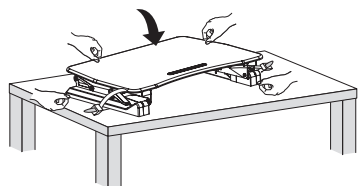
DO NOT EXCEED WEIGHT CAPACITY.  
Failure to do so may result in serious injury.

**33 lbs  
(14.97kg)**

## ASSEMBLY STEPS

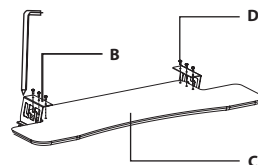
### STEP 1

Carefully remove desktop from packaging and set on table. Cut ties from desktop.



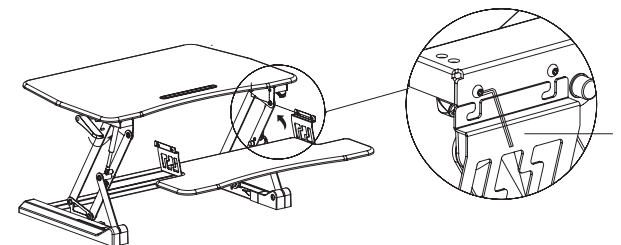
### STEP 2

Flip keyboard tray (C) upside down and attach brackets (B) to tray using six screws (D) and a Phillips screwdriver or Allen Wrench (E).



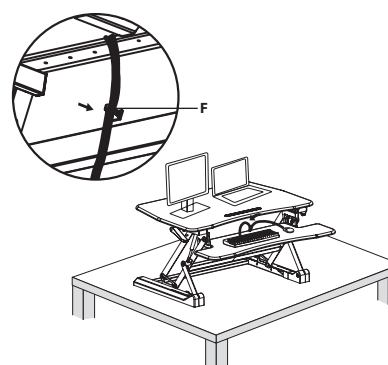
### STEP 3

Squeeze the handles on both sides and lift the desktop. Loosen the four bolts located on frame under desktop and attach brackets (B) using allen key (E).



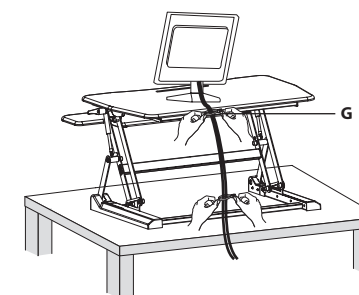
### STEP 4

Attach cable clip (F) where desired.



### STEP 5

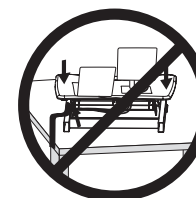
Manage cables using cable ties (G).



## ⚠ CAUTION!



Keep monitor and laptop base fully on the desktop.



Follow the cable routing instructions to avoid the potential to pinch cables.



Leave enough slack in cable to allow for full range of vertical motion (15" / 38 cm).



Raise desktop slowly to keep items stable.

Failure to follow these instructions may result in property damage and/or personal injury.



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Tag us in your photo! **@vivo\_us**

Last Updated: 10/11/2018



If any parts are received damaged or defective, please contact us. We are happy to replace parts to ensure you have a fully functioning product.



[help@vivo-us.com](mailto:help@vivo-us.com)



[www.vivo-us.com](http://www.vivo-us.com)



1-800-371-5654

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