



THE LANDERS

Adjustable - Height Desk System



INSTALLATION MANUAL

STEP 1

BEFORE YOU BEGIN

Congratulations on the purchase of your new Lander Desk! Enjoy the health and productivity benefits that come from using an active workstation. The Lander's technological advancements allow it to arrive 98% pre-assembled so you can get standing in minutes—no tools required.

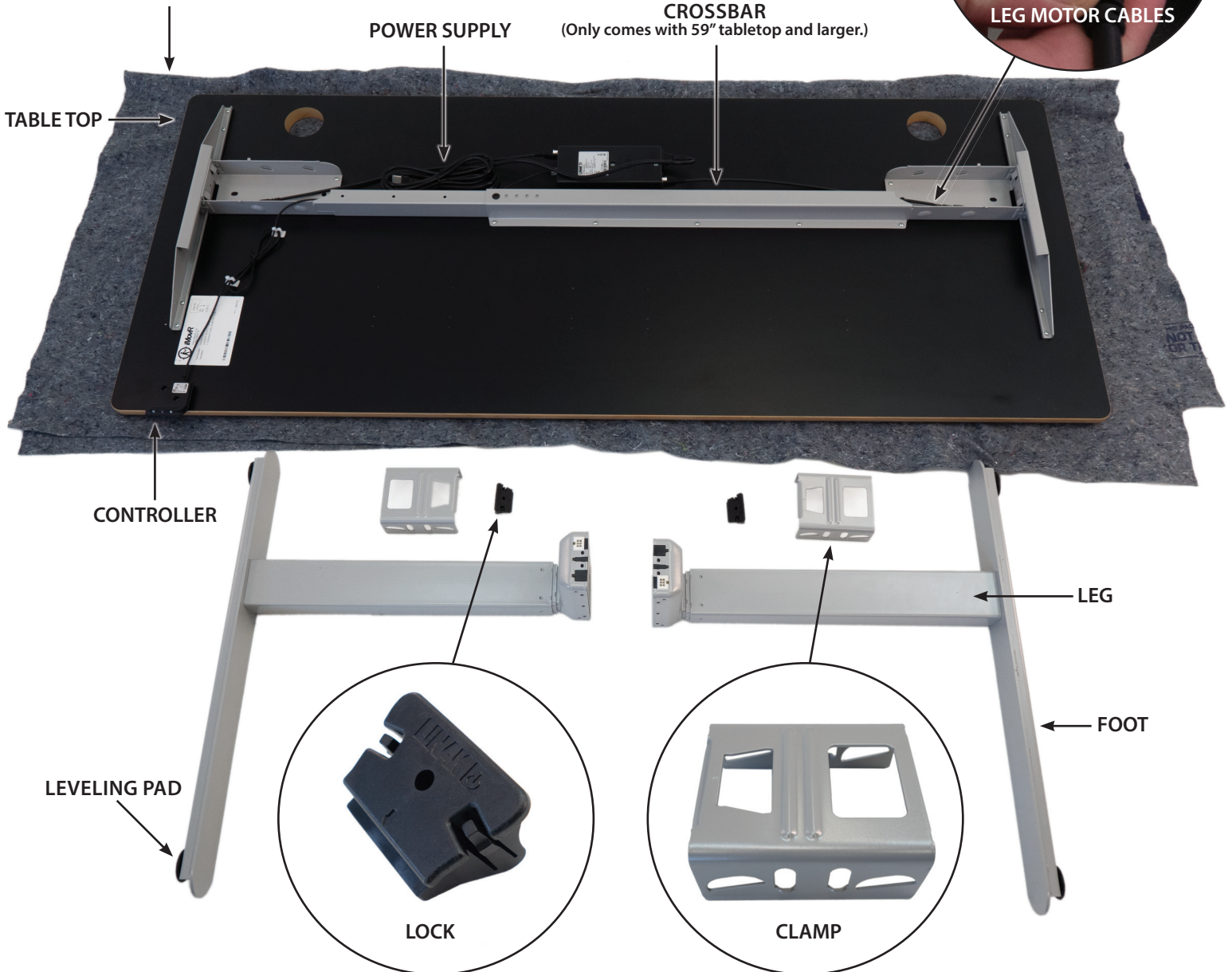


Note: Lander w/ SteadyType includes SteadyType keyboard tray items.

DESK ASSEMBLY PARTS

Place Tabletop upside-down on a soft surface.

BLANKET OR OTHER SOFT SURFACE

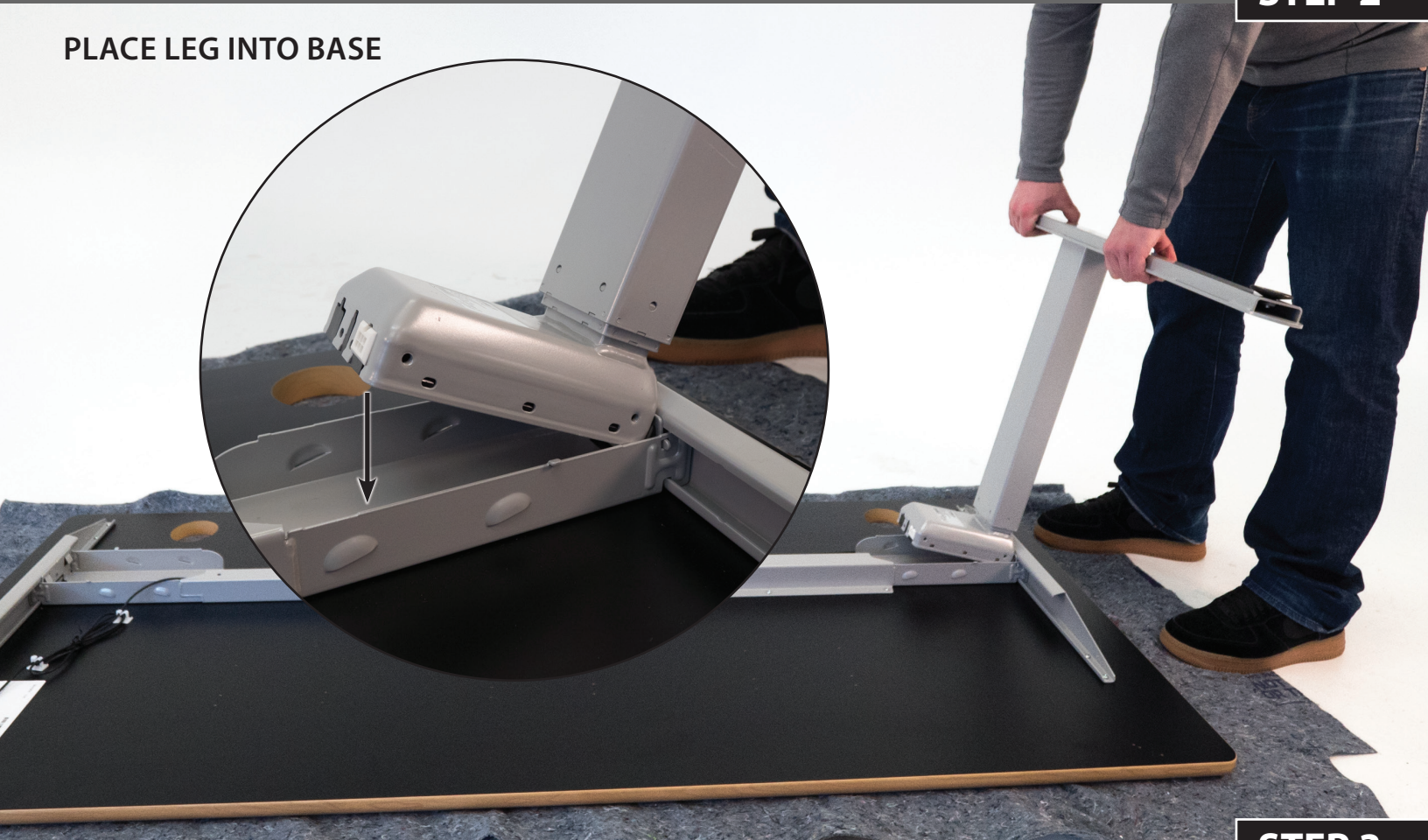


NO TOOLS REQUIRED!

ASSEMBLY INSTRUCTIONS

STEP 2

PLACE LEG INTO BASE



STEP 3

ATTACH LEG MOTOR CABLES TO LEG



STEP 4

PLACE CLAMP ON LEG AND PRESS DOWN



STEP 5

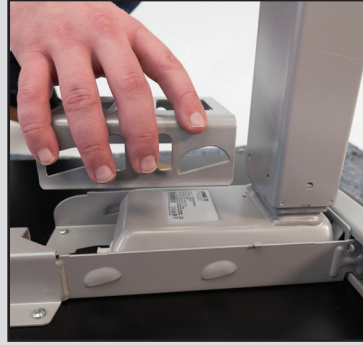
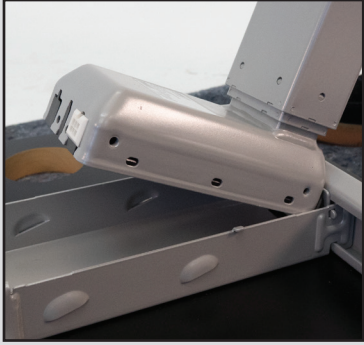
PLACE LOCK IN CLAMP

Firmly press the Lock into place using your foot. When you hear a clicking sound, the Lock is secured.



STEP 6

REPEAT STEPS 3-5 FOR OTHER LEG.



Note: When flipping the desk, do not roll it onto the edge with the controller.



STEP 7

FLIP DESK

Two people for this step.



PROGRAMMING YOUR CONTROLLER



Your Lander's advanced LED controller is designed to help you seamlessly transition to a healthy and active work day. Set your height favorites, get subtle reminders to stand, and quickly become a pro at using your active workstation.



Download the mobile app! For easy programming, advanced controller options, and instructions, visit: imovr.com/lander-app



SET YOUR FAVORITE HEIGHTS

Your Lander Desk can store up to 4 of your favorite height positions. It makes getting to your next position fast and easy.

Here's how you can set your height favorites:

1. Raise or lower your desk to the height you want to save.
2. Tap the "Star" button repeatedly until the display shows the position you want to save (1, 2, 3, or 4).

Note: Make sure not to tilt the controller.

3. Immediately press and hold the "Star" button for several seconds. (Note: You must do this while the position number is still flashing.)
4. After the controller finishes blinking, your height favorite is saved.

To erase all your height favorites, press and hold the "Star" button for 8 seconds.



RAISE OR LOWER YOUR DESK TO YOUR HEIGHT FAVORITES

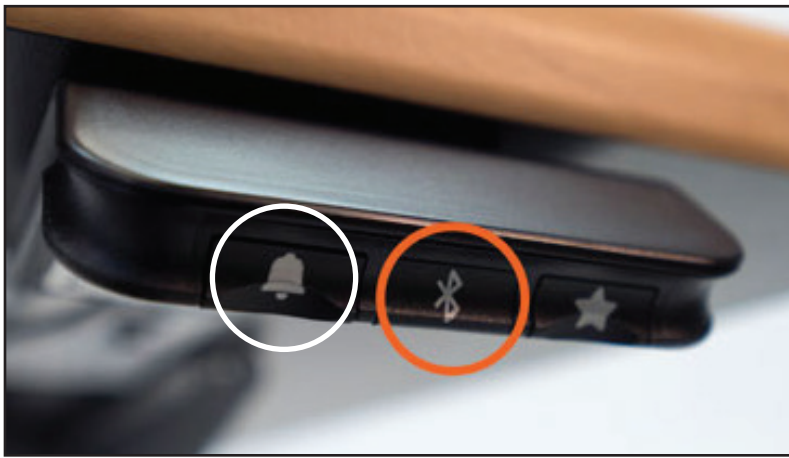
To raise or lower your desk to your nearest height favorite:

1. Tilt and hold the controller in the direction you want to move.
2. When the desk stops, your height favorite is reached.

To raise or lower your desk beyond a height favorite, continue to tilt the controller until the desk moves again.

Tip: Enable "automatic drive"! Reach a height favorite in just two taps of your controller. Download the mobile app and activate 'automatic drive' from the Settings tab.





SET YOUR REMINDERS TO STAND

Jumpstart your active workday routine with the Lander's standing reminders. Your default reminder is set for 90 minutes of sitting. When the color of your controller changes from green to orange, it's time to stand!

To change your reminder time (or turn it off), do the following:

1. Tap the "Bell" button until the display shows your preferred time (90 min, 60 min, 30 min, or Off).

Note: Make sure not to tilt the controller.

2. Your reminder is set.

The reminder interval automatically restarts each time you adjust your desk to a sitting position.

Important: The controller does not remind you to sit, as you should do this whenever you feel your body needs to rest.



Tip: To set your own custom reminder intervals, download the mobile app for iOS or Android.

www.imovr.com/lander-app



MORE CONTROLLER OPTIONS

Initialization:

1. Lower desk to its lowest limit. Release paddle. Hold paddle down for 5 seconds. Release.

Factory Reset:

1. Press and hold the "Star" and "Bell" buttons together for 8 seconds.
2. When the controller flashes red 3 times, the factory reset is complete.

Height Calibration:

1. Press and hold the "Bell" and "Bluetooth" buttons together for 5 seconds. The height in the display will begin to blink.
2. Tilt the controller up or down until the display shows the correct height measurement. (The desk will not move, only the display will change.)
3. Press any button to confirm your choice.

Note: Make sure not to inadvertently tilt the controller during these steps.



Switch to Metric (cm):

1. Press and hold the "Star" and "Bluetooth" buttons together for 5 seconds. The current measurement unit blinks.
2. Tilt the controller once to change units.
3. Press any button to confirm your choice.

STEADYTYPE USER GUIDE

SteadyType™ is iMovR's patented technology for healthy and comfortable typing at active workstations. By creating a natural posture for your arms and wrists, the SteadyType tray minimizes strain while typing—whether you're sitting, standing, or walking. Follow these steps to fine-tune your SteadyType's positioning according to your unique body dimensions and keyboard size.

STEP 1

TILT ADJUSTMENT

For strain-free typing, it's essential to keep your arms and wrists in ergonomically neutral positions. Tilting your keyboard tray accomplishes this ergonomic positioning, and reduces your risk of developing repetitive strain injuries like carpal tunnel.



To tilt your tray, loosen the knob under the tray and tilt the platform to your desired angle. Then re-tighten the knob.



We recommend starting at 20° and working up to 40°. Treadmill desk users should use steeper angles to better reduce pressure on the wrists from walking.

Tip: The ideal tension level blends firmness and flexibility. Tighten the rubberized knob until the platform tilts with two hands, but remains firm using one hand. Now there's no need to the loosen knob tension each time you move between sitting and standing – a faster transition!



KEYBOARD PLACEMENT

Finding the proper depth for your keyboard keeps you from over-extending your arms while you type or from leaning towards your monitor(s). The adjustable rubber bumpers slide forwards and backwards to position your keyboard at the ergonomically-correct depth.

Loosen the rubber bumpers by holding the nut underneath and twisting the rubber top counterclockwise. Re-tighten in the most comfortable position.

We recommend finding a keyboard depth that allows you to keep your elbows resting comfortably at your sides while you type.



TRAY HEIGHT ADJUSTMENT

Pinpointing the proper height for your tray could improve your typing comfort and efficiency. Depending on your body type and dimensions, some users prefer to raise their SteadyType™ platform one level.

To raise your tray, remove the 2 screws from the mounting bar, reposition the tray, and re-insert the screws through the upper set of holes.

This will set the tray near-parallel with the desk surface. While most users prefer the lower position, it could be worth experimenting to find your ideal positioning.



TROUBLESHOOTING

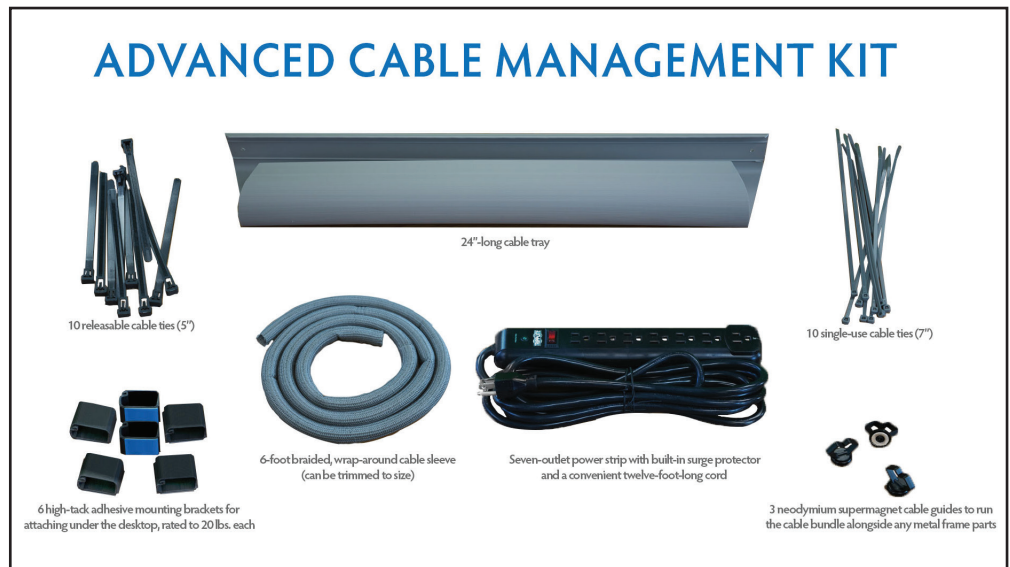
Symptom	Handling
Legs only move down and don't move up.	Initialize your desk (see instructions on p. 7 'More Controller Options'). Please contact your supplier.
E41-E52 displays on controller.	Overload. Lower the weight load on the tabletop.
E01 displays on controller.	Initialization.
Bluetooth app will not connect.	Re-download app. Restart mobile device. Ensure Bluetooth button on controller is activated.
One leg moves while the other does not.	Check the drive cable connection. Check to see if legs are perpendicular (at 90 degrees) to the desktop and the floor. If the legs are splayed inward or outward, the motor will not operate at an optimum level. Please contact your supplier.
The legs rise slowly.	Check to see if legs are perpendicular (at 90 degrees) to the desktop and the floor. If the legs are splayed inward or outward, the motor will not operate at an optimum level. Check that the weight load on the tabletop is not excessive.
E53-E64 displays on controller.	Collision. Make sure to remove obstacles from desk lifting path.
Table slides down on its own.	Check that the weight load on the tabletop is not excessive. Please contact your supplier.

FINAL TOUCHES

After connecting all the cables and testing that the desk is working properly, you may want to invest in a cable management kit. This is a smart way to tidy up all the loose or draped cables. iMovR.com offers a basic kit and an advanced kit.

Both are available at:

www.imovr.com/cable-management-video



PREVENTATIVE MAINTENANCE, CLEANING, WARNINGS AND GOOD-SENSE TIPS

CLEANING THE BASE

Clean the base frame by wiping it down with a microfiber cloth moistened with a standard household cleaning solution. Never use solvents or abrasive or corrosive compounds on the frame. The base should be cleaned at regular intervals to remove dust and dirt. Inspect for mechanical damage; worn or broken parts should be replaced.

CLEANING THE DESKTOP

All iMovR desktops are manufactured with a "3D lamination" process that results in an extremely durable surface, similar to what's often used in hospital environments. As such, it can stand up to most cleaning solutions without risk of discoloration or degradation. Anti-bacterial solutions may be used. Always test new cleaning solutions on a less-seen surface before first using on the entire desktop.

EXTENDED NON-USE

Unplug the power cord if you do not intend to use the desk for a long period of time.



WARNING

The components used are quite heavy and care should be exercised when lifting and moving the base and desk both during assembly and during use.

SPECIFICATIONS

Rated Lifting Capacity: 360 lbs.

Height Range: 24.5" - 50.5" including top, leveling feet fully closed, additional 0.5" height adjustment with levelling feet opened

Average Travel Speed: 1.6" per second

Controller Type: Bluetooth-enabled LCD Touch Paddle

Special Features: Anti-Collision Technology

Tabletop Lamination: Ergo-contoured 3D Lamination

Tabletop Thickness: 1.125"

Available Sizes

Depth: 30"

Width: 41", 47", 53", 59", 65", 71", 77", 83"

[65"-83" frames include a crossbar for extra support]

Available Colors:

Woodgrains

Light Maple
Almond Cherry
Hayward Cherry
Clove Mahogany
Urban Walnut
Shaker Cherry

Solids

Designer White (frosty)
Warm White (beige)
Putty
Shark Gray
Black

WARRANTY

iMovR warranty coverage includes a lifetime warranty on the steel frame, 10 years on the motors and electronics, and 5 years on the desktop.

THIS WARRANTY only covers defects as specified herein and does not include defects or damages attributable to improper installation, misuse or normal surface weathering, or defects or damages caused by accidents or fire or other casualty or Acts of God, or any other causes, or occurrences beyond the manufacturer's control. The exclusive remedial action provided for the customer hereunder shall be repair, restoration or replacement of the components as are found to be defective.

TABLE TOP: The replacement of new materials for those as may result in a color variance in comparison to the originally installed laminates due to slight color or texture changes by laminate manufacturers and is not indicative of a defect. IMovR reserves the right to substitute such laminates as are then being manufactured and is only obligated to match color and quality with such products as its manufacturing at the time of replacement.

ELECTRIC BASE FRAME: New base frames may have paint defects or scratches on components that are hidden beneath the surface of the desk, which are normal. Painted components that are normally visible to sitting or standing users after installation of the table top, that arrive in damaged condition, will be replaced under this warranty if iMovR is notified before the component is installed.

THIS WARRANTY is limited to repair, restoration and/or replacement by iMovR of any defective unit provided the manufacturer: (a) receives a written, faxed or e-mailed notice of claim under this warranty, including sufficiently high resolution photographs that clearly show the nature of the damage, and (b) within 30 days after notice of claim, is in receipt of the defective unit at its place of business, unless this requirement is waived by iMovR. The manufacturer will arrange for retrieval of the defective product via its carrier-of-choice. In some cases the manufacturer may elect not to retrieve the defective component, and may opt to send a replacement product based only on photographic evidence of warranted defects. If upon receipt and inspection of the returned component it is determined that the damage was not due to a manufacturing flaw but rather one of the exempted reasons stated above, the costs of shipping the units to and from the manufacturer, plus the cost of the replacement component, shall be charged back to the customer.

LIMITATION OF LIABILITY: IT IS UNDERSTOOD AND AGREED THAT MANUFACTURER'S LIABILITY, WHETHER IN CONTRACT, IN TORT UNDER ANY WARRANTY, IN NEGLIGENCE OR OTHERWISE, SHALL NOT EXCEED THE RETURN OF THE AMOUNT OF PURCHASE PRICE FOR THE DEFECTIVE ITEM PAID BY PURCHASER AND UNDER NO CIRCUMSTANCES SHALL SELLER BE LIABLE FOR SPECIAL, INDIRECT OR CONSEQUENTIAL DAMAGES. NO ACTION, REGARDLESS OF FORM, ARISING OUT OF THE TRANSACTIONS UNDER THIS AGREEMENT MAY BE BROUGHT BY THE PURCHASER MORE THAN ONE YEAR AFTER THE CAUSE OF THE ACTION HAS ACCRUED.

SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, AND SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATIONS OR EXCLUSIONS HEREIN MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS, WHICH VARY, FROM STATE TO STATE. THIS WARRANTY APPLIES ONLY IN THE U.S. AND CANADA. WARRANTIES OUTSIDE OF THE UNITED STATES MAY VARY. PLEASE CONTACT YOUR LOCAL DEALER FOR DETAILS.

TO OBTAIN warranty repair please contact the iMovR Customer Care Department with the contact information provided below.

iMovR Contact Information:

Phone: (888) 208-6770 or (425) 999-3550

Fax: (425) 999-3550

E-mail: customercare@iMovR.com

Live Chat: www.iMovR.com

Hours: See iMovR.com/hours

