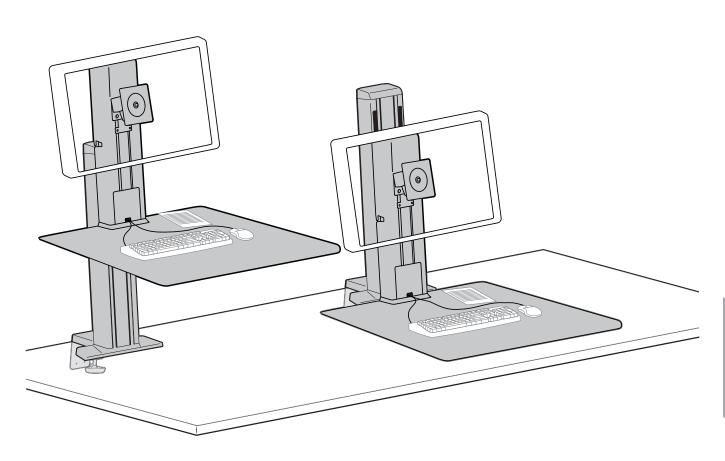


Workfit®-SR, 1 Monitor



Visit http://www.ergotron.com/workfit-sr-install for installation instructional video.



NOTE: 10 feet of cable needed for proper installation. Extra cables can be found at www.ergotron.com

For the latest User Installation Guide please visit: www.ergotron.com



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User's Guide - English Guía del usuario - Español Manuel de l'utilisateur - Français Gebruikersgids - Deutsch Benutzerhandbuch - Nederlands Guida per l'utente - Italiano Användarhandbok - svenska ユーザーガイド:日本語 用户指南 : 汉语 Do not throw away!
Cardboard blocks needed for installation.





www.ergotron.com

USA 1-800-888-8458 Europe +31 (0)33-45 45 600 China 400-120-3051

Hazard Symbols Review

These symbols alert users of a safety condition that demands attention. All users should be able to recognize and understand the significance of the following Safety Hazards if encountered on the product or within the documentation. Children who are not able to recognize and respond appropriately to Safety Alerts should not use this product without adult supervision!

Symbol	Signal Word	Level of Hazard
	NOTE	A NOTE indicates important information that helps you make better use of this product.
	CAUTION	A CAUTION indicates either potential damage to hardware or loss of data and tells you how to avoid the problem.
	WARNING	A WARNING indicates either potential for property damage, personal injury, or death.
(A)	ELECTRICAL	An Electrical indicates an impending electrical hazard which, if not avoided, may result in personal injury, fire and/or death.

Safety



Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.



Warning:

Because mounting surface materials can vary widely, it is imperative that you make sure mounting surface is strong enough to handle mounted product and equipment.



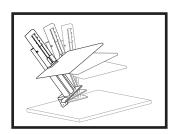
Caution:

Follow the instructions in this manual to securely clamp this product to your mounting surface. Failure to do so may result in equipment damage or personal injury.



Caution:

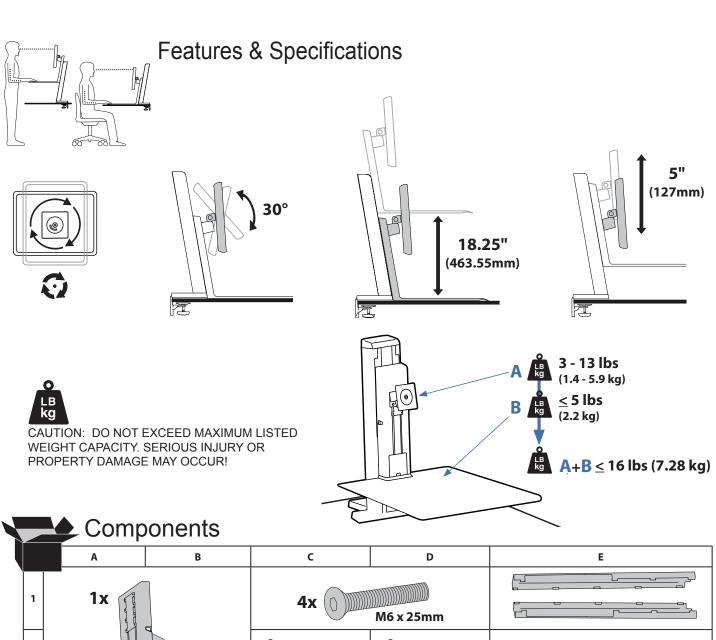
To avoid the potential to pinch cables it is important to follow the cable routing instructions in this manual. Failure to follow these instructions may result in equipment damage or personal injury.

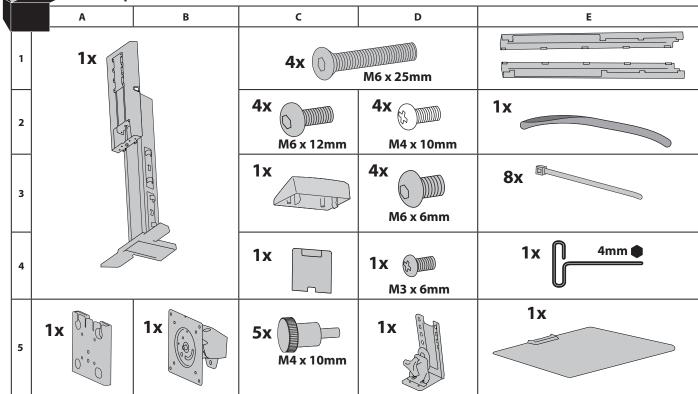




CAUTION! Tipping Hazard. Support the stand until the clamp is securely tightened. Failure to follow these instructions may result in the stand tipping over causing possible equipment damages and or personal injury.



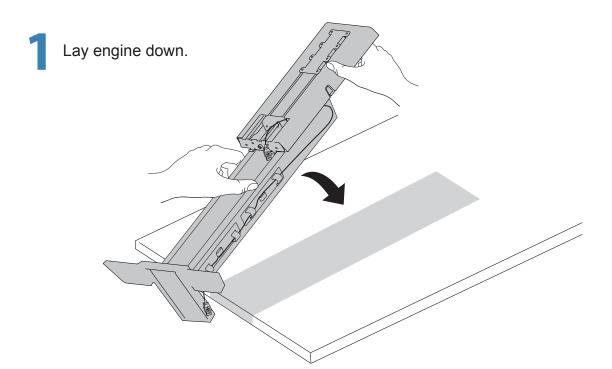




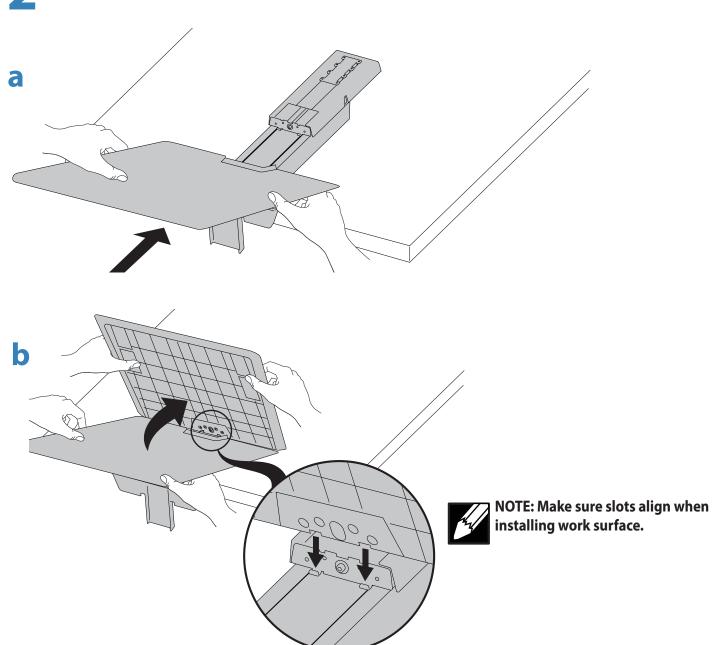
Tools Needed

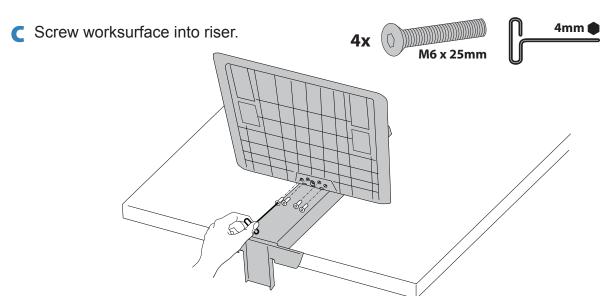


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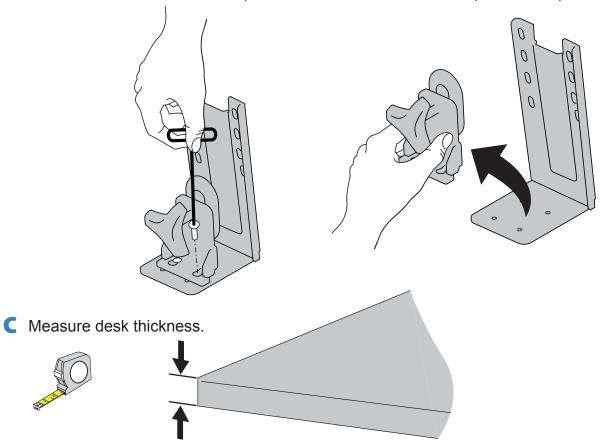


Attach worksurface to bottom of riser.

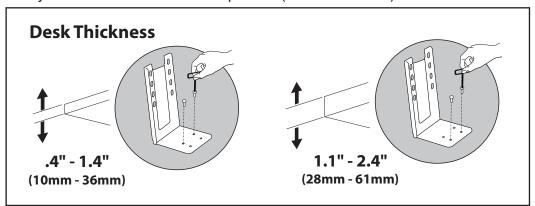




- 3 Disassemble desk clamp.
- a Remove two screws from clamp base.
- Remove clamp from clamp base.

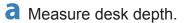


Partially reinstall screws into clamp base.(1.5 revolutions)

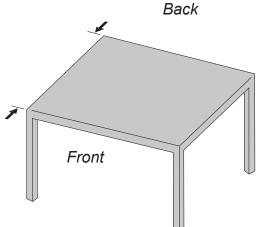


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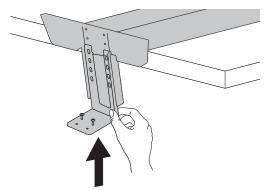
Secure clamp base to riser.

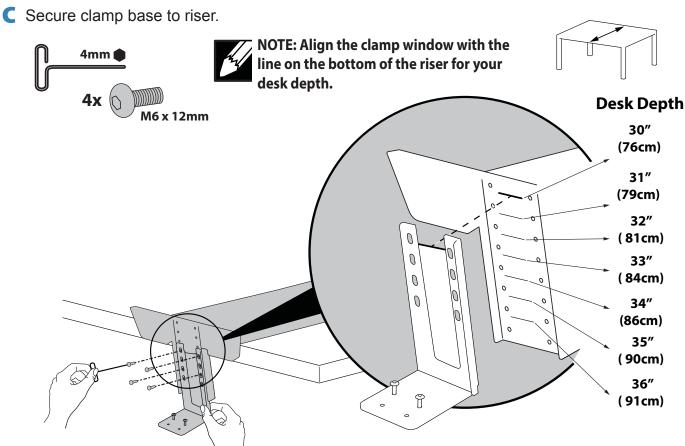




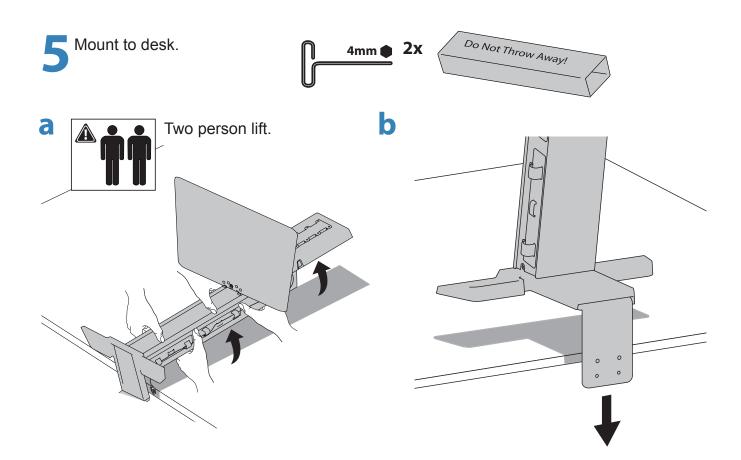


b Slide clamp base into bottom of riser.

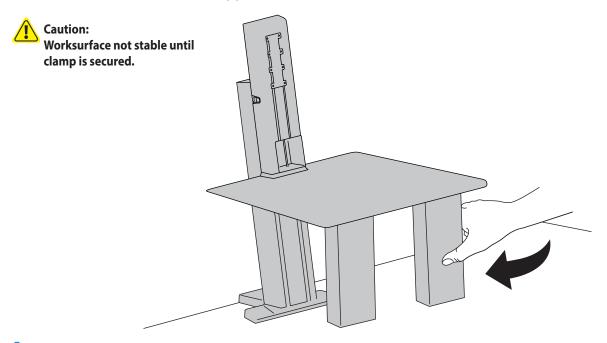




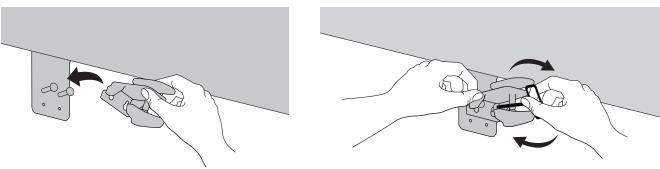
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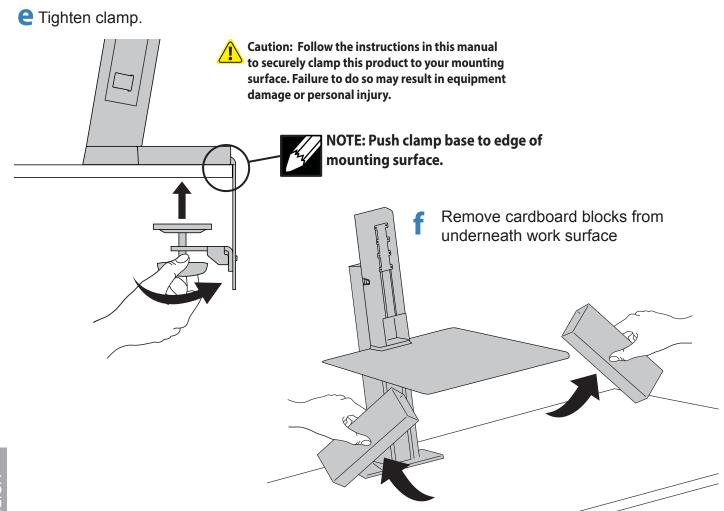
C Use cardboard blocks to support worksurface.

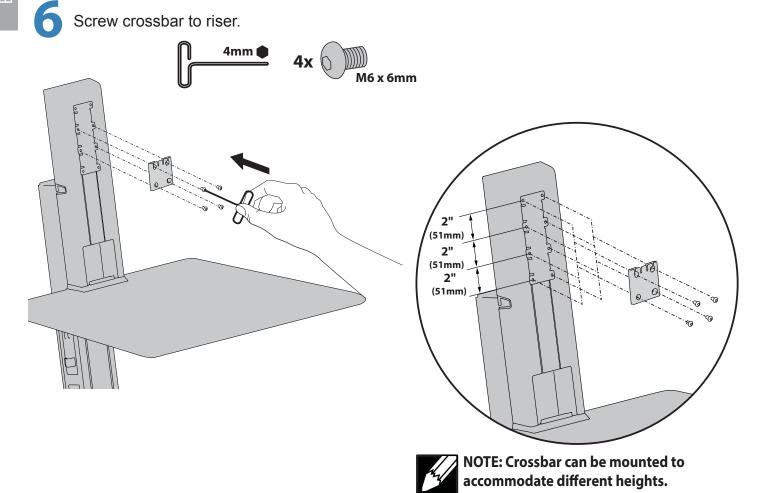


d Secure clamp to clamp base.

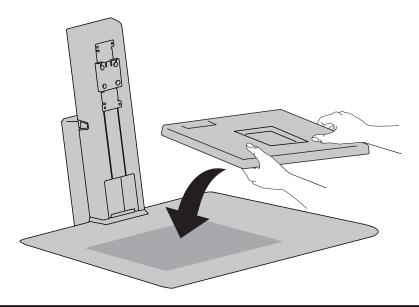


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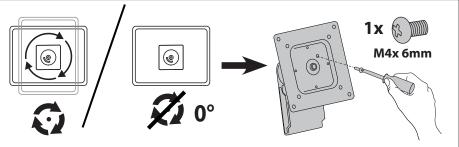




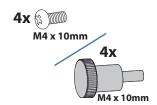
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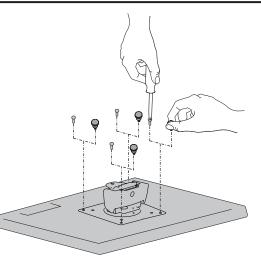


OPTIONAL: Insert stop screw to lock portrait/landscape monitor rotation.

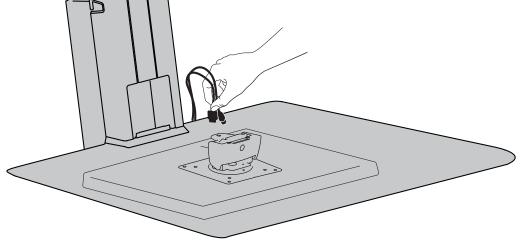


Attach monitor to mounting brackets.

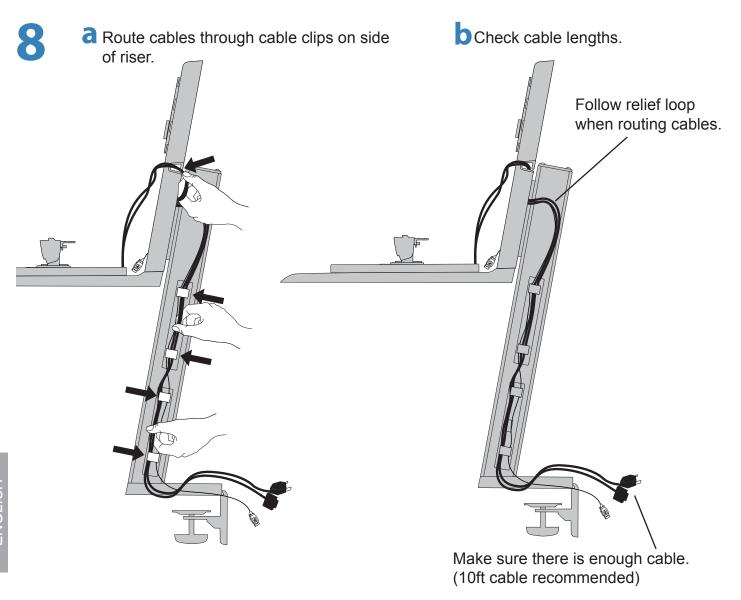




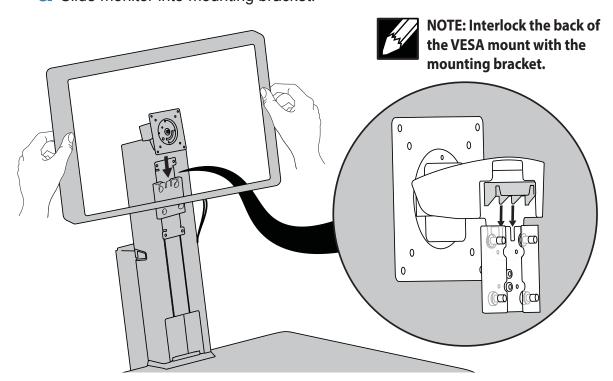
C Plug in monitor.



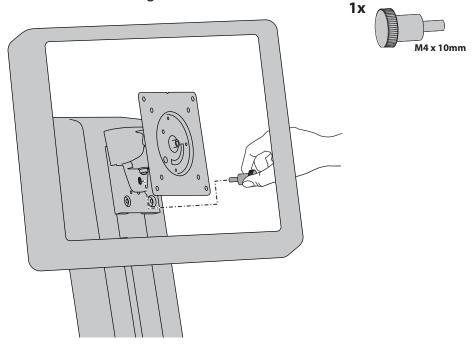
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Slide monitor into mounting bracket.

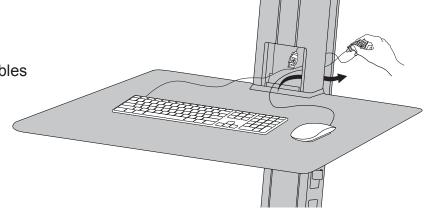


Secure VESA mount to mounting bracket.

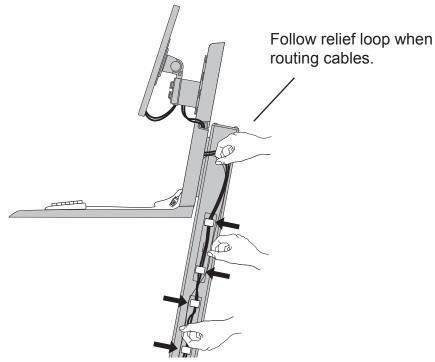


10

Keyboard and Mouse cables



Route mouse and keyboard cables through cable clips on side of riser.

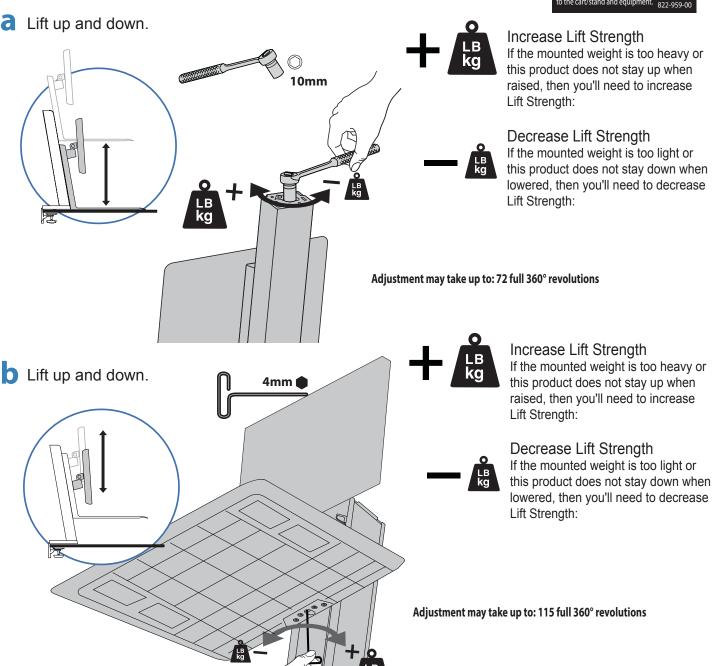


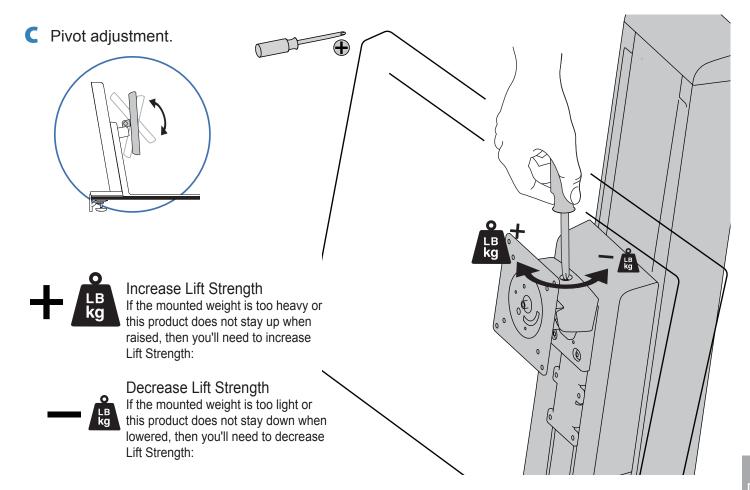
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11 Adjustment Step

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

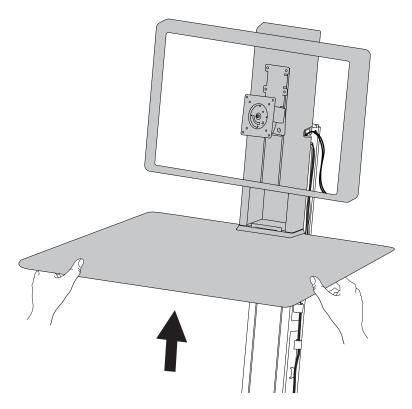




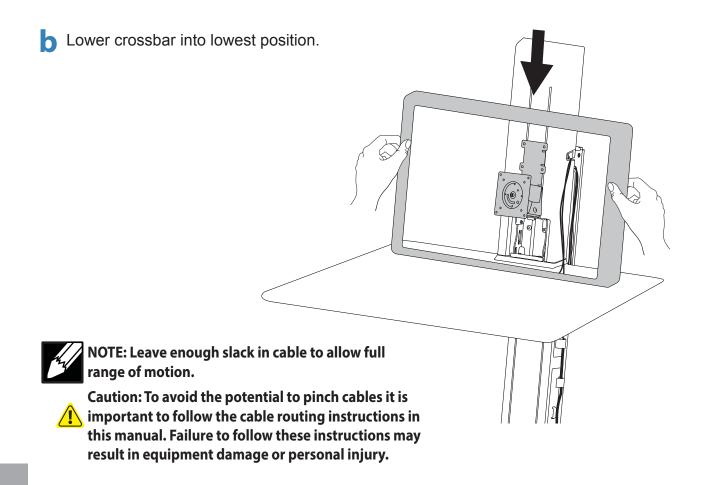


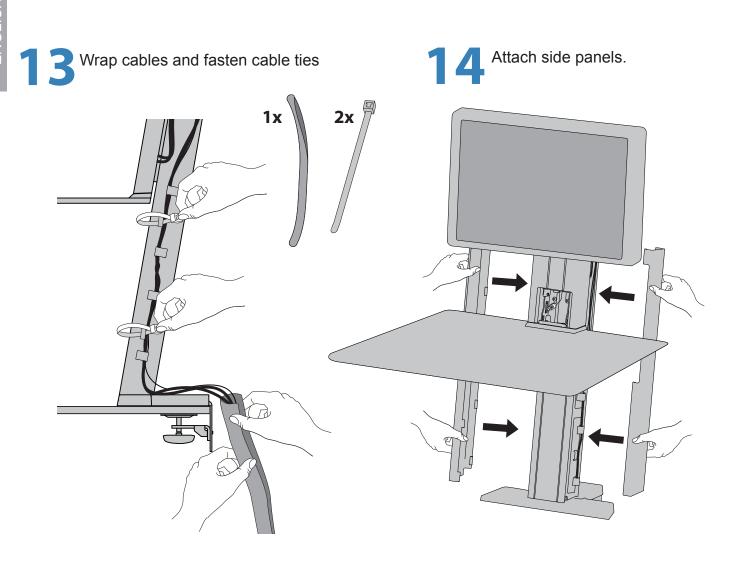
1 2 Test full range of motion

a Lift riser to highest position.



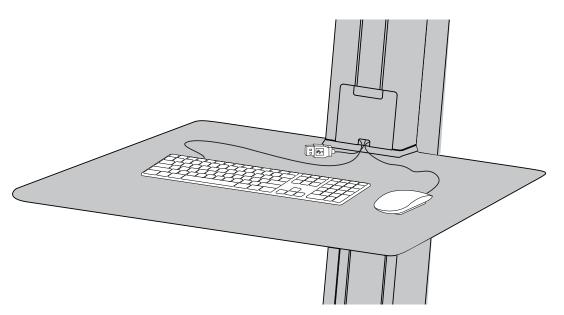
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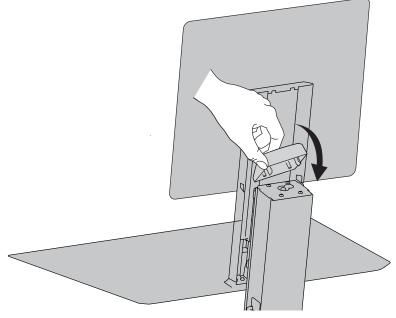


b





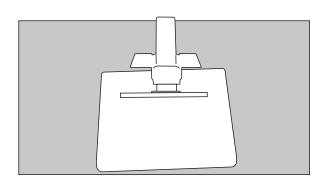




ENGLISH

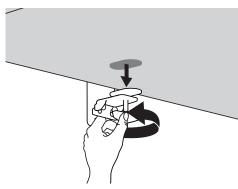
How to align worksurface to desk.

Follow these instructions if worksurface is not aligned to desk properly after installation.

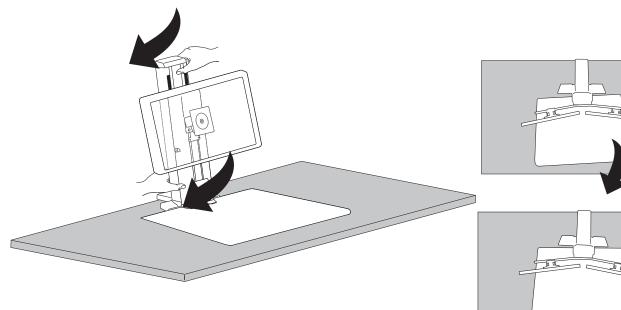


Top View

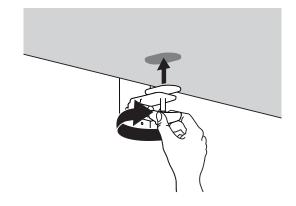


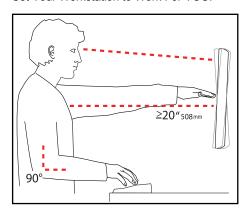


Rotate Worfit-SR so that worksurface is parallel to front edge of desk.



C Secure clamp to desk.





Learn more about ergonomic computer use at: www.computingcomfort.org

Height Position top of screen slightly below eye level.

Position keyboard at about elbow height with wrists flat.

Distance Position screen an arm's length from face—at least 20" (508mm).

Position keyboard close enough to create a 90° angle in elbow.

Angle Tilt screen to eliminate glare.

Tilt the keyboard back 10° so that your wrists remain flat.

To Reduce Fatigue

Breathe - Breathe deeply through your nose.

Blink - Blink often to avoid dry eyes.

Break • 2 to 3 minutes every 20 minutes • 15 to 20 minutes every 2 hours.

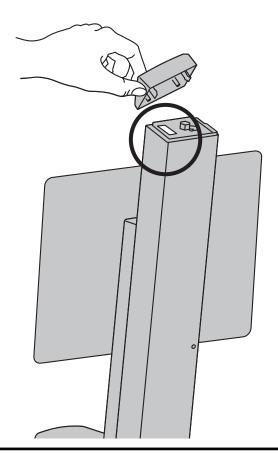
For Warranty visit: www.ergotron.com/warranty

For Service visit: www.ergotron.com

For local customer care phone numbers visit: http://contact.ergotron.com



NOTE: When contacting customer service, reference the serial number.



Americas Sales and Corporate Headquarters

EMEA Sales

1181 Trapp Rd. St. Paul, MN USA (800) 888-8458 +1-651-681-7600 www.ergotron.com sales@ergotron.com Amersfoort, The Netherlands +31 33 45 45 600 www.ergotron.com info.eu@ergotron.com

APAC Sales Worldwide OEM Sales

Tokyo, Japan www.ergotron.com apaccustomerservice@ergotron.com www.ergotron.com info.oem@ergotron.com

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