

SUGAR FREE LEMONADE

INGREDIENTS

3/4 cups of Sweet Like Sugar™

3/4 cup of freshly squeezed lemon juice Approx 8 cups of water

Optional:

Add fresh mint leaves or just a squeeze of your favorite fruit such as watermelon, blueberries etc.

INSTRUCTIONS

In a large heatproof pitcher, combine Sweet Like Sugar™ and 1 cup of just boiled water. Stir to dissolve the Sweet Like Sugar™, then add remaining 7 cups of cold filtered water & lemon juice.

Place in refrigerator to chill until you're ready to serve.

Serve over ice and garnish with fresh mint leaves.

PER SERVE

Calories	Net Carbs	Protein	Fat	Dietary Fibre
5	2g	0g	0g	0g