



STRAWBERRY VANILLA CREAM SHAKE

INGREDIENTS

5 Medium Strawberries

2 scoops Keto Shake Vanilla

5 drops, Sweet Leaf Sweet Drops Vanilla Cream

1 cup (240ml), Almond Milk (unsweetened)

1/4 cup, Ice

INSTRUCTIONS

Blend all ingredients in a blender, pour & enjoy! :)

Nutrition Facts

Servings 1.0

Amount Per Serving

calories 350

% Daily Value *

Total Fat 28 g 43 %

Saturated Fat 23 g 115 %

Monounsaturated Fat 2 g

Polyunsaturated Fat 1 g

Trans Fat 0 g

Cholesterol 0 mg 0 %

Sodium 620 mg 26 %

Potassium 260 mg 7 %

Total Carbohydrate 12 g 4 %

Dietary Fiber 7 g 28 %

Sugars 3 g

Protein 17 g 33 %

Vitamin A 10 %

Vitamin C 55 %

Calcium 51 %

Iron 6 %

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.