

Residential Memory Care Homes Is Small the New Big?

Tim Mills BS, HCA, RN
Owner & CEO of Health Care Concierge

Residential Memory Care Homes are a relatively new option in the Midwest. In Ohio they are referred to as Adult Family Homes or Residential Care Facilities. These homes are nestled into regular residential neighborhoods and are home to 3-5 residents. They are licensed and monitored by the state. Additional monitoring is provided by unannounced visits by the Longterm Care Ombudsman, who ensures and advocates the rights of each resident.

Residential Memory Care Homes provide non-medical custodial care. The services and amenities provided vary by facility. A private room, assistance with daily care needs, walking, bathing, dressing, toileting, meals, laundry, medication reminders, companionship, and a safe and secure environment are just to name a few.

Skilled care, such as those provided in a nursing home, can be brought into the home for needs such as physical/occupational therapy services. In home hospice care can also be provided to allow the resident to remain in the home until the end of life. These services are covered by Medicare.

Visiting physicians, podiatrist, hairdresser, and clergy are also an integral part of the model. Some facilities will offer a nurse advocate to monitor and advise family and residents on health care issues that may arise. For those suffering from memory loss, a small residential care home can be an ideal setting. The atmosphere is fostered by a high staff to resident ratio usually 1-2 caregivers for a maximum of five residents. This allows the caregivers to provide care at a more frequent level, both physically and emotionally.

Biography Based/Person Centered Care

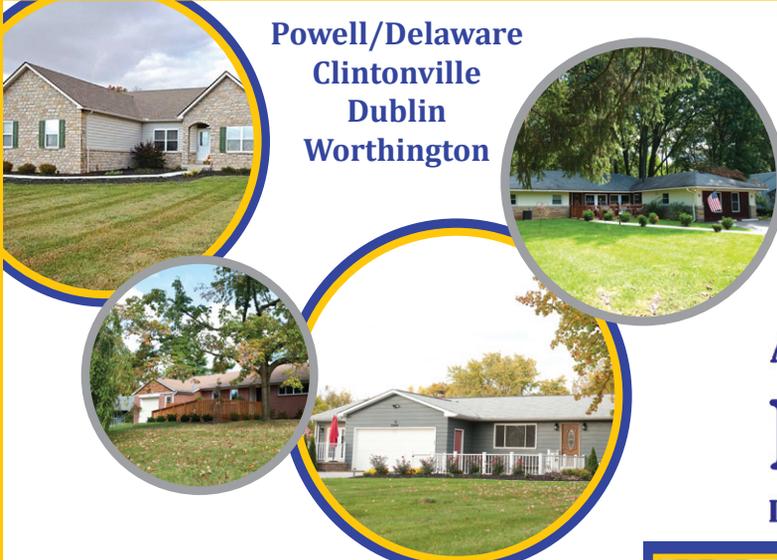
This type of care provides the resources to the caregiver to create brighter, better days. Each caregiver is trained using a tool that covers the residents' life and wishes; enabling them to serve that person by using information related to residents, family, career, likes and dislikes. For a memory care resident, this can provide a sense of familiarity and calmness as well as a sense of purpose.

What should I look for when searching for Residential Memory Care Homes?

1. Who owns and manages the home? Is the owner a nurse or other medical professional?
2. Is the home clean, well furnished with staff who are happy and engaging?
3. Is the home and its caregivers bonded and insured?
4. What training have the caregivers had and what background checks are performed?
5. How are meals prepared? Ask for a menu.
6. Are caregivers working shifts or are they live-ins.

The price tag for Residential Memory Care usually ranges from \$4,000 to \$7,000 per month depending on the facility. Most Adult Care Facilities are private pay, not covered by Medicare. Longterm Care Insurance and Veteran's Benefits are also a good source to pay for this level of care.

A Residential Memory Care Home is a good fit for many families and residents. Most homes can provide a level of care that honors the dignity and worth of each person while allowing them to age in place until the end of life.



**Powell/Delaware
Clintonville
Dublin
Worthington**

HEALTH CARE CONCIERGE

Customized In-Home Care

Presents

A Place to Call

MY HOME

Innovative Memory Care Residences

**In Your Home or Our Home
Available 24/7
(614) 846-HOME 4663
www.HealthCareConcierge.org
www.APlaceToCallMyHome.com**

