



DISASTER/STORM WORK PACKING LIST

Clothing Items:

(pack enough for 2 weeks)

Work Clothes & Gear

- FR Shirts
- FR Jeans
- FR Pants
- Work Boots

Other Clothing Items

- Good Work Socks
- Underwear
- T-Shirts
- Joggers or Athletic Shorts
- Casual Shoes or Sneakers
- Swim Trunks for Communal Showers
- Flip Flops, Crocs, or Water Shoes
(for showers and running around in the hotel)

**Depending on the Climate*

- FR Insulated Bibs or Coveralls
- FR Balaclava, Gloves, Hand Warmers
- FR Insulated Jacket
- FR Hoodie Sweatshirts
- FR Fleece Jackets
- FR Pocket Tees & Henleys for layering
- Rain Gear
- Winter Boots

Living & Comfort Items:

- Air Mattress
- Hammock
- Inverter
- Sleeping Bag
- Small Pillow/Blanket
- Solar Charger/Power Brick
- Tent
- Cash for Spending (plus hidden emergency cash)
- Dryer Sheets (to ward off spiders in boots or bags)
- Bug Spray
- Insect Repellent
- 90% Rubbing Alcohol & Spray Bottle
(to spray on the bed to ward off bed bugs)
- Good Flashlight with Extra Batteries and/or
- Hardhat Light with Extra Batteries
- Phone Charger for Car and Hotel (one of each)
- Reusable Laundry Bag (canvas or mesh)
- Rolls of Quarters
(for vending machines and laundry at hotel)

Personal Hygiene Items:

- 3-in-1 Bodywash/Shampoo/Conditioner
- Chapstick
- Deodorant
- Shaver/Razors/Shave Gel
- Gold Bond/Monkey Butt
- Toothpaste/Toothbrush
- Floss
- Mouthwash
- Q tips
- Lotion
- Sunscreen
- Loofah - Washcloth - Towel
- Wet Wipes/Baby Wipes
- Prescription Medications & Ointments
- Small First Aid Kit:
(Tums, Pain Reliever, Band-Aids,
Neosporin, Aquaphor, Vicks,
Allergy Meds, Tweezers/Sewing Needle)
- Ear Plugs
- Glasses
- Contacts/Contact solution
- Nail Clippers & File

Nonperishable Food/Snacks:

- Canned Meat/Tuna
- Cheese and Crackers
- Peanut Butter
- Granola bars
- Trail Mix or Mixed Nuts
- Jerky
- Protein Bars
- Water
- Gatorade

Severe Disaster/Unknown Length of Stay:

- Add an additional week's worth of clothing
- Plug-In Lunch Box Cooler (to hold ice)
- JetBoil (or other backpacking stove)
- Small BBQ Grill
- LifeStraw (or other personal water filter)
- Tegaderm (to protect wounds if needed)
- Industrial Umbrella