



Resources referenced in the I am Moving, I am Learning overview virtual training

help@choosykids.com - use if you experience any technical difficulties during the training or have any questions about the training or the training resources.

trainer@choosykids.com - 14-day post training access to your trainer.

facebook.com/groups/710848046178199 - join the Choosy Kids I Am Moving, I AM Learning Facebook page to share, support, and collaborate on all things IMIL!

choosykids.com/imil - watch IMIL's unique approach for active learning.

youtube.com/watch?v=SFnMTHhKdkw&vl=en - Rita Pierson's Ted Talk.

choosykids.com/ml - IMIL implementation resource (print version).

choosykids.com/digitalml - IMIL implementation resource (digital version).

youtube.com/watch?v=4SJ3T6EM3qU - Taylor Mali, An Apple a Day is Not Enough.

health.gov/sites/default/files/2019-09/Physical_Activity_Guidelines_2nd_edition.pdf - Physical Activity Guidelines for Americans.

choosykids.com/imil-resources - valuable IMIL resources in English and Spanish.