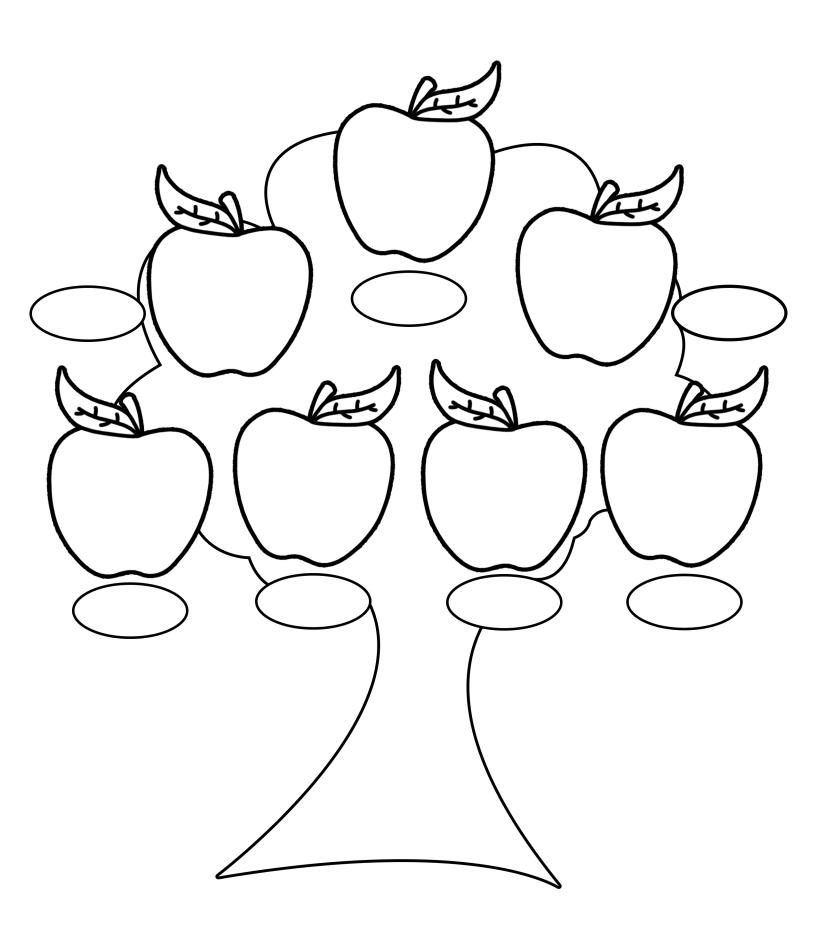
My Belonging Tree



My Belonging Tree

A sense of belonging—feeling valued, connected to others, and a part of something greater—gives children the emotional strength to overcome challenges and difficulties that emerge in their daily experiences.

Materials: Printable template, crayons, art supplies

Estimated Time: 30 minutes





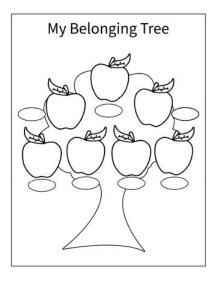
Optional Pre-Activity Fun

(Use with Spencer's Wondrous Wish storybook and music CD found in the Choosy Kids Digital Media Subscription package)

Before doing this activity, read *Spencer's Wondrous Wish* and ask your child to watch and listen for times when the characters might feel like they belong or are connected to others. Or, play the song, "*Sweetwater Slide*" to help promote a discussion about what it means to belong and be a part of a group.

Step 1

Print template.



Step 2

In each of the apple images, ask your child to draw a picture of a family member, friend, or animal they feel close or connected to. Make sure your child also draws and colors a self-picture in one of the spaces so he can be a part of the group.



Step 3

Ask your child to write the person or animals name under the picture. For younger children, ask them to tell you the person or animals name and write it for them.



Step 4

Ask your child what it feels like to be a part of a group. Give examples like being a part of a family, school class, or a sports team— a part of something greater than himself.