



Presents

## **Move and Learn with Choosy**

### **AGENDA**

#### **The Foundation: I Am Moving, I Am Learning (IMIL)**

- Unique features of IMIL
- Who/what influences healthy choices and preferences
- Active learning

#### **Increasing the Quality of Movement Experiences**

- Moving the body with the brain in mind
- Teaching excellence in the motor domain
- Experiencing vocabulary

#### **Active Learning Across the Curriculum and in Daily Routines**

- Learning to move, moving to learn
- Increasing physical activity throughout daily routines
- Integrating physical activity and nutrition in all curriculum areas
- Music as a teaching tool

#### **The *Move and Learn with Choosy* System: A Curriculum Enhancement**

- Supporting adult-child interactions, shared thinking, and conversations
- The “system” components
- Field trip through a song module
- Implementation examples
- Encouraging family engagement
- Supporting staff wellness and self-care