

I'm Moving I'm Learning (Track # 1)



I'm learning what, what, what (what, what, what)

What my body does (what my body does) Like bend...

And stretch....

I'm learning how, how, how (how, how, how) How my body moves (how my body moves) Like fast.... And slow....

I'm learning where, where, where (where, where, where)

Where my body moves (where my body moves) Like high.... And low....

I'm moving with, with, with (with, with, with) With my Choosy friends (with my Choosy friends) Now everybody dance and sing

Everybody dance and sing

(I'm moving, I'm learning) (x2) I'm learning to move, and I'm moving to learn So come on everybody help me sing this song

(I'm moving, I'm learning) (x2) I'm learning to move, and I'm moving to learn So I have a healthy body my whole life long

I'm learning what, what, what (what, what, what) What my body does (what my body does) Like twist... And turn.... I'm learning how, how, how (how, how, how) How my body moves (how my body moves) Like start.... And stop....

I'm learning where, where, where (where, where, where) Where my body moves (where my body moves) Like forward.... And backward....

I'm moving with, with, with (with, with, with) With my Choosy friends (with my Choosy friends) Now everybody dance and sing Everybody dance and sing

(I'm moving, I'm learning) (x2) I'm learning to move, and I'm moving to learn So come on everybody help me sing this song

(I'm moving, I'm learning) (x2) I'm learning to move, and I'm moving to learn So I have a healthy body my whole life long

I'm moving, I'm learning (Yay!)

Hand signs and movements for this song are available on our Sign and Move DVD. More information about Sign and Move is available on our website.