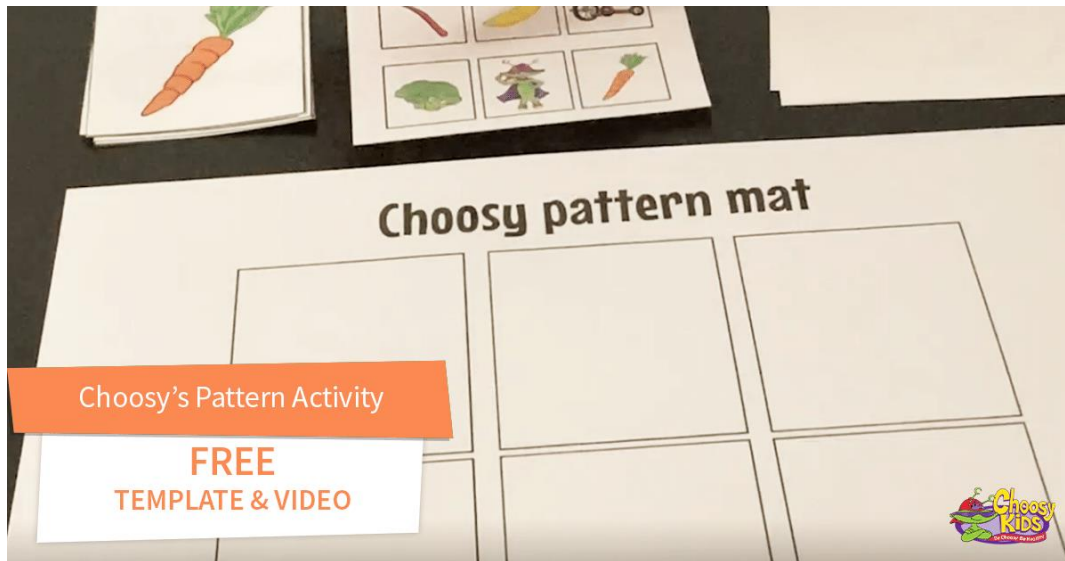


# Choosy's Pattern Activity

Choosy's pattern mat activity is an inexpensive way to teach young children the basics of matching and organizing information. With Choosy's healthy options as the focal point for the matching activity, adults can encourage young children to discuss healthy habits throughout the game.

Materials: Printable template, scissors

Estimated Time: Less than 30 minutes



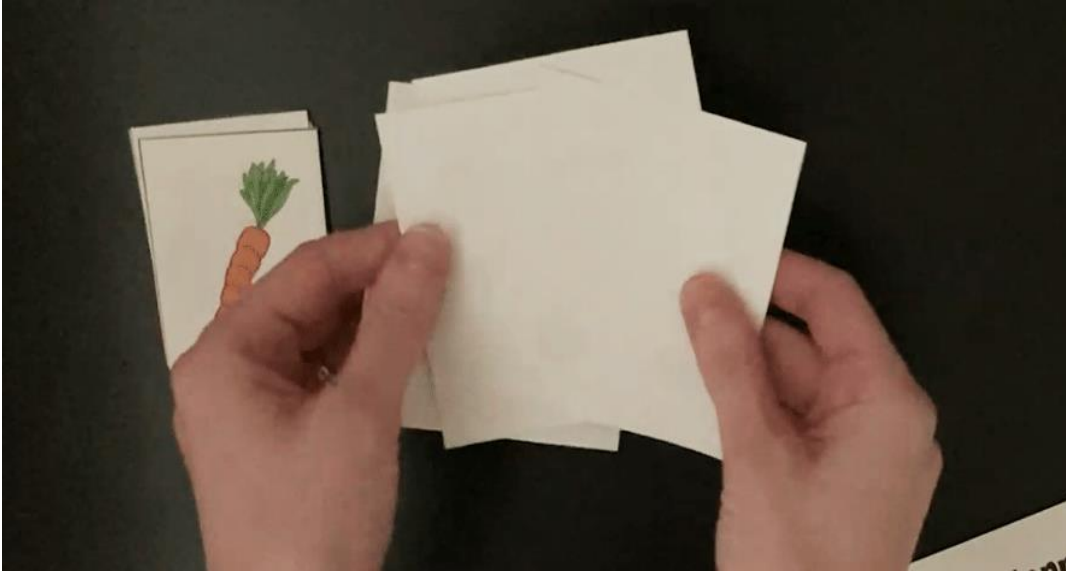
## Step 1

Print and cut templates. The FREE template is available to download at [choosykids.com](http://choosykids.com).



## Step 2

Shuffle the pattern cards.



## Step 3

Draw a card and complete the pattern.

