



Jump



Balance



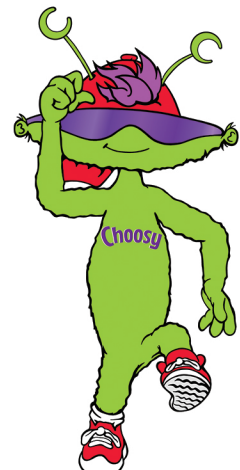
March



Salta



Equilibrar



Marcha

Like Choosy

Como Choosy





Crave your F.A.V.



Brush your teeth



Play everyday



Antojos de F.Y.V.



Cepilla tus dientes

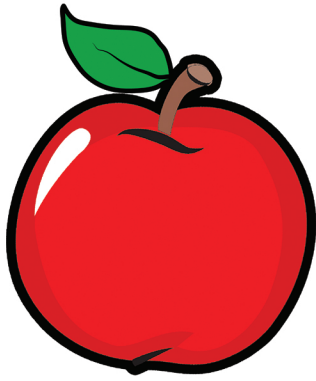


Juega cada dia

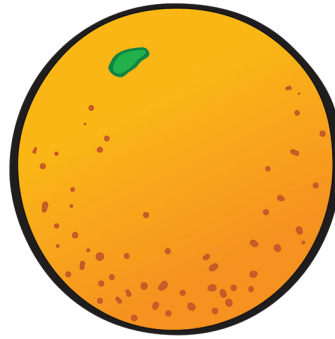
Choosy says,

Choosy dice,

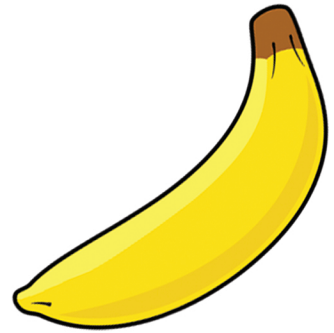




Apple



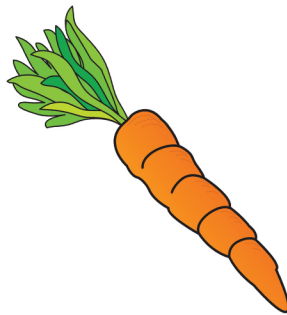
Orange



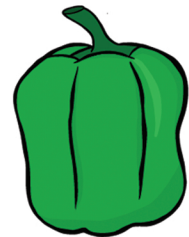
Banana



Broccoli



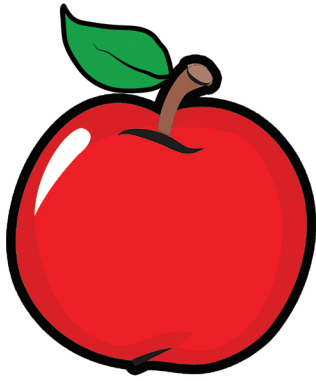
Carrot



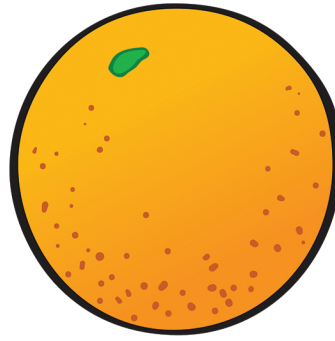
Pepper

F.A.V. of the day

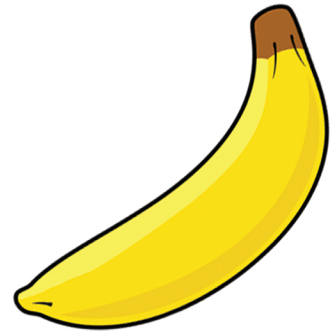




Manzana



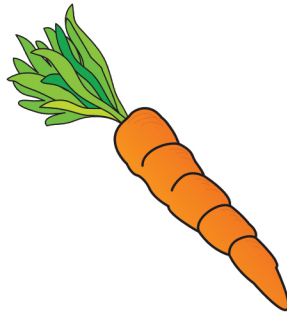
Naranja



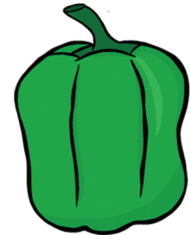
Banano



Brócoli



Zanahoria



Pimienta

F.Y.V. del día



# Choosy's Healthy Option Cups

Create hours of fun and active learning with Choosy's new dual-language healthy option cups. Choosy says, "Turn the cups and let's complete the healthy option together!"

Materials: Printable template, scissors, paper cups, glue, pencil, craft knife

Estimated Time: Less than 30 minutes



## Step 1

Print and cut templates. The FREE template is available to download at [choosykids.com](http://choosykids.com).



## Step 2

Trace your image template in the center of your first paper cup. Use a craft knife to cut out the traced area.



## Step 3

Put the two cups together and trace the cut area onto the second cup. You will want to start tracing at the end of the cup and twist so each image gets an area with no overlap.



## Step 4

Glue your image templates to the second cup on the areas you previously traced. Let dry.



## Step 5

Glue your text template to the first cup.



## Step 6

Put the two cups together and twist to reveal each image.

