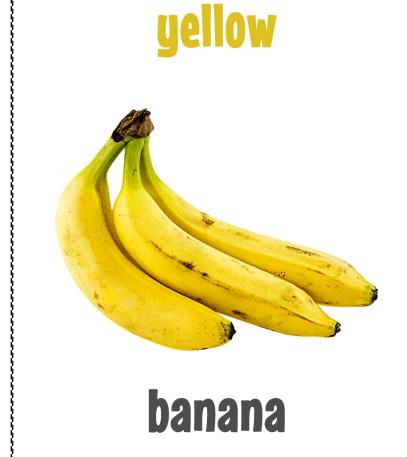


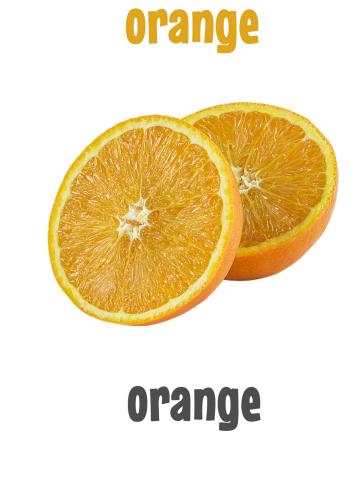
NOT SO HEALTHY

red

apple







red



tomato





broccoli

yellow



pepper

orange



pumpkin



cookies



doughnut



fries



hamburger

Choosy Car

Choosy's car is a great inexpensive toy for any child! In addition to promoting fine motor skills, problem-solving skills, and creative expression, Choosy's bonus game encourages healthy habits. Engage children with questions like, "Choosy likes healthy foods and tries to avoid foods that are not so healthy. What's your favorite healthy food?"

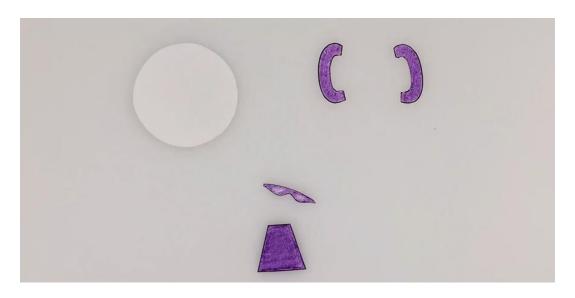
Materials: Printable template, scissors, 4 paper fasteners, hole puncher, glue, paint, cardboard tube, purple crayon, small craft stick, pencil, paint brush, craft knife, scrap cardboard, tape

Estimated Time: 30 minutes

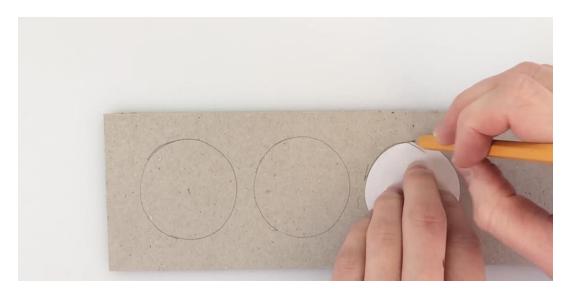


Step 1

Print, color, and cut template. Be sure to color both sides of Choosy's cape. The FREE template is available to download at choosykids.com.



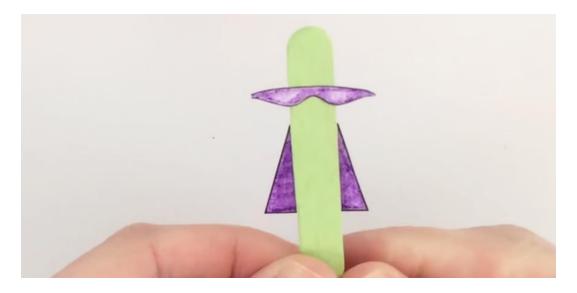
Use the wheel template to trace 4 wheels onto a scrap piece of cardboard.



Step 3Paint the wheels, carboard tube, and craft stick. Let dry before cutting or gluing.



Glue Choosy's glasses and cape to the craft stick.

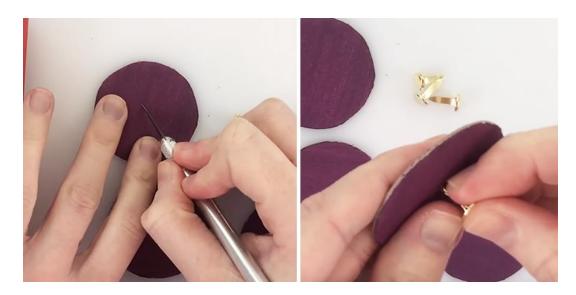


Step 5

Use a hole puncher to make holes in the cardboard tube for the wheels to attach.



Use a craft knife to cut holes in the center of the wheels to insert the paper fasteners.

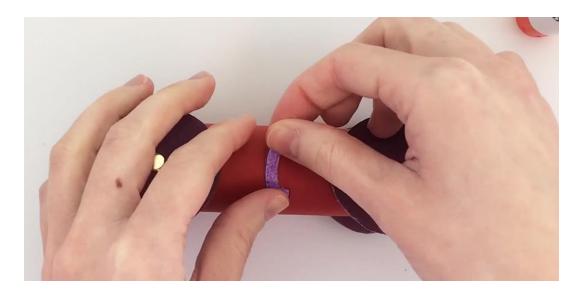


Step 7

Attach the wheels.

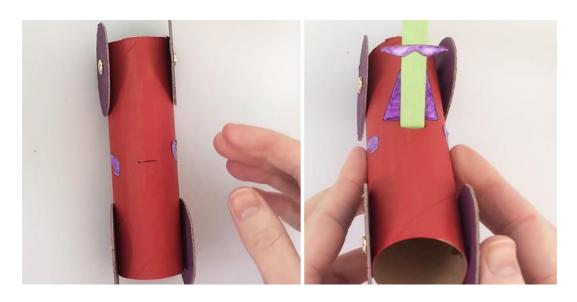


Decorate your Choosy car.



Step 9

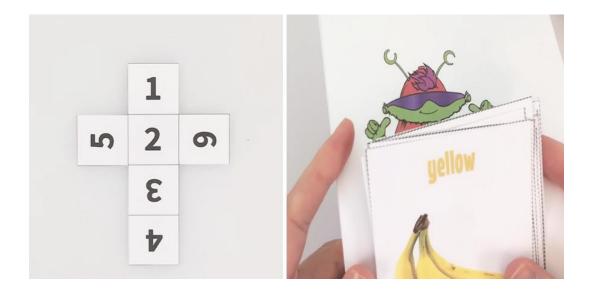
Cut a hole in the top of the cardboard tube to insert your craft stick Choosy.



BONUS GAME

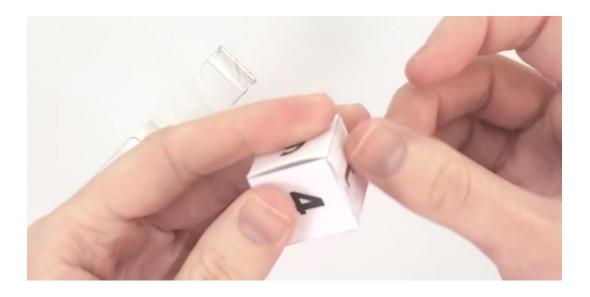
Step 1

Print and cut templates. The FREE templates are available to download at choosykids.com.



Step 2

Fold and tape dice.



Arrange cards on any surface. Take turns rolling the dice to play Choosy's Healthy and Not So Healthy sorting game.

