

STAYCATION IDEAS



RESET

- donate
- declutter
- rearrange
- goal setting
- fix sleep schedule
- practice gratitude



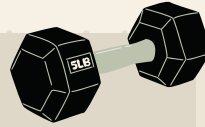
READING

- re-read a fave
- buy a new book
- read outside
- read w/ ambience
- ask a friend for a recommendation
- read in bed



NO-SPEND ACTIVITY

- art project
- call a friend
- volunteer
- practice photography
- finish a puzzle
- visit your library



SELF-CARE

- workout
- no screen time
- cozy game
- journaling
- slow mornings
- baking



ADVENTURE

- long walk
- new-to-me small business
- museum
- learn a new skill
- catch a sunrise from a scenic spot
- act like a tourist in your town



DINNER

- have your fave dinner
- a new-to-you dish
- takeout
- breakfast for dinner
- your fave dessert after dinner
- a new-to-you restaurant

