

50+ journal ideas for parents, including 2 printable spreads (*)

1. Weight/height tracker
2. Indoor activity ideas
3. Outdoor activity ideas
4. School term dates
5. Pocket money tracker
6. Chore charts
7. Key items of clothing owned and size
8. Funny things my children say *
9. School uniform/sports kit owned including sizes
10. Local activity timetable
11. Places to visit
12. Child friendly vacation locations
13. Passes owned for family days out *
14. School achievements
15. First books they loved
16. Reading level tracker
17. Footwear owned with sizes
18. Discount codes for child friendly shops
19. Gift ideas tracker
20. Birthday/Christmas gifts purchased
21. Warranties for child equipment/ date of purchase
22. Car seat information
23. Birth Information
24. Local child friendly walks
25. Easy bike trails with the kids
26. Newborn feeding tracker
27. Vaccination record and notes
28. Gifts received and thank you notes written
29. Birthday party planning spread
30. What's in the 'present' regifting box
31. Birthday dates of friends
32. Weaning ideas
33. Teacher name/class info/school contact details
34. School Logins and Password
35. Sleep and nap routines
36. Meal we all enjoy
37. Packing lists for vacations with the children
38. Contact information for local childcare
39. Emergency contact list
40. Medical information - allergies/medication
41. Morning/Bedtime routines
42. Monthly memories
43. Milestones met
44. List of recommended books and podcasts for parents
45. Self-care ideas for parents
46. Club schedule and pick up times
47. Back to school supplies list
48. Sports team fixtures and results
49. School trips and themed days
50. Homework timetable
51. Laundry instructions for delicate items
52. Favorite bakes
53. Favorite childhood movies to show the children
54. School holidays planner

Annual Pass Tracker

Cost						
Expiry						

Cost						
Expiry						

Cost						
Expiry						

Cost						
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Cost						
Expiry						

