

BUJO YEARLY REVIEW SPREAD

CATEGORY IDEAS

A list of categories and specific information within each category you might want to include in your yearly review. See which categories and items stick out to you and notate them!

Music

- ❖ Top songs
- ❖ Top artists
- ❖ Number of hours listened
- ❖ Number of genres listened to
- ❖ Number of artists listened to
- ❖ Favorite new albums
- ❖ Favorite genres
- ❖ Concerts attended

Podcasts

- ❖ Favorite podcast(s)
- ❖ Most listened to podcast
- ❖ Number of hours listened
- ❖ Number of podcasts listened to
- ❖ List of podcasts listened to

Movies

- ❖ List of movies watched
- ❖ Favorite new movie(s)
- ❖ Number of movies watched

Books + Reading

- ❖ Number of books read
- ❖ Number of pages read
- ❖ Number of hours listened
- ❖ Number of genres read
- ❖ List of books read
- ❖ Favorite book(s)
- ❖ Favorite new releases
- ❖ Favorite/most read genre(s)
- ❖ Fiction vs. nonfiction stats
- ❖ Acquisition type stats (library, purchase etc.)
- ❖ Author statistics (gender, country, race etc.)

Television Shows

- ❖ List of shows watched
- ❖ Favorite show(s)
- ❖ Favorite new show(s)
- ❖ Number of TV shows watched

School

- ❖ Favorite class(es)
- ❖ Ending GPA/list of grades
- ❖ Awards/achievements

Exercise + Fitness

- ❖ Number of days exercised
- ❖ Number of miles walked, biked, ran etc.
- ❖ Number of steps
- ❖ Types of exercise
- ❖ Favorite meals

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CATEGORY IDEAS

Pop Culture

- ❖ Memes
- ❖ Celebrity marriage, trial, divorce etc.
- ❖ Most popular media of the year
- ❖ Social media trends and challenges

Important/Best Memories

- ❖ Celebrations and parties
- ❖ Moving
- ❖ New job or skill
- ❖ New addition to family
- ❖ Death of a loved one
- ❖ Trips
- ❖ Holiday memories

Historical Events

- ❖ Political elections
- ❖ Addition/repeal of laws or decisions
- ❖ Natural disasters
- ❖ Protests
- ❖ International Conflict

Accomplishments

- ❖ Financial milestones
- ❖ New job, skill, or hobbies
- ❖ Reading goals
- ❖ Fitness goals
- ❖ Promotions
- ❖ Mental health milestone
- ❖ School achievement/award
- ❖ Certification/degree earned

Finances

- ❖ Total income
- ❖ Total spending
- ❖ Spending breakdown
- ❖ Savings goals
- ❖ Big purchases
- ❖ Debt progress

Sports

- ❖ Favorite player stats
- ❖ Favorite team(s)
- ❖ Team stats for the year
- ❖ Memorable games

Your ideas here!

- ❖
- ❖
- ❖
- ❖
- ❖
- ❖
- ❖
- ❖
- ❖
- ❖

IMPORTANT/BEST MEMORIES

Use this space to jot down some of your important/favorite memories from each month that you may want to include in a timeline for your yearly review.

Go back through your journal, phone photos, or social media to jog your memory!

January	February	March
April	May	June
July	August	September
October	November	December

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CATEGORIES AND INFO TO LIST

Refer back to the categories and information to track that stood out to you from pages 1 and 2 and notate which categories you want to include in your spread here. Then spend some time compiling and notating the information that you want to include within each category.

Category: _____

Category: _____

Category: _____

Category: _____

Category: _____

Category: _____
