# JOURNAL

#### Journal Size Paper Color

**A5** 

**B5** 

**B6** 

Travelers

Square

White Paper Black Paper Kraft Paper Neapolaton

Rainbow

### **SUPPLIES**

Pencil & Eraser
Black Ink pen
Ruler
Washi tape
Stickers
Kraft/colored paper

Arcylograph Pens (or paint pen) Markers orBrush Pens Colored Pens Colored Pencils Watercolor/gouche

## THEME IDEAS

Flowers
Zodiac signs
Transportation
Polka Dots
Geometric Figures
Air Balloons

Sunset/Sunrise
Buildings
Movies/Books
Travel
Animals
Quotes

# SPREAD IDEAS

Grid spacing
Quote page
Year at a glance
Future Log
Monthly Spread
Weekly Spread

Book Tracker
Expense Tracker
Mood Tracker
Brain Dump/Mind Map
Goals/ Vision Board
One Line A Day