

Goal Defining Worksheet:

To help make your goal setting just a little easier, if you don't have the time (or energy) to draw out each separate goal setting page, this printable, when cut on the light gray lines, should easily fit onto 2 pages of an A5 bullet journal.

GOAL

Total Timeframe:

Brainstorm

Figure out what you want from this goal and how you can reach it.

Sub Goals

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Gameplan

When will I start? What will I work on each month?

