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ARCHER & OLIVE

# FINDING YOUR *word of the* YEAR

HELPING YOU FIND THE  
PERFECT WORD OF THE YEAR

# CREATING A *dream life*

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What is the date 1 year from today?

How do you feel?

How are your relationships with your family and friends?

Where are you working and what are you doing for work?

How are your finances?

# CREATING A *dream life*

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How much time are you spending on yourself?

What do you enjoy doing for yourself?

How is your mental and physical health?

What is bringing you joy?

How do others see you and your life?

# CREATING A *dream life*

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How do you see yourself?

What does your average week look like?

What does your average day look like?

# CREATING A *dream life*

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Circle the first 10 values that stand out to you

Authenticity	Determination	Optimism
Achievement	Fairness	Peace
Adventure	Faith	Pleasure
Authority	Fame	Poise
Autonomy	Friendships	Popularity
Balance	Fun	Recognition
Beauty	Growth	Religion
Boldness	Happiness	Reputation
Compassion	Honesty	Respect
Challenge	Humor	Responsibility
Citizenship	Influence	Security
Community	Inner Harmony	Self-Respect
Competency	Justice	Service
Contribution	Kindness	Spirituality
Creativity	Knowledge	Stability
Curiosity	Leadership	Success
	Learning	Status
	Love	Trustworthiness
	Loyalty	Wealth
	Meaningful Work	Wisdom
	Openness	

# PLANNING OUT *Your Year*

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What are your top 10 values?


What are your CORE values?


How will my core values influence my 2020?

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What will success look like for me and how will I measure it?

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# PLANNING OUT *Your Year*

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Your word of the year!

A large, empty white rectangular box is positioned in the upper half of the page, below the text 'Your word of the year!'. This box is intended for the user to write their chosen word of the year.