PRINTABLE CHECK LISTS To add to your journal or use on their own!

| 1 Column | 2 Columns | 3 Columns |
|----------|--|---------------|
| | | |
| | | · |
| H | | · |
| <u> </u> | | - <u> </u> |
| Ц | LJ LJ | _ 🗖 📙 📙 |
| | | _ □ □ □ □ |
| | | |
| | | |
| | H | |
| | | · |
| | | · |
| <u> </u> | <u> </u> | - |
| <u></u> | | _ |
| | | _ |
| | | |
| | | |
| | | |
| | | · |
| H | | · |
| <u> </u> | | - U U |
| <u> </u> | | |
| | | _ □ □ □ □ |
| | | |
| | | |
| | | |
| | | - LJ |