

# CHEF'LISA'S KITCHEN SUMMER CAMP LUNCH

2022

## LUNCH MENU WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRILLED CHEESE	CHICKEN OR BEAN	HOT DOG	FLATBREAD CHEESE PIZZA	CRISPY CHICKEN SANDWICH
W VEGGIE CHIPS	QUESADILLA	OR VEGGIE BURGER	FRUIT	OR VEGGIE BURGER W/ CHIPS
CARROTS W HUMUS	CHIPS	W/ TATER TOTS	CARROTS W HUMUS	APPLE SAUCE
FRUIT	APPLE SAUCE	APPLE SAUCE	SWEET TREAT	SWEET TREAT
SWEET TREAT	SWEET TREAT	SWEET TREAT		
<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>
CHOICE OF:	CHOICE OF:	CHOICE OF:	CHOICE OF:	CHOICE OF:
FROZEN GOGURT OR	FROZEN GOGURT OR	FROZEN GOGURT OR	FROZEN GOGURT OR	FROZEN GOGURT OR
MUFFIN OR FRUIT	MUFFIN OR FRUIT	MUFFIN OR FRUIT	MUFFIN OR FRUIT	MUFFIN OR FRUIT
<b>LUNCH MENU WEEK 2</b>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRILLED CHEESE	CHICKEN OR BEAN	HOT DOG	FLATBREAD PIZZA	CRISPY CHICKEN SANDWICH
W VEGGIE CHIPS	QUESADILLA	OR VEGGIE BURGER	FRUIT	OR VEGGIE BURGER W/ CHIPS
CARROTS W HUMUS	CHIPS	W/ TATER TOTS	CARROTS W HUMUS	APPLE SAUCE
FRUIT	APPLE SAUCE	APPLE SAUCE	SWEET TREAT	SWEET TREAT
SWEET TREAT	SWEET TREAT	SWEET TREAT		
<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>NO BREAK LAST DAY</b>
CHOICE OF:	CHOICE OF:	CHOICE OF:	CHOICE OF:	
FROZEN GOGURT OR	FROZEN GOGURT OR	FROZEN GOGURT OR	FROZEN GOGURT OR	
MUFFIN OR FRUIT	MUFFIN OR FRUIT	MUFFIN OR FRUIT	MUFFIN OR FRUIT	

Our menu is Nut-free,

**\$75.00 PER SESSION**

sign up online

<https://cheflisaskitchen.myshopify.com>

or you can register on the first day of each session with check

Please make checks to Chef Lisa's Kitchen

