

CHEF LISA'S KITCHEN LUNCH MENU 2024		JANUARY-MAY		https://cheflisaskitchen.myshopify.com
JANUARY 1-5				PANCAKE FRIDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	FLATBREAD CHEESE PIZZA
	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	W ASSORTED TOPPINGS
	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	SIDE SALAD
	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	FRUIT
	FRUIT OR	FRUIT	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	
	OR	OR	OR	OR
	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
	FRUIT	FRUIT	FRUIT	FRUIT
JANUARY 8-12				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN NUGGETS	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	PEPPERONI CHEESE SUB OR
AND CAJUN RICE	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	CHEF'S BURRITO
W BISCUIT	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	OR BBQ MEATBALL SUB
OR CRISPY TOFU	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	OR CRISPY TOFU SANDWICH
CHEF'S SANDWICH W CHIPS	FRUIT OR	SALAD	QUESADILLA OR	W TOTS
FRUIT AND SALAD	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	FRUIT
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
JANUARY 15-19				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	SPAGHETTI MARINARA OR	BAKED POTATO	NACHO BOWL	PULLED BBQ PORK ON BUN
	MAC AND CHEESE	WITH BEEF OR VEGGIE	CHICKEN, TEX MEX TOFU	OR BACON CHEESEBURGER
	SIDE OF MEATBALLS	CHILI	CORN AND BLACK BEAN	OR CRISPY TOFU SANDWICH
	BROCCOLI OR SALAD	ROASTED VEGETABLES	CHEESE - OR BEAN	W TOTS & BAKED BEANS
	FRUIT OR	CHEESE AND SOUR CREAM	QUESADILLA OR	SALAD
	CHEF'S SANDWICH W CHIPS	FRUIT	VEGGIE PASTA	FRUIT
	OR	OR	OR	OR
	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
	FRUIT	FRUIT	FRUIT	FRUIT

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JANUARY 22-26				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	FLATBREAD CHEESE PIZZA
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	W ASSORTED TOPPINGS
OR CHEF'S SANDWICH	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	SIDE SALAD
W CHIPS	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	FRUIT
FRUIT	FRUIT OR	SALAD	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	
OR	OR	OR	OR	OR
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
JANUARY 29- FEB 2				PANCAKES
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	CRISPY CHICKEN SANDWICH
	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	OR CRISPY TOFU SANDWICH
	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	OR CHEF'S SANDWICH
	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	W CHIPS
	FRUIT OR	FRUIT	QUESADILLA OR	FRUIT
	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	
	OR	OR	OR	OR
	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
	FRUIT	FRUIT	FRUIT	FRUIT
FEBRUARY 5-9				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GENERAL TSO CHICKEN	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	PEPPERONI CHEESE SUB OR
OR TOFU W ASIAN FRIED	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	CHEF'S BURRITO
RICE	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	OR BBQ MEATBALL SUB
OR CHEF'S SUB SANDWICH	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	OR CRISPY TOFU SANDWICH
W CHIPS	FRUIT OR	SALAD	QUESADILLA OR	W TOTS
SALAD FRUIT	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	FRUIT
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT

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FEBRUARY 12-16				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NO SCHOOL	NO SCHOOL
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS		
OR CHEF'S SUB SANDWICH	SIDE OF MEATBALLS	OR CHEESE QUESADILLA		
W CHIPS	BROCCOLI OR SALAD	SALAD		
FRUIT	FRUIT OR	FRUIT		
	CHEF'S SANDWICH W CHIPS			
OR	OR	OR		
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN		
FRUIT	FRUIT	FRUIT		
FEBRUARY 19-23				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	NO SCHOOL	2- GRILLED CHEESE	NACHO BOWL	PULLED BBQ PORK ON BUN
		OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	OR BACON CHEESEBURGER
		OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	OR CRISPY TOFU SANDWICH
		W PITA AND HUMMUS	CHEESE - OR BEAN	W TOTS & BAKED BEANS
		SALAD	QUESADILLA OR	SALAD
		CHIPS	VEGGIE PASTA	FRUIT
		OR	OR	OR
		BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
		FRUIT	FRUIT	FRUIT
FEBRUARY 26-MARCH 1				PANCAKES
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	BAKED POTATO	NACHO BOWL	FLATBREAD CHEESE PIZZA
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	WITH BEEF OR VEGGIE	CHICKEN, TEX MEX TOFU	W ASSORTED TOPPINGS
OR CHEF'S SANDWICH	SIDE OF MEATBALLS	CHILI	CORN AND BLACK BEAN	SIDE SALAD
W CHIPS	BROCCOLI OR SALAD	ROASTED VEGETABLES	CHEESE - OR BEAN	FRUIT
FRUIT	FRUIT OR	CHEESE AND SOUR CREAM	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS	FRUIT	VEGGIE PASTA	
OR	OR	OR	OR	OR
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT

MARCH 4-8				
CHICKEN NUGGETS	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	NO SCHOOL
AND CAJUN RICE	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	
W BISCUIT	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	
OR CRISPY TOFU	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	
CHEF'S SANDWICH W CHIPS	FRUIT OR	SALAD	QUESADILLA OR	
FRUIT AND SALAD	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	
FRUIT	FRUIT	FRUIT	FRUIT	
MAR 11-15				
GENERAL TSO CHICKEN	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	PEPPERONI CHEESE SUB OR
OR TOFU W ASIAN FRIED	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	CHEF'S BURRITO
RICE	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	OR BBQ MEATBALL SUB
OR CHICKEN NUGGETS	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	OR CRISPY TOFU SANDWICH
W CHIPS	FRUIT OR	FRUIT	QUESADILLA OR	W TOTS
SALAD FRUIT	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	FRUIT
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
MARCH 18-22				
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	NO SCHOOL
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	
OR CHEF'S SANDWICH	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	
W CHIPS	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	
FRUIT	FRUIT OR	SALAD	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	
FRUIT	FRUIT	FRUIT	FRUIT	

MARCH 25-29				
CHICKEN NUGGETS OR	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	NO SCHOOL
GRILLED CHICKEN	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	SPRING BREAK
SANDWICH OR CRISPY TOFU	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	
SANDWICH W TOTS	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	
SALAD FRUIT	FRUIT OR	FRUIT	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	
FRUIT	FRUIT	FRUIT	FRUIT	
APRIL 1-5 SPRING BREAK				
APRIL 8-12				
				GRANDPARENTS DAY
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	FLATBREAD CHEESE PIZZA
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	W ASSORTED TOPPINGS
OR CHEF'S SANDWICH	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	SIDE SALAD
W CHIPS	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	FRUIT
FRUIT	FRUIT OR	SALAD	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	
OR	OR	OR	OR	OR
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
APRIL 15-19				
GENERAL TSO CHICKEN	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	PEPPERONI CHEESE SUB OR
OR TOFU W ASIAN FRIED	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	CHEF'S BURRITO
RICE	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	OR BBQ MEATBALL SUB
OR CHICKEN NUGGETS	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	OR CRISPY TOFU SANDWICH
W CHIPS	FRUIT OR	FRUIT	QUESADILLA OR	W TOTS
SALAD FRUIT	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	FRUIT
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT

APRIL 22-26				
NO SCHOOL	SPAGHETTI MARINARA OR	2- GRILLED CHEESE	NACHO BOWL	PULLED BBQ PORK ON BUN
	MAC AND CHEESE	OR CURRY POTATO WRAP	CHICKEN, TEX MEX TOFU	OR BACON CHEESEBURGER
	SIDE OF MEATBALLS	OR VEGGIE RICE BOWL	CORN AND BLACK BEAN	OR CRISPY TOFU SANDWICH
	BROCCOLI OR SALAD	W PITA AND HUMMUS	CHEESE - OR BEAN	W TOTS & BAKED BEANS
	FRUIT OR	SALAD	QUESADILLA OR	SALAD
	CHEF'S SANDWICH W CHIPS	CHIPS	VEGGIE PASTA	FRUIT
	OR	OR	OR	OR
	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
	FRUIT	FRUIT	FRUIT	FRUIT
APRIL 29 -MAY 3				PANCAKES
CRISPY CHICKEN SANDWICH	SPAGHETTI MARINARA OR	BAKED POTATO	NACHO BOWL	FLATBREAD CHEESE PIZZA
OR CRISPY TOFU SANDWICH	MAC AND CHEESE	WITH BEEF OR VEGGIE	CHICKEN, TEX MEX TOFU	W ASSORTED TOPPINGS
OR CHEF'S SANDWICH	SIDE OF MEATBALLS	CHILI	CORN AND BLACK BEAN	SIDE SALAD
W CHIPS	BROCCOLI OR SALAD	ROASTED VEGETABLES	CHEESE - OR BEAN	FRUIT
FRUIT	FRUIT OR	CHEESE AND SOUR CREAM	QUESADILLA OR	
	CHEF'S SANDWICH W CHIPS	FRUIT	VEGGIE PASTA	
OR	OR	OR	OR	OR
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
MAY 6-10				
CHICKEN NUGGETS OR	SPAGHETTI MARINARA OR	RAMEN SOUP W VEG OR	NACHO BOWL	PEPPERONI CHEESE SUB OR
GRILLED CHICKEN	MAC AND CHEESE	CHEF'S SANDWICH W CHIPS	CHICKEN, TEX MEX TOFU	CHEF'S BURRITO
SANDWICH OR CRISPY TOFU	SIDE OF MEATBALLS	OR CHEESE QUESADILLA	CORN AND BLACK BEAN	OR BBQ MEATBALL SUB
SANDWICH W TOTS	BROCCOLI OR SALAD	SALAD	CHEESE - OR BEAN	OR CRISPY TOFU SANDWICH
SALAD FRUIT	FRUIT OR	FRUIT	QUESADILLA OR	W TOTS
	CHEF'S SANDWICH W CHIPS		VEGGIE PASTA	FRUIT
OR	OR	OR	OR	
BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN	BIG SALAD WITH CHICKEN
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT

MAY13-17				
CHICKEN NUGGETS AND CAJUN RICE W BISCUIT	SPAGHETTI MARINARA OR MAC AND CHEESE SIDE OF MEATBALLS	2- GRILLED CHEESE OR CURRY POTATO WRAP OR VEGGIE RICE BOWL	NACHO BOWL CHICKEN, TEX MEX TOFU CORN AND BLACK BEAN	BACON CHEESE BURGER OR PEPPERONI CHEESE SUB OR CRISPY TOFU SANDWICH
OR CRISPY TOFU CHEF'S SANDWICH W CHIPS	BROCCOLI OR SALAD FRUIT OR	W PITA AND HUMMUS SALAD	CHEESE - OR BEAN QUESADILLA OR	W TOTS & BAKED BEANS SALAD
FRUIT AND SALAD OR	CHEF'S SANDWICH W CHIPS OR	CHIPS OR	VEGGIE PASTA OR	FRUIT OR
BIG SALAD WITH CHICKEN FRUIT	BIG SALAD WITH CHICKEN FRUIT	BIG SALAD WITH CHICKEN FRUIT	BIG SALAD WITH CHICKEN FRUIT	BIG SALAD WITH CHICKEN FRUIT
MAY 20-24	LAST DAY FOR LUNCH			
CRISPY CHICKEN SANDWICH OR CRISPY TOFU SANDWICH OR CHEF'S SANDWICH W CHIPS FRUIT	FLATBREAD CHEESE PIZZA W ASSORTED TOPPINGS SIDE SALAD FRUIT	CAFÉ CLOSED	CAFÉ CLOSED	CAFÉ CLOSED
OR	OR			
BIG SALAD WITH CHICKEN FRUIT	BIG SALAD WITH CHICKEN FRUIT			