

## SPECIALITY & ADD ON SERVICES

### **INDIE HEAD MASSAGE 30 MIN \$80**

Indie Head Massage targets the neck, shoulders, scalp, and face muscles to provide a relaxing massage experience. Your therapist will infuse your treatment with heat and our custom hair oil, made in-house here at The Body Bar. Perfect on its own or as an add-on to a Massage or Facial.

### **LUXURY FOOT TREATMENT 60 MIN \$95**

enjoy a relaxing foot soak in our signature aromatherapy elixir. Your feet and legs are then treated to a dry exfoliation and stimulating massage designed to increase circulation. Followed by nail shaping, cuticle work, and extra exfoliation. Enjoy the tranquility as your feet benefited from a heated butter treatment and wrapped in warm linens. This luxury service also includes our Healthy Nail Treatment.

### **ALPINE FOOT MASSAGE 30 MIN \$80**

This treatment focuses on the feet with in-depth work to increase circulation and balance the body. This massage relieves stress, decreases fatigue, and promotes well-being. Treat the feet with the ultimate foot pampering, featuring a peppermint massage from the knee to the tips of your toes.

### **HOT STONE 50 MIN \$125 | RMT \$150**

The therapist will use a unique combination of hot basalt stones and essential oils to loosen and stretch your muscles, gently massaging away tension and stress. The entire massage uses the stones to apply gentle or moderated pressure. The emphasis is on the combination of soothing heat, the smooth contact and gentle weight of the stones, and the aroma of our custom oil blends.

### **FIVE ELEMENTS TREATMENT 80 MIN \$225**

Relaxation massage that utilizes fluid soothing movements preparing the body for our Raindrop therapy technique that applies essential oils to specific areas along the spine supporting the nervous system, immune function and reducing inflammation for overall healing. A hot stone layout is applied to the back to allow the oils to penetrate deeply, while a warm oil scalp massage eases worries. Foot reflexology stimulates organs, promotes detoxification, and grounds the body.

## ESTHETICS

Brow Wax	\$25
Lip Wax	\$18
Sideburn Wax	\$25
Chin Wax	\$15
Full Face	\$55
Arm Wax	\$60
Half Arm Wax	\$45
Leg Wax	\$80
Half Leg Wax	\$45
Under Arm	\$25
Bikini Wax	\$45
High Bikini Wax	\$50
Brazilian Wax	\$60
Male Brazilian Wax	\$85

Brow Tint	\$20
Lash Tint	\$35

Brow Threading	\$25
Lip Threading	\$18
Full Face Threading	\$55

# THE BODY BAR

APOTHECARY & WELLNESS SHOP

relax & renew with our  
signature facials &  
therapies each treatment  
infused with exquisite,  
handcrafted products  
and aromatherapy made  
in-house here at  
The Body Bar.

705 444 1988

175 Hurontario st, Collingwood ON  
TheBodyBar.ca

For further information about services  
please call our shop at: 705-444-1988

## FACIALS

### **EXPRESS FACIAL 30 MIN \$50**

Restore your natural glow with this introductory facial. Featuring our natural products made in-house. This facial is perfect if you are on the go. Skin nourishing products and light facial massage create glowing results and relaxation even when time is at a premium.

### **THE APOTHECARY FACIAL 50 MIN \$95**

The Apothecary Facial will help improve skin tone, texture, and clarity and actively fight free-radical damage. Our skin specialist will evaluate your skin and apply our custom formulas using techniques designed to enhance the vitality and condition of your skin. The process includes deep cleansing, exfoliation, and gua sha stone massage infused with one of our lavish facial oil.

### **THE BODY BAR FACIAL 75 MIN \$150**

The Body Bar Facials will help brighten, firm, and minimize hyperpigmentation by boosting collagen. This facial involves deep cleansing to remove surface blockages in pores and impurities. The process includes extractions, hot towels, and two customized masks to hydrate and nourish the skin. A tranquil massage completes the treatment, leaving your skin refreshed and vibrant.

### **NOURISHING TEEN FACIAL 50 MIN \$95**

Our Nourishing Teen Facial is recommend for any clients undergoing changes that affect their skin appearance. Try this treatment if this is your first facial and you want advice regarding your skin type and education.

### **MUSCLE TONING FACIAL 75 MIN \$160**

This advanced facial leaves skin feeling instantly hydrated, toned and supple. Lines are smoothed, and the complexion is revitalized. It improves muscle tone, stimulates blood circulation, relieves tension from facial muscles and lymphatic drainage, and encourages muscle memory with a series of technics.

### **VENUS FACIAL 60 MIN \$140**

Venus Freeze heat treatment helps to restore a more youthful, refreshed appearance. The Venus treatment is 25 minutes, with 10+ minutes dedicated to each side of the face. Our skin specialist will then evaluate your skin and apply our custom formulas using techniques designed to improve the vitality and condition of your skin, finishing off with a soothing massage.

## MASSAGE

### **RELAXATION MASSAGE 50 MIN \$95**

Surrender yourself to this gentle de-stressing massage composed of long, smooth, gliding movements. This massage will help to release tension, restore muscles, and bring balance to the body and mind. This treatment will leave you feeling relaxed and rejuvenated.

### **SIGNATURE RMT MASSAGE 50 MIN \$125**

Your Registered Massage Therapist will discuss your particular needs at the beginning of your treatment. The massage may be geared towards relaxation or may have a deeper focus on specific areas of tension. Your therapist will infuse your treatment with heat and massage with custom lotions made in-house here at The Body Bar.

### **SIGNATURE RMT MASSAGE 80 MIN \$180**

Your Registered Massage Therapist will discuss your particular needs at the beginning of your treatment. The massage may be geared towards relaxation or may have a deeper focus on specific areas of tension. Your therapist will infuse your treatment with heat and massage with custom lotions made in-house here at The Body Bar.