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## **ABOUT FORGOTTEN HARVEST**

For 32 years, Forgotten Harvest has sought to alleviate two problems: hunger and waste.

Since 1990, Forgotten Harvest has rescued food surpluses from food retailers, manufacturers, and farms. Forgotten Harvest rescues donated food, which would otherwise go to waste, and delivers it free-of-charge to emergency food providers in the metro Detroit area. Forgotten Harvest's work has since expanded to include Forgotten Harvest Farms, where fresh food is grown for those in need.

All the food rescued and grown by Forgotten Harvest is delivered to metro Detroit families who are food insecure. This food helps bridge the income gap for tens of thousands of people, allowing them to secure some basic life necessities for themselves and their family.

Every day, Forgotten Harvest provides thousands of pounds of nutritious food to local charities. In FY 2021-2022, Forgotten Harvest rescued and distributed more than 42 million pounds of food.

# **HOW YOU CAN HELP**

Forgotten Harvest relies on the community and its members to support our mission. We value a community member's time, talent, and treasure. Here are some ways you can help:

### **VOLUNTEER**

Forgotten Harvest offers volunteer opportunities five days a week, in the mornings and afternoons. Volunteers can repack food at our warehouse, distribute food at a mobile pantry or help at Forgotten Harvest Farms. Volunteer opportunities can accommodate individuals or large groups. If you're interested in volunteering, please visit: www.forgottenharvest.com/volunteer.

### DONATE

At Forgotten Harvest, dollars go a long way in helping to relieve hunger and reduce food waste. Every dollar donated goes to fund Forgotten Harvest's food rescue operation. The bulk of Forgotten Harvest's giving comes from philanthropic entities: individuals, corporate partners, and foundations. With just \$1, Forgotten Harvest can provide four meals to our neighbors in need.

If you'd like to donate to Forgotten Harvest, please visit www.forgottenharvest.com/donate

# INTERESTED IN BECOMING MORE INVOLVED?

We have lots of ways for you to give back to your community, Go to www.forgottenharvest.org or call 248-967-1500 to find out more.





