



Recession inspires business start-ups

Ideas blossom through job loss or opportunity

By Laura Petrecca **USA TODAY**



Spicy: Lauryn Chun started Mother-In-Law's Kimchi after a layoff from the financial services industry. By Robert

Deutsch, USA TODAY

Folks pushed into entrepreneurship because of a life change such as unemployment are often called "necessity" entrepreneurs. Lauryn Chun, 40, fits this description. Laid off from a marketing post at a financial services consulting firm, Chun pursued a completely new venture: selling kimchi, the spicy pickled cabbage that is a traditional Korean fare.

Chun has a passion for food and wine, and her entrepreneurial mother owns a restaurant in Garden Grove, Calif., but the layoff "forced me to take the jump," she says. Her fare, Mother-In-Law's Kimchi, is sold in specialty food stores and online.