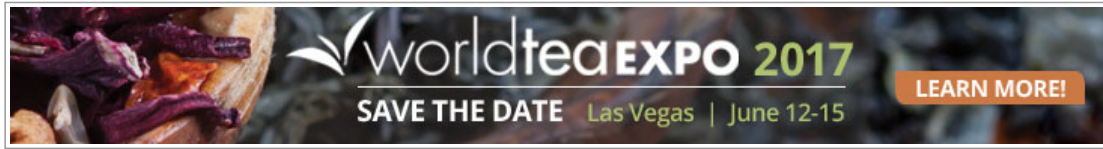




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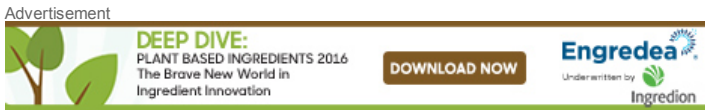
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# 3 hot ingredient trends from Summer Fancy Food Show 2016

Jenna Blumenfeld | New Hope Network

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## Mother In Law's Liquid Kimchi

Made from the leftover juice from fermenting kimchi, this vegan option (read: no fish sauce) is packed with probiotics, and delivers a quick-hit of what is essentially essence of kimchi. Really good. Take it as a shot, or use this salty, sour liquid as a base for salad dressings and even soups.

[milkimchi.com](http://milkimchi.com)

From the Xperts

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