SUNDAY MONDAY **TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**





Leave a nice

comment on social media!



buy one Pinkie Bank, get one free and give to a friend!





10





Make a simple handmade

24







Donate a

book to your local library!



Give someone

a "just

because" gift!

13

Write a letter

to a military

service person!





Bake cookies for co-workers/ classmates!

14

Lend a

listening ear

to someone

who needs it!

21



Shovel snow or clear a walkway for your neighbor!



meal for someone in need!

16



Be kind to yourself: make yourself a yummy homecooked meal!

23



for free!

22



Ask a friend about one of their interests!

29



30



door open for someone!



Volunteer at a local food bank/homeless shelter!

18

Bring the

Christmas cheer,

sing a carol for

all to hear!





19





27



yourself a gratitude list!

28











Hold the



