

## CONTENTS

---

Preface 7

Dedication 13

Preliminary Remarks 15

17

### THE FIRST DAY

Act of Contrition

Opening Prayer

CONSIDERATION: *How much we ought to love the Holy Spirit*

Litany of the Holy Spirit

OFFERING: *Loving God for Himself alone*

Concluding Prayer

29

### THE SECOND DAY

CONSIDERATION: *How much we become indebted  
to the Holy Spirit*

OFFERING: *Peace of soul, an essential disposition*

36

### THE THIRD DAY

CONSIDERATION: *How our Redeemer teaches us  
to appreciate the Holy Spirit*

OFFERING: *Prayer, the way to overcome ourselves*

43

### THE FOURTH DAY

CONSIDERATION: *How the Holy Spirit teaches us*

OFFERING: *Mortification*

49

### THE FIFTH DAY

CONSIDERATION: *Some important lessons*

OFFERING: *Loving our neighbors*

55

THE SIXTH DAY

CONSIDERATION: *Self-conquest made easy*

OFFERING: *Practicing all the means of sanctification*

62

THE SEVENTH DAY

CONSIDERATION: *What is most pleasing to God  
and of great benefit to ourselves*

OFFERING: *Seeking nothing for ourselves*

69

THE EIGHTH DAY

CONSIDERATION: *The battle with Satan*

OFFERING: *Confidence in God*

76

THE NINTH DAY

CONSIDERATION: *Satan's cunning*

OFFERING: *Doing all things in truth*

82

THE TENTH DAY

CONSIDERATION: *Speedy advance in holiness*

OFFERING: *The three theological virtues*

Postscripts 91

- I. TO THOSE WHO ARE CONSECRATED TO  
THE SERVICE OF THE LORD
- II. PRIZES AWARDED IN THIS SCHOOL OF  
DEVOTION TO THE HOLY SPIRIT