

“No Bread” Bacon, Sausage & Egg Wrap - Coconut Cassava Wrap

Low Carb | 70 Calories | 4 Net Carbs | Organic Coconut Wraps | NUCO Coconut Cassava Wraps | Organic Cassava Coconut Wraps | Paleo | Vegan | Grain-Free | Cassava Wrap

Our breadless breakfast wrap subtracts the amount of waist-widening carbs by using coconut wraps in their place.! This breakfast sandwich uses our Coconut Cassava Wraps, smoked sausage, spinach, egg, avocado, and bacon. Our Coconut Cassava Wraps are low in carbs, high in healthy fats, and much milder in coconut flavor.



Ingredients: Makes (4) Servings

- 1 teaspoon NUCO Coconut Cassava Wraps
- 2 eggs
- 1 small handful fresh spinach leaves
- Garlic powder
- Salt and pepper
- ¼ lbs. sausage
- 2-3 sliced bacon, optional
- ½ avocado, optional

Instructions:

1. Cook the Sausage and slice in half vertically
2. While the sausage is cooking, prepare the bacon
3. Whisk the eggs together with spinach, salt and pepper
4. Assemble the wrap, place the avocados last and you're done!

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