

PREMIER®

Pattern Pack Includes:
3 Pattern Downloads

Premier® Serenity Sock™ Pattern Pack Download



Premier® Serenity Sock™ Yarn
Available for purchase at
PremierYarns.com





Basic Sock

Level: Intermediate

SIZES

Adult X-Small (Small, Medium, Large, X-Large)

FINISHED MEASUREMENTS

Note: Choose a size 10-20% smaller than your actual foot measurement for a better fit.

Foot Circumference: 7 (7½, 8, 8½, 9)''

Cuff: 6''

MATERIALS

Premier® Yarns Serenity® Sock (50% wool, 25% nylon, 25% rayon from bamboo; 50gm/230 yds)

- 123-01 Pink Sugar - 2 (2, 2, 2, 3) balls

Needle: US Size 2 (2.75 mm) double-pointed needles *or size needed to obtain gauge*

Notions: Tapestry needle, stitch marker

GAUGE

32 sts x 44 rows = 4'' in St st

Save time, check your gauge.

STITCH GUIDE

Kitchener St

Work with half the sts on a front needle, and half the sts on a back needle.

1. Insert yarn needle through first st on front needle as if to purl, leave st on needle, pull yarn through.
2. Insert yarn needle through first st on back needle as if to knit, leave st on needle, pull yarn through.
3. Insert yarn needle through first st on front needle as if to knit and sl st off needle.
4. Insert yarn needle through next st on front needle as if to purl, leave st on needle, pull yarn through.
5. Insert yarn needle through first st on back needle as if to purl and sl st off needle.

6. Insert yarn needle through next st on back needle as if to knit, leave st on needle, pull yarn through.

Rep steps 3-6 until 1 st remains on each needle.

7. Insert yarn needle through first st on front needle as if to knit and sl st off needle.

8. Insert yarn needle through first st on back needle as if to purl and sl st off needle. Using the tip of the needle, work across the row of grafted stitches, evening out tension and moving any extra yarn toward the tail.

SOCK

Cast on 56 (60, 64, 68, 72) sts.

Divide sts onto 3 dpn. Pm and join to work in the round, being careful not to twist sts.

Cuff

Rnd 1: *K2, p2; rep from * around.

Rep Rnd 1 until cuff measures 2''.

Work in St st (knit every rnd) until cuff measures 6'' from cast on edge.

Heel Flap

Remove marker and rearrange stitches so that the next 28 (30, 32, 34, 36) sts are on one dpn, split the remaining needles onto 2 dpns and leave them unworked for the instep of the sock.

Continue working only on the needle with 28 (30, 32, 34, 36) sts.

Row 1 (RS): *Sl 1, k1; rep from * to end of needle.

Row 2 (WS): Sl 1, purl across.

Rep Rows 1-2, 12 (13, 14, 15, 16) more times – 26 (28, 30, 32, 34) rows worked total.

Basic Sock

project continued

By Premier Yarns Design Team

Turn Heel

Row 1 (RS): Sl 1, k15 (17, 17, 19, 19), ssk, k1, turn.

Row 2 (WS): Sl 1, p5 (7, 5, 7, 5), p2tog, p1, turn.

Row 3 (RS): Sl 1, knit to 1 st before the gap, ssk, k1, turn.

Row 4 (WS): Sl 1, purl to 1 st before the gap, p2tog, p1, turn.

Rep Rows 3-4 until gap is st 1 from the edge of the heel flap.

Next Row (RS): Sl 1, knit to last 2 sts, ssk, turn.

Next Row (WS): Sl 1, purl to last 2 sts, p2tog, turn – 16 (18, 18, 20, 20) sts remain.

Gusset

Rnd 1: Knit across sts from heel turn, pick up and knit 13 (14, 15, 16, 17) sts along edge of heel flap, pm, knit across sts held for instep, pm, pick up and knit 13 (14, 15, 16, 17) sts along edge of heel flap, k 8 (9, 9, 10, 10) sts to center of heel, pm for beginning of rnd – 70 (76, 80, 86, 90) sts.

Rnd 2: Knit to 2 sts before m, k2tog, sl m, knit to next m, sl m, ssk, knit to end – 2 sts dec'd.

Rnd 3: Knit.

Rep Rnds 2-3, 6 (7, 7, 8, 8) more times - 56 (60, 64, 68, 72) sts.

Foot

Work in St st until foot measures 6 (6½, 7½, 8, 8)'' from back of heel, or 1¾ (1¾, 2, 2, 2¼)'' less than desired finished length.

Toe

Remove marker, k14 (15, 16, 17, 18), pm for beginning of rnd.

Rnd 1: K28 (30, 32, 34, 36), pm, knit to end.

Rnd 2: *K1, ssk, knit to 3 sts before m, k2tog, k1; rep from * once more – 4 sts dec'd.

Rnd 3: Knit.

Rep Rnds 2-3, 7 (7, 7, 7, 8) more times – 24 (28, 32, 36, 36) sts.

Rep Rnd 2 only, 4 (5, 5, 6, 6) times – 8 (8, 12, 12, 12) sts.

Cut yarn leaving a long tail.

Graft end of toe closed using Kitchener St.

FINISHING

Weave in ends.

Abbreviations

dec('d) decrease(d)

dpn(s) double pointed needle(s)

k knit

k2tog knit 2 sts together (1 st dec'd)

m marker

p purl

p2tog purl 2 sts together (1 st dec'd)

pm place marker

rep repeat(ing)

rnd(s) round(s)

RS right side

sl slip

ssk slip slip knit (1 st dec'd)

st(s) stitch(es)

St st Stockinette stitch: knit every rnd.

WS wrong side



Cabled Socks

Level: Experienced

SIZES

Women's S/M (M/L)

FINISHED MEASUREMENTS

Foot circumference: 7 (8)''

Leg length to top of heel: 6''

MATERIALS

Premier® Yarns Serenity® Sock (50% Wool, 25% Rayon from Bamboo, 25% Nylon; 50gm/230 yds)

- #150-09 Sky Blue - 2 balls

Needles: US Size 2 (2.75mm) set of 4 double pointed knitting needles *or size needed to obtain gauge*

Notions: Stitch markers, cable needle, stitch holder, tapestry needle

GAUGE

36 sts x 48 rows = 4'' in Stockinette Stitch.
Save time, check your gauge.

STITCH GUIDE

C4L – Cable 4 Left: Sl 2 sts to cable needle and hold to front, k2, k2 from cable needle

C4R – Cable 4 Right: Sl 2 sts to cable needle and hold to back, k2, k2 from cable needle

K2, P2 Rib in the round – multiple of 4 sts

Rnd 1: * K2, p2; rep from * to end.

Rep Rnd 1 for pattern.

Stockinette Stitch in the round

Rnd 1: Knit.

Rep Rnd 1 for pattern.

SOCKS

Cuff

Cast on 64 (72) sts. Divide sts over 3 needles. Pm for beginning of rnd and join to work in the rnd, being careful not to twist.

Work 15 rnds in K2, P2 Rib.

Leg

Rnd 1: * K2, kfb twice, k2, p2, k22 (26) p2; rep from * once more – 68 (76) sts.

Rnd 2: * K8, p2, k22 (26), p2; rep from * once more.

Rnd 3: * C4L, C4R, p2, k22 (26), p2; rep from * once more.

Rnds 4 and 5: Rep Rnd 2.

Rep Rnds 2-5, 13 more times.

Next Rnd: * K8, p1, k2tog, k20 (24), ssk, p1; rep from * once more – 64 (72) sts.

Heel flap

Row 1: K36 (40), turn.

Row 2 (WS): P32 (36), place remaining 32 (36) sts on holder for instep.

Row 3 (RS): * Sl 1, k1; rep from * to end.

Row 4: Sl 1, purl to end.

Rep Rows 3 and 4, 14 (16) more times, then work Row 3 once more.

Turn heel

Row 1 (WS): Sl 1, p16 (18), p2tog, p1, turn.

Row 2 (RS): Sl 1, k3, ssk, k1, turn.

Row 3: Sl 1, purl to 1 st before gap caused by last turn, p2tog to close gap, p1, turn.

Row 4: Sl 1, knit to 1 st before gap caused by last turn, ssk to close gap, k1, turn.

Rep last 2 rows 5 (6) more times – 18 (20) sts on heel.

Cabled Socks

project continued

By Premier Yarns Design Team

Gussets

Rnd 1: With RS facing, pick up and knit 16 (18) sts down side of heel flap, pm, knit 32 (36) sts from holder at instep, pm, pick up and knit 16 (18) sts up other side of heel flap, k8 (9) to center of heel – 80 (90) sts. Pm for new beginning of round.

Rnd 2: Knit to 3 sts before marker, k2tog, k1, knit to marker, k1, ssk, knit to end – 2 sts decreased.

Rnd 3: Knit.

Rep Rnds 2 and 3, 7 (8) more times – 64 (72) sts.

Foot

Work even in Stockinette Stitch until foot measures 7¼ (8)'' from back of heel, or 1¾ (2)'' less than desired finished length.

Toe

Rnd 1 – Decrease Rnd: * Knit to 3 sts before marker, k2tog, k2, ssk; rep from * once more, knit to end – 4 sts decreased.

Rnd 2: Knit.

Rep Rnds 1 and 2, 7 (8) more times – 32 (36) sts.

Rep Rnd 1, 4 (5) times – 16 sts.

Graft toe closed using Kitchener Stitch.

Finishing

Weave in ends.

Block gently.

Abbreviations

k	knit
k2tog	knit 2 stitches together
kfb	knit in the front and the back of next stitch (1 st increased)
m1	make 1
p	purl
p2tog	purl 2 stitches together
pm	place marker
RS	Right Side
rep	repeat
rnd(s)	round(s)
sl	slip
ssk	slip, slip, knit
st(s)	stitch(es)
WS	Wrong Side





Yoga Socks

Level: Intermediate

SIZE

Women's Medium

FINISHED MEASUREMENTS

Circumference: 7½"

Length: 9¾"

MATERIALS

Premier® Yarns Serenity® Sock (50% Superwash Merino Wool, 25% Rayon made from Bamboo, 25% Nylon; 50gm/230 yds)

- #DN104-07 Chili – 1 ball

Needles: Size US 2 (2.75 mm) double pointed needles *or size needed to obtain gauge*

Notions: Tapestry needle

GAUGE

34 sts and 48 rows = 4" in Stockinette St.

Save time, check your gauge.

STITCH GUIDE

Moss St – over an even number of sts

Rnds 1 and 2: * K1, p1; rep from * to end.

Rnds 3 and 4: * P1, k1; rep from * to end.

Rnds 5 and 6: Rep Rnds 1 and 2.

K3, P3 Rib – multiple of 6 sts

Every Rnd: * K3, p3; rep from * to end.

Stockinette St

Every Rnd: Knit.

SOCK

Foot

Cast on 66 sts evenly distributed over 3 needles. Place marker and join to work in the round, being careful not to twist sts.

Work 6 rnds of Moss st.

Next Rnd: Work K3, P3 Rib over first 30 sts, work in Stockinette st to end.

Rep last rnd until piece measures 3".

Next Rnd: Work K3, P3 Rib over first 30 sts, k3, work in Moss St to end.

Rep last rnd, 5 more times.

Heel Opening:

Next Rnd: Work K3, P3 Rib over first 30 sts, k3, p1, k1, p1, bind off 27 sts, p1, k1, p1.

Next Rnd: Work K3, P3 Rib over first 30 sts, k3, p1, k1, p1, cast on 27 sts using cable cast on method, p1, k1, p1.

Next Rnd: Work K3, P3 Rib over first 30 sts, k3, work in Moss St to end.

Rep last rnd, 5 more times.

Leg

Next Rnd: Work K3, P3 Rib to end.

Continue in K3, P3 Rib until piece measures 5½" from heel opening.

Work 6 rnds of Moss St.

Bind off.

Finishing

Weave in ends. Block lightly.

Abbreviations

k knit

p purl

rep repeat(ing)

rnd(s) round(s)

st(s) stitch(es)