

*premier*<sup>™</sup>  
YARNS

## *Arm Knit Blanket*

By Premier Yarns Design Team

Level: Easy



### **FINISHED MEASUREMENTS**

**Width:** 36"

**Length:** 60"

### **MATERIALS**

**Premier® Yarns *Couture Jazz*** (75% acrylic, 7% metallic, 18% polyamide; 100gm/13 yds)

- #26-20 Pomegranate – 11 skeins

### **GAUGE**

Work evenly and consistently throughout.

## STITCH GUIDE

### Arm Knitting

**To cast on:** Make large slip knot about 18" from end of yarn, place slip knot on right arm. \* With left hand twist a loop into tail, with right hand reach through loop and grab opposite end of yarn, pull yarn through loop and place on right arm to form a stitch; rep from \* to cast on.

**To knit from right arm to left:** \* Pick up working yarn in your right hand, slide next st on right arm over hand and off arm, place new stitch from right hand onto left arm; rep from \* across row.

**To knit from left arm to right:** \* Pick up working yarn in your left hand, slide next st on left arm over hand and off arm, place new stitch from left hand onto right arm; rep from \* across row.

**To bind off (in either direction):** Knit 2 sts, slide 1<sup>st</sup> st over 2<sup>nd</sup> st and off arm, \* knit 1 st, slide 1<sup>st</sup> st over new st and off arm; rep from \* until 1 st remains, cut yarn and pull through last loop.

**Visit [Premieryarns.com](http://Premieryarns.com) for a video tutorial on Arm Knitting.**

### BLANKET

Cast on 18 sts.

Arm knit for 60" approx. 30 rows.

Bind off.

### FINISHING

Weave in all ends.

### Abbreviations

st	stitch
rep	repeat