



FINISHED MEASUREMENTS

Circumference: 44"

MATERIALS

Premier® Yarns Couture Jazz (81% acrylic, 19% nylon; 100gm/16.5 yds)

- #26-12 Tan – 2 balls

GAUGE

Work evenly and consistently throughout

Arm Knitting

To cast on: Make large slip knot about 18" from end of yarn, place slip knot on right arm. * With left hand twist a loop into tail, with right hand reach through loop and grab opposite end of yarn, pull yarn through loop and place on right arm to form a stitch; rep from * to cast on.

To knit from right arm to left: * Pick up working yarn in your right hand, slide next st on right arm over hand and off arm, place new stitch from right hand onto left arm; rep from * across row.

To knit from left arm to right: * Pick up working yarn in your left hand, slide next st on left arm over hand and off arm, place new stitch from left hand onto right arm; rep from * across row.

To bind off (in either direction): Knit 2 sts, slide 1st st over 2nd st and off arm, * knit 1 st, slide 1st st over new st and off arm; rep from * until 1 st remains, cut yarn and pull through last loop.

COWL

Cast on 8 sts.

Arm knit for approximately 44 ".

Bind off.

FINISHING

Use tail to seam cast-on edge to bind-off edge.

Weave in ends.

Abbreviations

rem remain(ing)

rep repeat(ing)

st(s) stitches