



Yoga Mat Bag & Water Bottle Holder

Level: Intermediate

## FINISHED MEASUREMENTS

### Yoga Bag

**Width:** 7" across

**Length:** 28"

### Water Bottle Holder

**Width:** 3¾" across

**Length:** 7½"

## MATERIALS

**Premier® Yarns Home® Cotton** (85% Cotton, 15% Polyester; 1.94oz/55g, 96yds/88m)

- 44-27 Ocean Splash (MC) – 4 balls

**Premier® Yarns Home® Cotton** (85% Cotton, 15% Polyester; 2.65oz/75g, 131yds/120m)

- 38-12 Turquoise (CC) – 1 ball

**Hook:** US Size I-9 (5.5 mm) crochet hook *or size needed to obtain gauge*

**Notions:** Tapestry needle, removeable stitch marker, tassel maker

## GAUGE

Rnds 1-3 of Bag Bottom or

Water Bottle Holder = 3¾" across

Rnds 1-6 of Bag Bottom = 7" across

**Save time, check your gauge.**

## STITCH GUIDE

**Magic Ring:** Wrap yarn around your left middle finger twice, leaving a 6" tail. Insert hook under both strands and pull up a loop. Ch 1, and beg working directly into center of ring. This ring can be tightened later by pulling on the yarn tail.

## YOGA BAG

### Bottom

With MC, make a Magic Ring.

**Rnd 1:** Into the Magic Ring work, sc, hdc, 7 dc, place removeable marker in last dc to mark end of rnd. Begin working in a spiral, moving marker to the last st of each rnd.

**Rnd 2:** Work 2 dc in each st around – 18 dc.

**Rnd 3:** [2 dc in next dc, dc in next dc] repeat around – 27 dc.

**Rnd 4:** [2 dc in next dc, dc in each of next 2 dc] repeat around – 36 dc.

**Rnd 5:** [2 dc in next dc, dc in each of next 3 dc] repeat around – 45 dc.

**Rnd 6:** [2 dc in next dc, dc in each of next 4 dc] repeat around – 54 dc.

### Side

**Setup Rnd:** [Ch 2, sk 2 dc, dc in each of next 6 dc] repeat around to last 6 dc, ch 2, sk 2 dc, dc in each of next 4 dc. Leave stitch marker in the last stitch of Rnd 6 from the Bag Bottom to mark the beginning of the Side to measure the length. You will not need to track the beginning of the rnd for the side.

**Begin Spiral:** [2 dc in ch 2 sp, ch 2, sk 2 dc, dc in each of next 4 dc] repeat until side measures 27" or 3" longer than the length of your yoga mat, hdc in next st, sc in next st. Move marker to sc just made.

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Change to CC and begin moving marker at end of each rnd.

**Rnd 1:** Sc in each st, working 2 sc in each ch-2 sp – 54 sc.

**Rnd 2:** [Sc in next sc, ch 1, sk next sc] repeat around – 27 ch-1 sps.

**Rnd 3:** Work 2 sc in each ch-1 sp around – 54 sc.

**Rnd 4:** Sc in each sc around.

Remove marker, sl st in next sc, fasten off.

## Drawstring

With 2 strands of CC held together, ch 80, fasten off, leaving a long tail at both ends of chain.

Weave Drawstring through ch-1 sps at top of Bag. Using instructions provided by tassel maker, make 2, 2½" tassels in CC, attach one to each end of the drawstring.

## Strap

With CC, ch 8, leaving a long tail for sewing strap to Bag.

Row 1: Dc in 3rd ch from hook, dc in each of next 5 ch, turn – 6 dc.

Row 2: Ch 2 (does not count as a dc), dc in each of next 6 dc, turn – 6 dc.

Repeat Row 2 until Strap measures 18". Fasten off, leaving a long tail for sewing strap to Bag.

Using tails, sew bottom of Strap 3" from bottom of Bag. Sew top of Strap 16" higher along side of Bag, leaving a little slack in the Strap to make it easy to carry when yoga mat is in the Bag.

## WATER BOTTLE HOLDER

### Bottom

With MC, make a Magic Ring.

**Rnd 1:** Into the Magic Ring work, sc, hdc, 7 dc, place removeable marker in last dc to mark end of rnd.

Begin working in a spiral, moving marker to the last st of each rnd.

**Rnd 2:** Work 2 dc in each st around – 18 dc.

**Rnd 3:** [2 dc in next dc, dc in next dc] repeat around – 27 dc.

### Side

**Setup Rnd:** [Ch 2, sk 2 dc, dc in each of next 4 dc] repeat around to last 3 dc, ch 2, sk 1 dc, dc in each of next 2 dc. Leave stitch marker in the last stitch of Rnd 3 from the Bottle Holder Bottom to mark the beginning of the Side to measure the length. You will not need to track the beginning of the rnd for the side.

**Begin Spiral:** [2 dc in ch 2 sp, ch 2, sk 2 dc, dc in each of next 2 dc] repeat until side measures 6½", hdc in next st, sc in next st. Move marker to sc just made. Change to CC and begin moving marker at end of each rnd.

**Rnd 1:** Sc in each st, working 2 sc in each ch-2 sp – 28 sc.

**Rnd 2:** [Sc in next sc, ch 1, sk next sc] repeat around – 14 ch-1 sps.

**Rnd 3:** Work 2 sc in each ch-1 sp around – 28 sc.

**Rnd 4:** Sc in each sc around.

Remove marker, sl st in next sc, fasten off.

## Drawstring

With 2 strands of CC held together, ch 50, fasten off, leaving a long tail at both ends of chain.

Weave Drawstring through ch-1 sps at top of Bottle Holder. Using instructions provided by tassel maker, make 2, 2" tassels in CC, attach one to each end of the drawstring.

## Strap

With CC, ch 6, leaving a long tail for sewing strap to Bottle Holder.

**Row 1:** Dc in 3rd ch from hook, dc in each of next 3 ch, turn – 4 dc.

**Row 2:** Ch 2 (does not count as a dc), dc in each of next 4 dc, turn – 4 dc.

Repeat Row 2 until Strap measures 40". Fasten off, leaving a long tail for sewing strap to Bottle Holder. Sew ends of Strap to top edge of Bottle Holder.

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## FINISHING

Weave in ends.

## Abbreviations

<b>CC</b>	contrasting color
<b>ch</b>	chain
<b>dc</b>	double crochet
<b>hdc</b>	half double crochet
<b>MC</b>	main color
<b>rnd(s)</b>	round(s)
<b>sc</b>	single crochet
<b>sk</b>	skip
<b>sl st</b>	slip stitch
<b>sp</b>	space
<b>st(s)</b>	stitch(es)

