



SIZES

Adult XS (S, M, L)

Shown in M size in Mittens version.

FINISHED MEASUREMENTS

Hand Circumference: 7 (8, 9, 10¼)"

Mitts Length: 8 (9, 10, 11)"

Mittens Length: 10¼ (11, 11¾, 12½)"

MATERIALS

Premier® Yarns Anti-Pilling® Everyday® DK (100% Anti-Pilling Acrylic; 3.5 oz/100g, 273yds/250m)

- 1107-07 Garnet – 1 ball

Needles: US Sizes 6 (4 mm) and 4 (3.5 mm) set of double pointed needles or sizes needed to obtain gauge

Notions: Tapestry needle, waste yarn, cable needle, stitch markers

GAUGE

22 sts x 28 rnds = 4" in Stockinette stitch

Save time, check your gauge.

Skills/techniques used in this pattern:

- Knit and purl stitches.
- Cables.
- Working in the round on double pointed needles.
- Increasing and decreasing.

STITCH GUIDE

2x2 Right Cross (RC): Sl next 2 sts to cn and hold in back, k2 from left needle, k2 from cn.

2x2 Left Cross (LC): Sl next 2 sts to cn and hold in front, k2 from left needle, k2 from cn.

Cable Pattern Right (multiple of 5 sts + 1)

Rnds 1-3: *P1, k4; rep from * to last st, p1.

Rnd 4: *P1, 2x2 RC; rep from * to last st, p1. Rep Rnds 1-4 for patt.

Cable Pattern Left (multiple of 5 sts + 1)

Rnds 1-3: *P1, k4; rep from * to last st, p1.

Rnd 4: *P1, 2x2 LC; rep from * to last st, p1. Rep Rnds 1-4 for patt.

K1, P1 Ribbing (even number of sts)

Rnd 1: *K1, p1; rep from * to end.

Rep Rnd 1 for patt.

PATTERN NOTES

Mitts and Mittens are worked in the round from the bottom up.

MITTS

Left Cuff

With smaller dpns, cast on 38 (44, 50, 56) sts. Divide evenly between dpns and join to work in the rnd, being careful not to twist. Work in **K1, P1 Ribbing** for 2".

XS and S Sizes: On the final rnd, m1 at the end of the rnd – 39 (45, 50, 56) sts.

Left Hand

Switch to larger dpns.

Rnd 1: K14 (17, 17, 20), pm, work Row 1 of **Cable Pattern Left** over 11 (11, 16, 16) sts, pm, k14 (17, 17, 20).

Rnd 2: Knit to m, work Row 2 of **Cable Pattern Left** to m, knit to end.

Continue as est'd until piece measures 3" from cast-on edge.

Left Thumb Gusset

Rnd 1: K8 (9, 10, 12), pm m1, k1, m1, pm, work

Twisty Cable Mitts or Mittens

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project continued

as est'd to end – 2 sts inc'd, 3 total Thumb sts.

Rnd 2: Knit to Thumb m, knit to next Thumb m, work as est'd to end.

Rep Rnds 1-2, 7 (8, 9, 10) more times – 17 (19, 21, 23) Thumb sts between markers.

Work 0 (0, 2, 4) more rnds even in patt with no further increases.

Left Upper Hand

Next Row (RS): Knit to thumb m, place next 17 (19, 21, 23) sts on waste yarn, cast on 1 st using the backward loop method, work as est'd to end – 39 (45, 50, 56) sts rem. Work even as established until Upper Hand measures 2½ (3, 3½, 4)".

XS & S Sizes: On the final rnd, k2tog at the end of the rnd – 38 (44, 50, 56) sts.

Switch to smaller dpns. Work in **K1, P1 Ribbing** for 4 rnds. Bind off all sts in patt.

Left Thumb

Place held sts onto dpns and distribute evenly.

Rnd 1: Beg at center of Thumb, pick up and knit 1 st, knit across held sts – 18 (20, 22, 24) Thumb sts.

Rnd 2: K1, k2tog, knit to last 2 sts, ssk – 2 sts dec'd, 16 (18, 20, 22) sts rem.

Work in St st until Thumb measures ¾ (1, 1¼, 1½)".

Bind off all sts.

Right Mitt

Right Cuff

Work as for Left Cuff.

Right Hand

Work as for Left Hand, following Cable Pattern Right.

Right Thumb Gusset

Rnd 1: Knit to last 9 (10, 11, 12) sts, pm, m1, k1, m1, pm, knit to end – 2 sts inc'd, 3 total Thumb sts.

Complete remainder of Right Gusset as for Left Gusset.

Right Upper Hand

Work as for Left Upper Hand.

Right Thumb

Work as for Left Thumb.

MITTENS

Left Cuff

Work as for Left Mitt.

Left Hand

Work as for Left Mitt.

Begin Repeat

Work as for Left Mitt.

Left Thumb Gusset

Work as for Left Mitt.

Left Upper Hand

Next Rnd: Work to Thumb m, place next 17 (19, 21, 23) sts on waste yarn, cast on 1 st using the backward loop method, work as est'd to end – 39 (45, 50, 56) sts rem. Work even as established until Upper Hand measures 3¾ (4, 4¼, 4½)" or 1½" less than desired finished length, ending with a WS row.

Shape Left Tip

Set-up rnd: K9 (11, 12, 14), pm for decs, work as est'd

to last 9 (11, 12, 14) sts, pm for decs, work as est'd to end. With Mitten laying flat, markers should be at the sides.

Rnd 1: Work as est'd to 2 sts before dec m, k2tog, sl m, ssk, work as est'd to next dec m, k2tog, sl m, ssk, work as est'd to end – 4 sts dec'd, 35 (41, 46, 52) sts rem.

Rnd 2: Work even as est'd with no decs.

Rnds 3-8: Rep Rnds 1-2, 3 more times – 23 (29, 34, 40) sts rem.

Rnds 9-10: Rep Rnd 1, 2 times – 15 (21, 26, 32) sts rem. Bind off all sts. Sew top together.

Left Thumb

Rnd 1: Beg at center of Thumb, pick up and knit 1 st, knit across held sts – 18 (20, 22, 24) Thumb sts.

Rnd 2: K1, k2tog, knit to last 2 sts, ssk – 2 sts dec'd, 16 (18, 20, 22) sts rem.

Work in St st until Thumb measures ¾ (1, 1¼, 1½)".

Next Rnd: *K1, k2tog; rep from * to last 1, 0, 2, 1) st(s), knit to end – 5 (6, 6, 7) sts dec'd, 11 (12, 14, 15) sts rem.

Next Rnd: *K2tog to last 1 (0, 0, 1) st, k1 (0, 0, 1) – 5 (6, 7, 7) sts dec'd, 6 (6, 7, 8) sts rem. Bind off all sts. Sew rem sts tog.

Right Mitten

Right Cuff

Work as for Left Cuff.

Right Hand

Work as for Left Hand.

Right Thumb Gusset

Work as for Right Mitt.

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Right Upper Hand

Work as for Left Mitten.

Shape Tip

Work as for Left Mitt.

Right Thumb

Work as for Left Thumb.

FINISHING

Weave in ends and block.

Abbreviations

beg	begin(ning)
cn	cable needle
dec('d)	decrease(d)
dpn(s)	double point needle(s)
est'd	established
inc('d)	increase(d)
k	knit
k2tog	knit 2 sts together (1 st dec'd)
m1	insert left needle from front to back under horizontal strand of yarn lying between st just worked and next st, knit or purl this st through the back loop (1 st inc'd)
m	marker
p	purl
patt	pattern
pm	place marker
rem	remain(ing)
rep	repeat(ing)
rnd(s)	round(s)
sl	slip
ssk	slip next 2 sts individually knitwise, slip them back to left needle in this position, knit them together through the back loops (1 st dec'd)
st(s)	stitch(es)