

Arm Knit Dolphin Sleep Sack

By Amanda Bassetti of SimplyMaggie.com for Premier Yarns Level: Intermediate



FINISHED MEASUREMENTS

Length: approx. 60"

Width: approx. 18" excluding fins

MATERIALS

Premier® Yarns Couture Jazz® (81% Acrylic, 19% Polyamide; 100g/16.5 yds)

- # 26-29 Denim (A) 8 balls
- #26-10 Mist (B) 4 balls
- #26-14 Black (C) 1 ball

GAUGE

Work evenly and consistently throughout. Try to keep your stitches as tight as you can on your arm to avoid large holes in your work.

TIPS

To learn how to arm knit, try watching the "How to Arm knit a Mermaid Blanket" video on the SimplyMaggie YouTube Channel here: https://www.youtube.com/watch?v=LMAbqbemifE

When arm knitting, the Right Side of the piece is always facing you. Odd numbered rows are worked off the right arm onto the left arm; even numbered rows are worked off the left arm onto the right arm.

DOLPHIN

Back

With A, cast on 5 sts.

Rows 1-5: Knit.

Row 6: K1, M1R, knit to last st, M1R, k1 - 7 sts.

Row 7: Knit.

Row 8: K1, M1R, knit to last st, M1R, k1 - 9 sts.

Row 9: Knit.

Rows 10-12: K1, M1R, knit to last st, M1R, k1 - 15 sts.

Rows 13-26: Knit.

Rows 27-29: K2tog, knit to last 2 sts, k2tog – 9 sts.

Row 30: K2tog 4 times, k1 – 5 sts.

Row 31: K2tog, k1, k2tog – 3 sts.

Row 32: K2tog, k1 – 2 sts.

Bind off.

Belly

With B, cast on 4 sts.

Rows 1-5: Knit.

Row 6: K1, M1R, knit to last st, M1R, k1 – 6 sts.

Row 7: Knit.

Row 8: K1, M1R, knit to last st, M1R, k1 – 8 sts.

Row 9: Knit.

Rows 10-12: K1, M1R, knit to last st, M1R, k1 – 14 sts.

Rows 13-26: Knit.

Rows 27-29: K2tog, knit to last 2 sts, k2tog – 8 sts.

Row 30: K2tog 4 times – 4 sts.

Row 31: K2tog twice – 2 sts.

Bind off.

Tail

With A, cast on 10 sts.

Rows 1-3: Knit.

Row 4: K2tog, knit to last 2 sts, k2tog – 8 sts.

Row 5: Knit.

Row 6: K2tog, knit to last 2 sts, k2tog – 6 sts.

Row 7: K2tog, knit to last 2 sts, k2tog – 4 sts.

Bind off.

Side Fins - make 2

With A, cast on 5 sts.

Rows 1-3: Knit.

Row 4: K1, k2tog, k2 – 4 sts.

Row 5: Knit.

Row 6: K1, k2tog, k1 – 3 sts.

Row 7: K2tog, k1 - 2 sts.

Bind off.

ASSEMBLY

Body

Place the back and belly pieces together, Right Sides together, and align the edges. The cast on edges are at the tail end; the bound off edge is the mouth. Beginning at mouth shaping, sew pieces together working down one side of body, around tail end, and up other side of body, ending at the other side of mouth shaping. Leave mouth end open. Turn body Right Side out.

Sew bound off edge to tail piece to cast on edges of body.



Attach a piece of A to center of cast on edge of tail. Weave yarn through tail sts toward body and cinch up to shape the tail. Secure with a knot and weave in ends.

Position side fins on either side of body, with top of fin about 8" below mouth opening. Sew fins in place.

Eyes

With C, use duplicate stitch embroidery to make 2 eyes. Position eyes in the same row as the beginning of the mouth shaping, about 3 sts away from each side of back.

ABBREVIATIONS

k knit

k2tog knit 2 stitches together

M1R Make 1 Right leaning: Use your left hand to lift the strand of yarn running between the stitch just worked and the next stitch on your left arm. Twist this strand to make a loop, reach through this loop with your right hand and pull the yarn through to make a new stitch. Place this new stitch on your right hand. st(s) stitch(es)

