

Levine Cancer Institute partners
with Premier® Yarns to further the
science behind knitting!

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What is the Knitting as a Neurocognitive Intervention Trial?

K.N.I.T.

What is the K.N.I.T. study?

The K.N.I.T. study is a pilot study to see if learning to knit leads to improvement in neurocognitive function. Neurocognitive refers to how a person's thinking, memory and thought processing is working.

Some kinds of cancer treatments can affect the way a patient's brain works. Sometimes patients notice problems with memory, paying attention, finding the right words to say or just feeling "less sharp." The study aims to help cancer patients who experience problems with thinking and memory after being treated for cancer. The study team wants to see if learning to knit might help patients with those difficulties.



Levine Cancer Institute is very grateful to Premier® Yarns for donating knitting kits for the K.N.I.T. study. We look forward to sharing study results and furthering the science behind knitting, along with helping others learn a new lifetime love of fiberarts!