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Rosehip Oil



By:

Eve Hansen



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INTRODUCTION

Thank you for downloading Eve Hansen's guide on 'Rosehip Oil'. We believe nature has provided humans with an abundance of ingredients that we can utilize for their medicinal and healing properties. These are components, which tend to work slower than pharmaceutical-grade medications. However, they are efficient and leave behind no side-effects. One of these gifts of nature is rosehip oil. Manufacturers of cosmetics have been using rosehip oil in the products they sell for years, and many celebrities have kept rosehip oil as their skincare secret.

Now this ingredient is available in its purest form and people no longer have to depend on concocted versions of it. The product has plenty of natural antioxidants and essential fatty acids that will help an individual retain a healthy appearance and complexion. Let's take a deeper look at how this wonder of nature can help you.

Over the past few years, the cosmetic industry has started turning towards using natural ingredients rather than depending upon chemicals due to the adverse reactions that will be left behind on the skin, and here at Eve Hansen we believe in Beauty the Natural Way™! There are many ways in which you could take advantage of this product, and it is important to know that rosehip oil will not leave behind a greasy effect on your body. This lightweight oil is easily absorbed into the skin leaving behind a hydrated feeling.

- Rosehip oil soothes irritated scars, dry eczema, and acne scars.
- It can rehydrate your skin, and repair damaged skin cells in any part of your body.
- It can reduce the appearance of wrinkles and is highly beneficial for people who have dry skin. Individuals who have or are beginning to display signs of aging will benefit from this product.

Using rosehip oil in its purest form will bring better, quicker, and longer lasting results.



UNDERSTANDING ROSEHIP OIL

Rosehip oil is one of the world's most effective regenerative substances for the skin. It contains an unusual combination of fatty acids, antioxidants, and vitamins that are clinically proven to reduce scarring, improve visible signs of aging, and heal sun damaged and burned skin. It is an ideal ingredient for maintaining youthful, hydrated, healthy skin.

The rose hip is the fruit of the rose, a perennial flower shrub within the Rosaceae family. After the petals have fallen off the flower, the top part of the stem called the receptacle, swells into a red bulb packed with seeds. When it is ripe, it is referred to as the rosehip.

The natural oil which comes from these seeds is native to Chile and has been used for centuries because of its skin healing properties. This rosebush grew wild in the Southern Andes and was kept a secret up until the 80's when scientists first started discovering its many skincare benefits.

Rosehip seed oil is truly a fantastic product. It is light amber in color, and it is considered a 'dry' oil – meaning, that it soaks into the skin easily and does not leave behind a greasy residue. This unique oil contains essential fatty acids and has carried much respect among professional journals and organizations as being a great emollient for dry or mature skin.

Rosehip oil effectively treats a wide variety of skin issues including combating dry and flaking skin. It is commonly used to fight eczema and can be found in many moisturizing products promising to return skin's youthful glow. Some consumers report a reduction in the noticeability of wrinkles, crow's feet, and fine lines with continued and regular use.

The oil is quickly absorbed into the dry tissue to help restore moisture balance and combat dryness. As a natural moisturizer, rosehip oil can be especially useful on sensitive and irritation-prone skin. Because it is all-natural and toxin-free, it has few indications of irritation and allergic sensitivity. Rosehip is gentle enough that it can be applied directly to the skin even in concentrated forms.



THE BENEFITS OF ROSEHIP OIL FOR HEALTH AND SKIN CARE

The beauty of roses is undeniable yet the powerhouse of their health benefits is often overlooked. Roses' beautiful petals and pleasant aroma draw us to admire them, but underneath all the beauty is where the flower's actual power lies. Beneath the bloom and behind the fragrance there is the fruit of the rose – the rosehip. Rosehips are reddish and berry-shaped and contain a host of useful components.

The Medicinal Uses of Rosehip

Rosehips are a naturally high source of Vitamin C, bioflavonoid substances and essential fatty acids. The oil which is made from a cold extraction process is an important tool in medical and spa treatments alike. In the medical field, the oil may help people with osteoarthritis and Rheumatoid arthritis. This is because of rosehips high contents of antioxidants, omega-3, and fatty acids.

At the University of Copenhagen, a study found that powdered rosehips were three times better at reducing the pain of osteoarthritis than some painkillers. They may also help to prevent kidney stones, and recent reports indicate possible cancer-preventing properties. Some rosehip preparations treat bladder and kidney problems, upset stomach, and high cholesterol.

Rosehip Oil as a Skin Care Product

Beyond medicine, rosehip contains cosmetic powers which are useful to those who are interested in natural skin care and hair care products. The natural oil of the rose fruit contains substantial levels of Vitamin A and other skin friendly compounds. It helps heal scarring, and is often recommended as a natural moisturizer. It reduces the appearance of sun damage, discoloration, and when massaged into the face daily, has even shown to reduce the appearance of wrinkles and fine lines. The oil's anti aging characteristics stem



from its richness in vitamin C, A, Omega 3, six fatty acids, and retinoic acid. This non-greasy oil is a preferred skin treatment for some celebrities.

The essential fatty acids found in Rosehip oil aid in the regeneration of skin cells and the repair of damaged skin tissue. It delays the signs of premature aging and provides excellent results in the treatment of scars, burns, dry and flaking skin, eczema, and other skin blemishes. The antioxidants found in rosehip oil are effective in reducing post-acne surgical scarring.

These properties make rosehip oil an ideal ingredient to have in natural skin care products and is recommended for use in anti-aging facial creams, sun care products, body lotions, and in hair products for dry and damaged hair.

Properties Of Rosehip Oil

Rose hip contains 80% essential fatty acids, predominantly linoleic (Omega 3) and linolenic (Omega 6), and is naturally enriched with antioxidants beta-carotene and lycopene. This oil is the only vegetable source of omega-3.

It is also a good source of vitamins and minerals such as vitamins A, C, and E, flavonoids, and other biologically active compounds. The high content of these essential nutrients nourishes and repairs damaged skin.

Because rosehip is so rich in vitamin E, this allows the carrier oil to be used as a deep moisturizer and as a treatment of burns, scars, and wrinkles. Rosehips also contain tannins (astringents) which aid its effectiveness in the treatment of large skin pores.

Vitamin A delays the effects of age on cells and promotes cell regeneration. It makes skin more elastic – decreasing wrinkles and giving a smoother and firmer look and feel. Skin looks younger because the cells are being replaced faster!

Surgical and non-surgical scarring is reduced with the use of rosehip oil. Stretch marks fade away and leave behind smooth new skin, and elasticity that was lost with severe



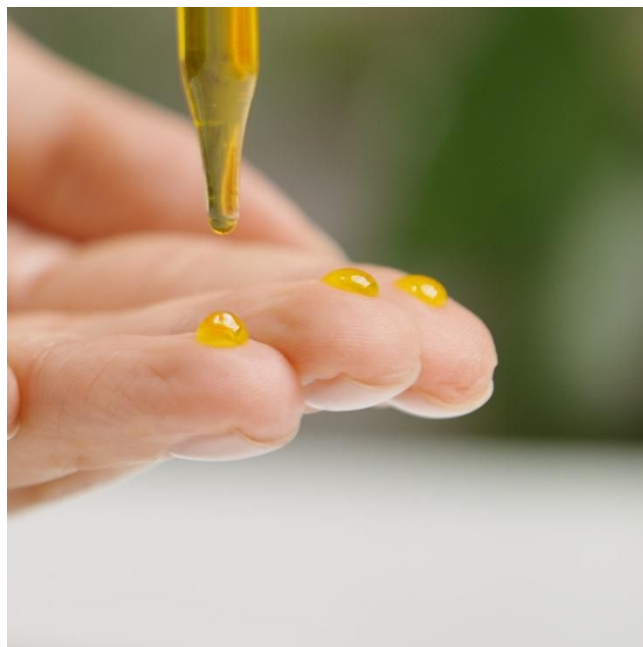
injuries is regained through daily use. These phenomenal benefits can be attributed to the anti-inflammatory properties of rosehip seed oil.

Additionally, rosehip seed oil is a natural source of retinoic acid. Retin-A, renova, and tretinoin are all pharmaceutical preparations containing a synthetic source of retinoic acid which is being sold to treat wrinkles, the signs of premature aging and photo-aged skin.

Rosehip seed oil has an extremely fine consistency, which means that it has no additives and harmful chemicals. It is immediately absorbed by the skin and does not leave any greasy residue behind. As it is quickly absorbed by the skin, a little goes a long way, so one would need to only use miniscule amount each day.

When used normally, skin becomes visibly smoother, firmer, healthier and younger. This oil reduces wrinkles, helps reduce pore size and heals and improves the texture of sun damaged skin. This carrier oil also blends well with other essential oils for aromatic uses.

Overall, it is possibly the most useful natural beauty product. In addition to rejuvenating and preserving youthful skin, rosehip seed oil is helpful in treating dry and brittle nails, and damaged hair. Hair dye and permanent wave solutions destroy hair's natural shine and softness. Adding a few drops of rosehip seed oil into your daily shampoo and conditioner will help treat this damage.





Eve Hansen's Rosehip Oil

Rosehip Seed Oil 100 % Pure cold pressed virgin Rosa Canina oil – Nothing added or taken away.

'Enjoy radiant and healthy looking skin! Use for naturally toning the skin, minimizing the appearance of wrinkles, preventing scarring, rejuvenating skin cells and improving the skin's moisture levels. Our oil is luxurious and lightweight. It quickly absorbs and deeply penetrates the skin to heal, nourish, and hydrate – making it ideal for dry, damaged and wrinkled skin.

Apply 2-3 drops to your fingertips and gently pat and massage onto your face, neck, and desired areas."

A word of precaution: Keep out of reach of children. Avoid contact with eyes. If irritation, redness or discomfort occurs, discontinue use. Not for internal use.





Heal Skin Conditions With Rosehip Oil

Rosehip oil quickly brings about skin moisturization, renewal and wound healing. It repairs skin subjected to excessive sunlight and resultant photo aging. When applied consistently, rosehip can improve symptoms of conditions like:

- Eczema
- Dryness
- Dermatitis
- Multiple types of scarring like burn scars, acne scars, and even some post surgical scarring .
- Hyperpigmentation
- Sun exposure and age spots
- Wrinkles, sagging, and fine lines
- Skin elasticity and resilience
- Uneven skin tone
- Stretch marks
- Premature ageing

Rosehip oil can be utilized by anyone of any age. Because it has balancing properties,, and allows the skin to breathe, it can be employed by both dry and oily skins. All skin types can benefit from rosehip oil.

The Benefits Of Rosehip Oil For Hair

As people are increasingly concerned about toxic chemicals in their beauty products, and there are more and more individuals who are looking for products that come entirely or mostly from natural sources. Thankfully, there is an enormous natural beauty market that can meet this demand.

The use of oils is becoming increasingly popular as a way of moisturizing the skin and body. Certain oils however, are particularly useful in solving certain hair conditions too – and rosehip is one of these oils.



The first major use of this oil is that it is exquisitely adds lost shine and luster back to the hair. As a non-greasy oil, it still can lock in shine, which can successfully improve the appearance of broken locks. It can be mixed into another hair product, or can be applied in a slight amount directly to the hair after washing. It is also exceptionally good at adding shine to colored hair. Although hair that has recently had a color treatment can seem dull and dry, rosehip seed oil can work to counter that.

In addition to adding shine, rosehip oil is also very effective at conditioning and moisturizing the hair. It is best to apply it to damp hair to lock in the moisture that remains in hair after washing.

Another way to treat dry hair with rosehip oil is to use a homemade hot oil treatment for your hair and scalp. Heat a bowl of your new rosehip oil until it is at a comfortable temperature, and then rub it gently into the scalp as well as the length of the hair. It will leave the hair looking and feeling softer and smoother than ever!

One other hair benefit that rosehip oil possesses is that it can help treat dandruff naturally. As you are treating dandruff, it is important to rub the oil deep into the scalp and then leave the oil on for 30 minutes. This oil has been proven to be very effective in treating dandruff, itchy scalps, and other various scalp conditions.

These are just three of the many benefits that rosehip oil can bring to people suffering from hair and scalp concerns. However, the best thing about Eve Hansen's rosehip seed oil is that this substance uses natural ingredients and does not rely on harsh chemicals to deliver very impressive results.

Top Rosehip Oil Benefits and Uses for Skin and Hair

Rosehip oil is a remarkable natural product with amazing skin rejuvenating and hair conditioning properties. It has been used for generations by the Andean Indians of Chile who recognized years ago that rosehip oil had exceptional skin care and hair care healing benefits.



Rosehip seed oil is a perfect natural alternative to chemically infused skin and hair products, and is currently one of the most highly recommended and regarded natural beauty products available.

Let's look at a combined list of Rosehip oil benefits and uses for skin and hair:

1. Dry Hair

With unique hydrating and moisturizing abilities, rosehip oil will deeply condition and restore health back to damaged and brittle hair.

2. Nourishing Oil For Dry Skin

Rosehip oil is very efficient in delivering essential nutrients to moisturize and combat the signs of aging. Massage rosehip oil regularly into fine lines and wrinkles, and apply to dry and cracked skin to nourish and hydrate it. It is especially effective on dry elbows, knees, and cracked lips and heels.

3. Dull Hair

If you want to reinvigorate your hair and put the shine back into your locks, then rosehip oil is the solution for you! Being rich in vitamins makes it the ideal treatment for adding bounce and silkiness back into limp and lifeless hair.

4. Moisturizer

Rosehip oil has a high content of essential fatty acids and is a perfect facial and body hydration tool. Either apply and massage straight from the bottle or spray a little rosehip oil mixed with water on your skin to rehydrate and replenish moisture. This beauty trick is especially good for summertime.

5. Skin Condition Treatment

Use pure rosehip seed oil on areas with stretch marks, age spots, hyperpigmentation, burns, and scars. Its astringent and skin nourishing properties will help to speed up the healing process as well as hydrate and repair the area.



6. Dandruff

Rosehip oil is proven to help with dandruff and other similar scalp conditions. Massage rosehip oil into the scalp and leave it on for 30 minutes, then shampoo and rinse.

7. Nourish Brittle Nails

Rosehip oil can nourish and hydrate your brittle nails, making them stronger and healthier. Massage the oil into nail bends and cuticles in the evenings before going to sleep.

8. Combat Premature Aging

The signs of premature aging and skin pigmentation problems react well to rosehip oil because the oil promotes healthy new skin cell production, and regenerates damaged skin tissue.

9. Make Your Skin Glow

Rosehip is adored because of its ability to give your skin a beautiful and natural glow. Add a few drops of the oil into your usual skin moisturizer or makeup foundation!

Ways To Use Rosehip Oil

No matter how well you look after your skin, outside factors such as the changing weather, dehydration, and pollution can quickly and heavily take a toll on your complexion and result in irritation, dark spots, and dryness.

Here Are Ways To Take full advantage of your Rosehip Seed Oil:

- Boost moisture levels in the skin with an exceptionally high concentration of essential fatty acids (80%).
- Boost your skin's natural radiance and get your glow back by applying it under your day/night cream.
- Target rough elbows, knees, and heels. Use daily until supple skin is restored.



- Press rosehip oil into the skin and all over the body as an after sun soother to stop that tight skin feeling.
- Use your Rosehip Oil to help reverse UV damage and pigmentation concerns from the sun.
- Help plump the surface of your skin – which contributes to reducing dehydration lines.
- Use as a deep nourishing massage oil for the face and body.
- Use as a neck smoothing treatment – as there is no natural moisture in this area – to keep the skin moist and looking youthful.
- Refresh and revive tired, tight and dull skin during plane flights.
- Use a few drops of Rosehip Oil and apply to wet hair to help smooth and shine
- Use this weightless, dry oil to smooth hair follicles and split ends.
- De-frizz hair, tame flyaways during humid days.
- Nighttime rejuvenating treatment for skin
- Desensitize and neutralize the more sensitive skin types.
- Calm and soothe red, inflamed skin.
- Strengthen hand, nail and cuticle area to relieve dry, cracking skin.
- Smoothe a drop of the oil over your eyebrows to soften coarse eyebrow hair.
- Use as a pre-shave treatment to protect skin from damage caused by shaving and to soften the hair.
- Use as a beard oil to soften and manage hair
- Helps reduce the appearance of stretch marks and even the skin tone around affected area.
- Mix with your foundation for a radiant, natural glow – and for when your foundation is drying out your skin.
- Get a glamorous glow by mixing with body moisturizer on arms, legs, and shoulders
- Apply before using a gel to help penetrate deeper into the skin and maximize your product benefits.
- Soften dry, cracked and flaky lips – can be applied under lip balm or used as a lip balm.



- Treat fine lines and wrinkles by strengthening the cell wall.
- Aftercare for tattoos – helps protect the skin from drying out and aids the healing process.
- Care for and maintain the condition of hair, i.e. dreadlocks.
- Overnight foot treatment – apply and then cover feet with cotton socks – to heal and repair dry skin and cracked heels



Eve Hansen's Rosehip Oil is one of the best natural products for both health and beauty!



As this guide shows, Rosehip oil offers you a wide variety of treatments for everyday skincare and hair care issues. This amazing oil is one of the best products to incorporate into your everyday beauty routine.

Use the suggested treatments, and anytime you have a skin care issue that you think rosehip oil can help, give it a try. Just make sure to stay safe by reading the safety warnings on the product and you should see great results.

Eve Hansen

